

Revival of patristic traditions of treatment and nutrition

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The revival of patristic traditions of treatment and nutrition

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SUMMARY

The article is devoted to the discussion of the goal, objectives and results of the All-Russian scientific and practical conference "Revival of patristic traditions of treatment and nutrition", dedicated to the 700th anniversary of the birth of St. Sergius of Radonezh (Moscow - Holy Trinity Sergius Lavra, December 21, 2014), organized by joint through the efforts of the Center for Monastic Medicine of the Holy Trinity Lavra of St. Sergius and the NGO "Professional Association of Natural Therapists" (NO "PANT"). As a result of the analysis of factual materials, the necessity of coordinating the efforts of the scientific, medico-pharmaceutical and Orthodox communities on the organization and implementation of scientifically grounded traditional medical activity in the monastery and parish practice is shown.

Key words: traditional medicine, monastery medicine, parish medicine, Professional Association of Natural Therapists.

RESUME

The article discusses the goals, objectives and results of the All-Russian scientificpractical conference "Revival of the patristic tradition of treatment and nutrition" (Moscow The Holy Trinity-St. Sergius Lavra, 12.21.2015). The conference was organized by the Center of the monastery medicine of Holy Trinity St. Sergius Lavra and the Non-profit organization "Professional Association of Naturotherapists" (Russia). An analysis of the factual material illustrates the need for coordination of Scientific, Medical & Pharmaceutical and Orthodox communities on the organization and implementation of evidence-based traditional medical activities in the Orthodox parish and monastic practice within the legal space of the Russian Federation.

Keywords: Traditional medicine, Monastery medicine, Parish medicine, Professional Association of Naturotherapists.

Today, there is a clear tendency for modern society to lose a number of true values. At the same time, many media outlets impose on us an alien medical pseudo-culture in its various manifestations or orientate us towards the wide (far from always justified) use of synthetic drugs, including in children and pregnant women. It is clear that the actively promoted pseudo-restoration of health with the help of occult means and methods or through the thoughtless use of synthetic drugs does not contribute to either true restoration of health or conscious management of it.

At the same time, any traditional medical system in the world knows the means

and methods of self- and mutual assistance in the prevention and treatment of various diseases using natural remedies and food plants, based on the centuries-old experience of ancestors and already found their scientific justification [2-4, 6, 11]. State support for scientifically grounded traditional medicine takes place in India, China, South and North Korea, Sri Lanka and some other countries, it also existed in the Russian Federation, but only until 2008 [4, 5].

It is gratifying that before our very eyes today the Russian Orthodox Church (ROC) is again turning to its medical history, because Human Health is one of the key values. For a true believer, the inextricable link between physical and spiritual health is quite obvious [8, 10, 12], and concern for one's health cannot be separated either from the context of faith or from Orthodox traditions [8, 10, 12]. And no matter how much you do not get treatment from the best medical specialists and do not drink expensive new-fangled drugs, formal and fragmented perception of your body will not be able to provide a person with true harmony of physical and spiritual health [8]. However, such truly traditional methods as herbal medicine, api, hirudotherapy, homeopathy, rational diet therapy have practically disappeared from the everyday life of both monastics and parish priests since the 1920s.

And in the 21st century, there seems to be a gratifying tendency towards the revival of the church medical heritage [8, 9], but at the same time we are witnessing an attempt to commercialize this activity against the background of replacing true traditions with pseudo-herbalism with dubious recipes that are unsubstantiated as our historical heritage ... In such recipes, plants are often completely unreasonably used that are not approved for use in official medical practice, poisonous or potent. There are cases of a free interpretation of the patristic medical heritage, which do not have any scientific justification. Examples of such publications [7] can be found in the negative list of the Publishing Council of the Russian Orthodox Church [1]. In addition, from the works of modern clergy and from the patristic tradition it is known



Abbot of the Church of the Beheading of John the Baptist in Dyakovo, Hegumen Alexy

(Ivanov).

