

The results of the anniversary scientific and practical conference with international participation "Reflexology and manual therapy in the XXI century", dedicated to the 60th anniversary of reflexology and the 35th anniversary of manual therapy
in Russia

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May 20-21, 2016 in the conference hall of the educational building of the Russian Medical Academy of Postgraduate Education of the Ministry of Health of Russia on the street. Belomorskaya, 19, an anniversary scientific and practical conference with international participation "Reflexology and manual therapy in the XXI century", organized by the Department of Reflexology and Manual Therapy of the Russian Medical Academy of Postgraduate Education, took place.

Pacific State Medical University, Ivanovo State Medical Academy, Orenburg State Medical University, Voronezh State Medical University named after N.N. Burdenko and others), foreign medical educational institutions (Ukraine, Belarus, Kazakhstan, Latvia, etc.) and the leadership of the World Association of Reflexologists (ICMART). The conference was attended by Russian public medical organizations: the Professional Association of Reflexologists, the Moscow Scientific and Practical Society of Reflexologists and Manual Therapists, the Russian Association of Manual Medicine and foreign public medical organizations: the World Association of Reflexologists (ICMART,

The opening of the conference began with a musical performance by a group of cellists from the Moscow State Conservatory led by Professor I.I. Gavrish, with speeches by leading domestic and foreign experts who congratulated the participants of the conference and the staff of the department on the anniversary.

Here is the text of congratulations from the Chairman of the Board of the All-Russian

Society of Neurologists, Chief Neurologist of the Ministry of Health of Russia, Academician of the Russian Academy of Sciences, Professor Gusev E.I. to the conference participants:

Participants of the anniversary scientific and practical conference with international participation "Reflexology and manual therapy in the XXI century" Dear and highly respected participants of the anniversary scientific and practical conference with international participation "Reflexology and manual therapy in the XXI century" Presidium and Board of the All-Russian Society of neurologists cordially welcomes and congratulates you on the conference.

Scientific and practical the conference With international participation "Reflexology and Manual Therapy in the 21st Century" is held in a significant anniversary year. Sixty years have passed since a group of Soviet doctors, during an internship in the People's Republic of China, got acquainted and mastered a new method of Chinese traditional medicine for our medicine - acupuncture. As a result of further study and implementation of this method in our country, it was called "reflexotherapy", and the discipline devoted to its justification - reflexology. Modern scientific and medical-prophylactic achievements of reflexology and manipulative reflexology have been supplemented by many methods of diagnosis, treatment and prevention, based on the reflex theory, the theory of normal and pathophysiological systems. Along with reflexology, manual therapy has been widely used in our country for many decades, which includes both the centuries-old experience of traditional medicine and the best achievements of modern medical science.

Today we gratefully remember both the enthusiastic scientists who laid the foundation for the scientific study of these methods, and many modern researchers who substantiated and gave these methods the necessary scientific direction, as well as the organizers and leaders of healthcare, who ensured scientific research and the widespread introduction of these methods into practical medicine. . Being an integral part of domestic medicine, reflexology and manual therapy have become medical specialties since 1997. The demand for these effective methods among the population is deservedly unusually high. The fruitful scientific activity of Russian scientists in fundamental science, reflexology, reflexology, manual therapy has won great international prestige and public recognition.

The conference "Reflexology and Manual Therapy in the 21st Century" is of great informational and educational importance, and its holding will help improve medical care for patients with neurological pathology in the Russian Federation. The conference has a great social orientation, and its results should be conveyed not only to the medical community, but also to patients and their relatives.

The Presidium and the Board of the All-Russian Society of Neurologists wish all speakers and listeners of the scientific-practical conference with international participation "Reflexology and manual therapy in the XXI century" fruitful and creative work, great professional success and good health.

With deep respect,
Chairman of the Board
All-Russian Society of Neurologists

Chief neurologist of the Ministry of Health of the Russian Federation Academician of the Russian Academy of Sciences, Professor E.I. Gusev

Administration of the City Clinical Hospital named after S.P. Botkin, which for 60 years has been the base of the Department of Reflexology and Manual Therapy of the RMAPO, also congratulated the staff of the department on the anniversary.

On behalf of the administration of the RMAPE, the department and the participants of the conference were warmly congratulated by the Vice-Rector for Development and Innovation of the State Budgetary Educational Institution of Higher Professional Education of the RMAPE, Professor D.A. Sychev.