That is why today it is extremely important to carefully and carefully identify, scientific analysis and competent generalization of scientifically grounded information about patristic traditions of treatment and nutrition. And it is important not only to receive, analyze and substantiate the information revealed, but also to correctly transmit this reliable information to the Orthodox and professional communities. Its targeted distribution is of particular importance here - among monastics, students of spiritual institutions and clergymen, among parishioners of churches, medical and pharmaceutical workers.

To this end, on the initiative of the Monastic Medicine Center of the Holy Trinity Lavra of St. Sergius (headed by Hieromonk Moisey (Drozdov)) and the Non-Profit Organization "Professional Association of Natural Therapists" (NO "PANT") (President - Doctor of Pharmacy, Prof. T.L. Kiselev) On December 21, 2014, the All-Russian Scientific and Practical Conference "Revival of Patristic Traditions of Treatment and Nutrition" was organized, dedicated to the 700th anniversary of the birth of St. Sergius of Radonezh.

The purpose of this work is to bring to the members of a professional medical pharmaceutical and scientific communities tasks, materials and results of the All-Russian scientific and practical conference "Revival of patristic traditions of treatment and nutrition."

Conference program and its main quantitative indicators

The conference received 52 papers in the form of abstracts and articles from 28 cities of the Russian Federation and the National Academy of Sciences of the Republic of Azerbaijan. The total number of full-time participants - 137 people, correspondence participants - 82 people. and 3 companies - members of NO "PANT": CJSC "MosPharma", CJSC "Holding EDAS", Corporation "Arterium" (Ukraine). In total, 21 reports from 11 cities of the Russian Federation were heard. The conference program is presented in table. one.

The purpose and objectives of the Conference

The organizers formulated the goal of the All-Russian Church and Secular Forum as follows: To contribute to the revival of the culture of patristic traditions of treatment and nutrition, to bring it into the educational activities of monasteries, to disseminate it among priests, parishioners of churches and their families, representatives of the professional medical community.

The organizers outlined the tasks of the jointly organized Conference as follows:

1. Identify carriers of knowledge (including scientifically based), skills and abilities in terms of patristic (and in particular, monastic) traditions of treatment and nutrition among representatives of the Russian Orthodox Church, as well as in the scientific and medical professional communities.
2. To organize a platform for the exchange of knowledge, skills and abilities in scientific substantiation and practical dissemination of patristic traditions of treatment and nutrition.
3. Prepare the environment for further purposeful and conscious activity on "Return to the origins" on a professional medico-pharmaceutical and scientific basis in the spirit of a living Orthodox tradition, to promote the revival and preservation

spiritual values.

4. To promote in every possible way the dissemination of the results of the Conference, as well as of knowledge, skills and abilities in terms of patristic (including monastic) traditions of treatment and nutrition through the media, our own (www.naturoprof.ru) and attracted Internet resources, by publishing the materials of the Conference on the pages of the scientific and practical journal "Traditional Medicine", through thematic schools, conferences and seminars, as well as in all other possible ways.



Hieromonk Moses (Drozdov) with the participants of the Conference (from left to right): Ph.D. E.V. Artamonova, Ph.D. EAT. Kulesh, prof. T.L. Kiseleva.

Brief description of the main reports of the Conference

It is important to note that none of the presented reports was left without active attention and questions from specialists, clergy, monastics, journalists and parishioners present in the hall, and most of the scientific reports were accompanied by co-reports from the Lavra representatives and discussion. Nevertheless, in his closing remarks, Hieromonk Moisey (Drozdov), co-chairman of the Conference Organizing Committee, highlighted the importance of several reports. And the first in this row is the report of an Orthodox doctor, candidate of medical sciences. M.A. Butenin "Infertility: spiritual and medical issues." In the opinion of the co-rapporteurs and participants of the Conference, it is this report that would be important to hear not only for all young girls and women, who often face the choice of the direction of their life and spiritual path, but also for practical doctors,