215 specialists were registered at the conference, more than 40 scientific reports were heard, 89 scientific papers were published in the collection of abstracts.

The report of Professor D.A. Sychev aroused great interest among the conference participants. "Polypharmacy in clinical practice", which touched upon topical issues of the correct combination and prescription of drugs in modern medical practice. Academician of the Russian Academy of Sciences Zilov V.G. he especially noted the achievements in the scientific substantiation of the methods of reflexology and manual therapy from the standpoint of the reflex theory and the theory of normal and pathological functional systems. Speech by the Head of the Department of Reflexology and Manual Therapy of the RMAPE, Professor Goydenko V.S. was devoted to the history of the formation and development of state services of reflexology and manual therapy in Russia, as well as modern scientific achievements in these areas. The issues of the state of affairs in the Russian Association of Reflexologists were covered in the report of the President of the Professional Association of Reflexologists, Professor Agasarov L.G. Chief Physician of the Center for Manual Therapy of the DZ in Moscow of the Ministry of Health of Russia, Professor Sitel A.B. shared the experience of 25 years of operation of the manual therapy center. The report of the President of the Russian Association of Manual Medicine, Professor A.E. Samorukov was devoted to the problems and ways of developing the manual therapy service at the present stage. Art. Advisor WFCMC, President of the Association of Medical Acupuncture and TCM of Latvia, Professor, Academician of IBA Nikolaev N.A. highlighted the issues of the state and ways of development of acupuncture in the EU countries. The reports of Professor Avakyan G.N., Professor Shmyrev V.I., were devoted to the clinical aspects of the use of reflexology and manual therapy, professor Zabarovsky V.K., professor Vasilenko A.M., professor Belousova T.E., professor Bugrovetskaya O.G., professor Krasnoyarova N.A., professor Merzenyuk O.S., professor Sokov E.L., professor Polyakova A.G., Associate Professor Oleinikova O.M., Associate Professor Vasiliev A.S., Associate Professor Tychkova N.V., Associate Professor Tyan V.N., Associate Professor Alexandrov V.I., Associate Professor Bondarchuk V.I., Associate Professor Bolotov D.A., associate professor Gavrilova N.A., candidate of medical sciences Kuzminov K.O., candidate of medical sciences Kartavenko S.S., candidate of medical sciences Lyapko N.G., specialists in reflexology and manual therapy: Protsenko V.N. ., Bykova A.A., Yaroslavtseva A.Yu., Volkova E.E., Belenkoy E.B., Bugrova S.L., Fedotova V.D., Kalugina E.A. and S., Professor Sokov E.L., Professor Polyakova A.G., Associate Professor Oleinikova O.M., Associate Professor Vasiliev A.S., Associate Professor Tychkova N.V., Associate Professor Tyan V.N., Associate Professor Aleksandrov V.I. ., associate professor Bondarchuk V.I., associate professor Bolotov D.A., associate professor Gavrilova N.A., candidate of medical sciences Kuzminov K.O., candidate of medical sciences Kartavenko S.S., candidate of medical sciences Lyapko N.G., specialists in reflexology and manual therapy: Protsenko V.N., Bykova A.A., Yaroslavtseva A.Yu., Volkova E.E., Belenkoy E.B., Bugrova S.L., Fedotova V.D., Kalugina E.A. and S., Professor Sokov E.L., Professor Polyakova A.G., Associate Professor Oleinikova O.M., Associate Professor Vasiliev A.S., Associate Professor Tychkova N.V., Associate Professor Tyan V.N., Associate Professor Aleksandrov V.I. ., associate professor Bondarchuk V.I., associate professor Bolotov D.A., associate professor Gavrilova N.A., candidate of medical sciences Kuzminov K.O., candidate of medical sciences Kartavenko S.S., candidate of medical sciences Lyapko N.G., specialists in reflexology and manual therapy: Protsenko V.N., Bykova A.A., Yaroslavtseva A.Yu., Volkova E.E., Belenkoy E.B., Bugrova S.L., Fedotova V.D., Kalugina E.A. and candidate of medical sciences Kartavenko S.S., candidate of medical sciences Lyapko N.G., specialists in reflexology and manual therapy: Protsenko V.N., Bykova A.A., Yaroslavtseva A.Yu., Volkova E.E., Belenkoy E.B., Bugrova S.L., Fedotova V.D., Kalugina E.A. and candidate of medical sciences Kartavenko S.S., candidate of medical sciences Lyapko N.G., specialists in reflexology and manual therapy: Protsenko V.N., Bykova A.A., Yaroslavtseva A.Yu., Volkova E.E., Belenkoy E.B., Bugrova S.L., Fedotova V.D., Kalugina E.A. and