The author of this report a little later in his second speech "Humoral and lymphotropic effects of ultra-small effects" was able to lucidly report the results of his fundamental scientific research on the substantiation of the mechanisms of action of homeopathy. His brother, an Orthodox doctor V.A. Butenin, who has also been conducting a charitable reception in Butovo for many years, touched on the most important topic "Healing in Medicine" in his speech, and also aroused the professional interest of specialists and clergymen, expressed in a lengthy discussion. The report of the Orthodox homeopathic doctor E.M. Kulesh "The problem of causality in medicine", which told by personal example,

Dr. med. Sci., professor of the Moscow Institute for Advanced Training of Doctors of Moscow State University, PP Volchek I.A., who, in addition to medical, he also has a theological education, made a report prepared in collaboration with professors T.L. Kiseleva and N.V. Lagutov, on the topic "The philosophical and theological foundations of the medical system of the holy martyr Seraphim (Chichagov)." The relevance of this report can hardly be overestimated, since recently there have been more cases of misinterpretation of the patristic medical heritage of Metropolitan Seraphim (Chichagov) [1, 7].

That is why the participants of the Conference unanimously decided to include in the Resolution of the Conference a special clause concerning the need to republish his "Medical Conversations", accompanied by modern scientific commentaries and a directory of officially registered natural medicines, which are available in Russian pharmacies without prescriptions. After all, it was Metropolitan Seraphim (Chichagov) who tried in his medical system to substantiate the possibility and expediency of using herbal medicines prepared according to homeopathic laws. It is clear that if over time the state legal framework changes, then we must also perceive the medical patristic heritage from a modern legal point of view and from the position of permits of the Ministry of Health of Russia.

Table 1

Scientific program of the All-Russian scientific-practical conference "Revival of patristic traditions of treatment and nutrition", dedicated to the 700th anniversary from the birthday of the Monk Sergius of Radonezh (Holy Trinity Sergiev

Lavra, December 21, 2014)

ФИО	Название доклада	Город, учреждение
Волчек И.А.	Философско-богословские основы медицинской системы священномученика Серафима (Чичагова)	Московский Институт усовершенствования врачей МГУ III, доктор мед. наук, профессор, Москва
Иг. Алексей (Иванов)	Библейское, богословское и естественнонаучное обоснование гомеопатии	Настоятель храма Усекновения главы Иоанна Предтечи в Дьяково, Москва
Бутенин В.А.	Исцеление в медицине	Московский гомеопатический центр, врач, Москва
Бездетко Е.В.	Медико-биологический и религиозный аспекты гомеопатического метода лечения	Православный университет им. Св. Ап. Иоанна Богослова, доцент, Москва
Бутенин П.А.	Здоровье и болезнь: истоки заблуждений	Московский гомеопатический центр, врач, Москва
Космодемьянский Л.В.	К вопросу организации работы приходских кабинетов	Московский гомеопатический центр, доктор мед. наук, Москва
Киселева Т.Л.	Современная нормативная база традиционных методов лечения в России. Возможности их применения в монастырской и приходской практике	НО «Профессиональная ассоциация натуротерапевтов», директор НИЦ – президент, в.н.с. НИИ питания РАМН, доктор фарм. наук, проф., Москва
Новиков В.Ф.	Физико-химический подход к обоснованию метода гомеопатии	ТюмГНГУ, зав. кафедрой физики, доктор физ.-мат. наук, проф., Тюмень
Бутенин М.А.	Бесплодие: духовные и медицинские вопросы	Московский гомеопатический центр, канд. мед. наук, Москва
Куличенко Е.Н.	Роль православия в процессе научного обоснования принципов гомеопатии. Этапы развития гомеопатии.	Поликлиника №12, ММАУ, врач педиатр, гирудотерапевт, Тюмень
Огородникова О.А.	Водная среда организма человека как индикатор его духовного и физического состояния	Московский ГПУ, доцент, канд. истор. наук, Москва
Бутенин М.А.	Гуморальные и лимфотропные эффекты сверхмалых воздействий	РУДН, канд. мед. наук, Москва
Дубин В.И.	Наше растительное питание	Институт натуропатии, в.н.с. доктор мед. наук, проф., М.О., Одинцово
Кулеш Е.М.	Проблема причинности в медицине	Московский гомеопатический центр, врач-гомеопат, Москва
Барнаулов О.Д.	Сравнительная оценка церебропротективных свойств настоя надземной части зверобоя продырявленного и содержащихся в них флавоноидов	Институт мозга человека им. Н.П. Бехтеревой РАН, доктор мед. наук, Санкт-Петербург
Хасанова Л.А.	Микроэлементный состав яблок для производства яблочных сбитней и сидров	Башкирский ГПУ им. М. Акмуллы, профессор кафедры биоэкологии и биологического образования, доктор биол. наук, проф., Уфа
Бубенчикова В.Н.	Применение растений рода Тимьян в традиционной и научной медицине	Курский ГМУ, зав. Кафедрой фармакогнозии, доктор фарм. наук, проф., Курск
Шафин Р.М.	Мои наблюдения за биологией развития, экологией и способами размножения лекарственных растений	Респ. Башкирия, с. Кушнаренково, агроном
Петрова И.Ф.	Фитотерапия в лечении атеросклероза	Центр восстановительной медицины “Возрождение”, директор, врач фитотерапевт, Москва
Замаренов Н.А.	Гомеопатия и аллопатия сегодня	РГА, президент, канд. мед. наук, Москва
Данилов А.Д.	Вода – заместитель Создателя на Земле, основа жизни и здоровья	ЛПЧУ «Клиника Маркелова», директор по науке и образованию, доктор биол. наук, профессор МУФО (СПб), Петрозаводск (Карелия)