others

Within the framework of the conference, 3 master classes were held: "Theory and practice of Chinese acupuncture" (Professor N.A. Nikolaev), "Pelvic instability. Indications and contraindications for manual therapy "(Professor Vasilyeva L.F.), "Disclosure of the body's internal reserves with the help of training stress, using Lyapko's application suit and Lyapko's therapeutic breathing techniques" (PhD Lyapko N.G.), read one lecture "Why do we need Chinese medicine? (Professor Nikolaev N.A.). During the conference there was an exhibition of literature on reflexology, manual therapy, devices and instruments used for the diagnosis and treatment of patients of various profiles was organized.

Based on the results of the conference, a resolution was adopted with proposals for improving the work of state services of reflexology and manual therapy in Russia.

Resolution of the anniversary scientific and practical international conference "Reflexology and manual therapy in the XXI century", dedicated to the 60th anniversary of reflexology and the 35th anniversary of manual therapy in Russia

The conference was attended by 215 specialists, including: 4 academicians, 13 professors, 17 doctors of medical sciences, 5 associate professors, 23 candidates of medical sciences, 146 doctors, 1 senior researcher, 15 specialists of various specialties from Belarus, Kazakhstan, Latvia, Romania, Ukraine and from 27 regions of the Russian Federation.

The conference participants expressed their gratitude to the Minister of Health of Russia V.I. Skvortsova and the chief neurologist of the Ministry of Health of Russia E.I. Gusev for issuing order No. 707-n dated 08.10. 2015 On approval of the Qualification requirements for medical and pharmaceutical workers with higher education in the direction of training "Health and medical sciences", expanding the possibilities of teaching doctors the methods of reflexology and manual therapy.

The participants of the conference expressed their gratitude to the rector of GBOU FVE RMAPE Academician L.K. Moshetova for business support in holding the conference.

After listening to and discussing the reports of the main experts, leading scientists, reflexologists and manual therapists, the conference participants expressed a consolidated agreement that:

- professional activity of reflexologists and chiropractors therapists is carried out in accordance with the current legislation of the Russian Federation and has a fairly complete regulatory framework;
- in modern conditions, reflexology and manual therapy (as a form of professional activity) is a necessary part of the health care system and contributes to improving the efficiency of diagnostic, therapeutic, expert, and preventive measures.

Conference attendees expressed concern that:

- the number of positions of doctors of this profile in the regular

schedule of state healthcare institutions of the Russian Federation;

– in connection with the closure of the Central Research Institute reflexology there is no head institution that coordinates the scientific, organizational, methodological and medical work of reflexology and manual therapy services in the Russian Federation;

Based on the results of the conference, its participants made the following decisions:

1. Ask the Ministry of Health of the Russian Federation for expanding the network of rooms and departments of reflexology and manual therapy in the public health system due to the high efficiency and cost-effectiveness of methods, the growing need of the population for these types of qualified medical care.

2. Assign the duties of the head institution to one of the departments: neurology or reflexology, manual therapy.

3. Due to the fact that both specialties are classified as specialties, requiring additional training, as well as in connection with the renaming of departments and courses, apply for the transfer of the specialties "Reflexology" and "Manual Therapy" to the category of basic specialties.

4. Apply for the organization of a section of reflexology and manual therapy at the All-Russian Society of Neurologists.

5. Restore the attestation commission for reflexology and manual therapy at the Central Attestation Commission of the Ministry of Health of the Russian Federation.

6. Expand opportunities for international cooperation with leading scientific centers for scientific, educational, methodological and practical work.

7. To enhance the role of reflexology and manual therapy methods in national healthcare in the Russian branch of the Cochrane Collaboration, it is advisable to create a working group to unify terminology and develop standards for research conducted on them in the format of evidence-based medicine.

8. Apply for holding scientific and practical conferences with international participation or congresses on reflexology and manual therapy on a regular basis every 5–10 years on the basis of the Russian Medical Academy of Postgraduate Education.

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