A very interesting discussion on homeopathy began immediately after the first lecture “The Biblical, Theological and Natural Science Substantiation of Homeopathy” by Abbot Alexy (Ivanov), rector of the Church of the Beheading of John the Baptist in Dyakovo (Moscow). The issues of the natural scientific substantiation of this method, which was widespread in monastic and parish practice

in the XIX-XX centuries, the report of the head of the Department of Physics of the TSNU, Doctor of Physical and Mathematical Sciences, Professor V.F. Novikova (Tyumen) "Physicochemical approach to the substantiation of the method of homeopathy." Orthodox pediatrician E.N. Kulichenko (Tyumen) prepared a report "The role of Orthodoxy in the process of scientific substantiation of the principles of homeopathy. Stages of development of homeopathy".

The professor of the Moscow Institute of Homeopathy, Dr. med. Sciences L.V. Kosmodemyanskiy in his report "On the question of organizing the work of parish offices". The head of the Monastic Medicine Center of the Lavra, Hieromonk Moses, especially noted the relevance of the report of his second co-chairman of the Organizing Committee of the Conference "Modern regulatory framework for traditional methods of treatment in Russia. Possibilities of their application in monastic and parish practice" (Doctor of Pharmacy, Professor TL Kiseleva).



Conference participants (from left to right): prof. T.L. Kiseleva (Moscow), pediatrician E.N. Kulichenko (Tyumen), prof. V.F. Novikov (Tyumen).

The reasons for this attention are clear from the introduction to this work. Indeed, right now it is very important to resist the frequent attempts to mix up official traditional medicine (based on traditions) with dubious pseudo-folk medicine, as well as methods rooted in occultism and sectarianism, promoting the impact on the consciousness, psyche and will of people, with various kinds of pseudo-religious teachings and practices. ... The patristic medical heritage should be revived not only in the Orthodox tradition, but also within the existing legal space of the Russian Federation, and nothing else. A special paragraph in the Resolution of the Conference is devoted to this issue.

It should be noted a few more scientific and practical reports, in particular "Our plant nutrition" by Dr. med. Sciences, Professor V.I. Dubina (Odintsovo), "Trace element composition of apples for the production of apple sbitney and ciders" Dr. Biol. Sciences, Professor L.A. Khasanova (Ufa), "The use of plants of the genus Thyme in traditional and scientific medicine," Doctor of Pharm. Sciences, Professor V.N. Bubenchikova (Kursk) and others. The final scientific report of the Conference on modern concepts of the structure of water was made by Dr. Biol. Sciences, Professor of the IUFS A.D.

Danilov (St. Petersburg). Submitted works that meet the requirements for articles in scientific journals will be published in this and subsequent issues of the journal "Traditional Medicine".

According to the unanimous opinion of the participants, the results of the Conference can be used in planning and conducting scientific medico-pharmaceutical and historical research, as well as in monastic and parish medico-pharmaceutical practice, in the educational process of spiritual educational institutions and even in modern catechesis, which in its forms and methods, of course, must correlate with the cultural, social and psychological characteristics of each person.

Conference results

At the end of the conference, all organizers expressed a unanimous desire to continue working together in order to:

1. Purposefully accumulate, analyze and summarize information about patristic traditions of adequate nutrition, self- and mutual assistance in the prevention and treatment of diseases using natural remedies and medicinal food plants, including through thematic conferences and professional scientific and practical expertise.

2. Create a basis for improving professional competencies and social adaptation of representatives of the Russian Orthodox Church (priests, monastics, Sunday school teachers), parishioners of churches and dissemination of knowledge about the patristic tradition of adequate nutrition, self- and mutual assistance in the prevention and treatment of diseases using natural remedies and medicinal food plants.

3. Prepare a number of popular scientific and professional publications on relevant topics, as well as methodological manuals and recommendations for the organization of medical and pharmaceutical activities in the monastery and parish practice. The Resolution adopted by the Conference participants is reproduced at the end of this work.

conclusions

1. Today, carriers of Orthodox traditions of treatment and nutrition scattered, there is no unified database on the written medico-pharmaceutical patristic heritage.

2. The regulatory framework for the use of means and methods of phyto-, api-, hirudotherapy and homeopathy in the country is constantly changing.

3. Basics of scientifically based methods of traditional medicine, located in within the existing legal space, are not taught in theological educational institutions. Often they are replaced by herbalism and folk recipes, which cause just reproaches from representatives of the professional medical and pharmaceutical community.

4. Adopted at the Conference "Revival of patristic traditions of treatment and Nutrition "(Moscow, 12/21/2015) The resolution allows to coordinate the efforts of the scientific, medico-pharmaceutical and Orthodox communities to organize and implement scientifically grounded traditional medical activities in monastic and parish practice.

RESOLUTION

All-Russian scientific-practical conference "Revival of patristic

traditions of treatment and nutrition ", dedicated to the 700th anniversary of the birth of St. Sergius of Radonezh (Holy Trinity St. Sergius Lavra, December 21 2014)

The participants of the All-Russian Scientific and Practical Conference "Revival of Patristic Traditions of Treatment and Nutrition" (hereinafter - the Conference) - scientists, organizers of health care and pharmacy, doctors and pharmacists, representatives of the Russian Orthodox Church (hereinafter - the Church) and parishioners - unanimously note the timeliness and relevance of the dialogue between The Church and representatives of the medical and pharmaceutical community, aimed at reviving the patristic traditions of treatment and nutrition and the civilized use of the means and methods of domestic traditional medicine in monastic and parish practice.

At the same time, the need for a professional approach to the issues of medico-pharmaceutical activities in the field of naturopathy and homeopathy is especially noted. For Orthodox specialists working in the field of natural therapy and homeopathy, issues of spiritual health of the population, spirituality, as such, and the efforts of the Church to revive and preserve it are decisive in the choice of tactics for treating patients, as well as means and methods of treatment and prevention.

Official methods of naturotherapy (herbal medicine, apitherapy, hirudotherapy) and homeopathy are included in the arsenal of therapeutic methods of modern medicine and are not denied by the Church. The participants of the Conference paid special attention to the consideration of the question of the attitude of the Church towards homeopathy and considered it necessary to continue the study of this problem, relying, inter alia, on the results and resolution of the conference "Traditional Medicine and Orthodoxy" (2010), organized jointly by the NGO "Professional Association of Natural Therapists", The META Education Foundation, the Synodal Departments for Church-Society Relations, Church Charity and Social Service, the Russian Orthodox Institute of St. John the Theologian.

Having discussed the main issue of the Conference about the need to revive the patristic traditions of treatment and nutrition and about the attitude of Orthodoxy to the methods of natural therapy and homeopathy, registered in Russia in the prescribed manner, its participants came to the conclusion about

- inadmissibility of attempts to use under the guise of traditional methods of treatment various practices and methods rooted in the occult and pseudo-religious teachings, which sometimes mimic traditional medicine;

- the necessity and expediency of reviving patristic traditions treatment and nutrition on a strictly scientific basis through the joint efforts of representatives of the Church, as well as the professional medico-pharmaceutical, scientific and Orthodox communities.

The conference decides:

1. Positively evaluate and approve the initiative and joint activities The Monastic Medicine Center of the Holy Trinity Sergius Lavra and the Professional Association of Naturotherapists (NO PANT) for the preparation and holding of the Scientific and Practical Conference.

2. Consider the most important aspect of medico-pharmaceutical activities in the field natural therapy and homeopathy in monastic and parish practice, its implementation within the framework of the modern legal space of the Russian Federation, and attempts to link the term "traditional medicine" with occult teachings, pseudo-medical

practices, herbalism and traditional medicine are unacceptable.

3. In order to avoid misinterpretations of the patristic heritage, ask Publishing house "Siberian Blagozvonitsa" to speed up the work on the preparation and publication of selected medical talks of the Hieromartyr Metropolitan Seraphim (Chichagov), accompanied by scientifically substantiated comments on the rationality of the modern use of his medical system and the herbal remedies recommended by him ("Physical and spiritual health according to Metropolitan Seraphim (Chichagov) "Under the scientific editorship of Doctor of Pharmaceutical Sciences, Professor Kiseleva T.L.). Include in this edition a short guide of herbal and homeopathic non-prescription drugs approved for medical use in the Russian Federation.

4. Consider it appropriate to study legal and pharmaceutical aspects the creation of monastic and parish pharmacies (pharmacy points), the development of appropriate methodological and regulatory documentation, as well as the publication of methodological manuals for clergy on the reasonable use of registered herbal and homeopathic preparations and medicinal herbal raw materials in the monastery and parish practice.

5. Consider further strengthening and development of cooperation in the field of protection health between the Holy Trinity Lavra of St. Sergius, NO PANT, other medical, pharmaceutical and educational organizations, health authorities, scientists, healthcare and pharmacy organizers, doctors and pharmacists, manufacturers of medicines, dietary supplements for food and food products is the most important task for the revival of patristic traditions treatment and nutrition within the existing legal space.

6. Support the public initiative of the Lavra Monastery Medicine Center on the organization of the Public Movement "Return to the Origins" and create an initiative group for the organization and implementation of relevant programs in various regions of the Russian Federation and abroad.

7. Consider it expedient to organize and conduct organizational thematic scientific and practical conference "Return to the roots" and ask the Action Group to take on the implementation of organizational, methodological and coordination activities for its preparation and conduct in 2015. To ask the hierarchy of the Russian Orthodox Church to consider participation in this conference.

8. As one of the first steps to strengthen the interaction between the Holy Trinity Lavra of St. Sergius, non-profit and scientific-practical organizations and manufacturers of natural preparations, dietary supplements for food and food products, to prepare and sign a Cooperation Agreement between the Center of Monastic Medicine of the Holy Trinity Lavra of St. Sergius and NO PANT.

9. Recommend NO PANT and the Center of Monastic Medicine of the Holy Trinity Sergiev Lavra to develop a plan of joint activities to strengthen cooperation in the scientifically grounded development and use of means and methods of natural therapy and homeopathy in monastic and parish practice, as well as to conduct a systematic exchange of views in this area in the form of seminars, round tables, conferences, schools, etc. ...

Organizing Committee Co-Chairs:
Hieromonk Moisey (Drozdov), Head of the Monastic Medicine Center

Holy Trinity Sergius Lavra.

T.L. Kiseleva, Doctor of Pharmaceutical Sciences, Professor, Director of the Research Center - President of the Professional Association of Natural Therapists, Leading Researcher FSBSI "Research Institute of Nutrition", Deputy Editor-in-Chief of the Journal "Traditional Medicine".

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Photos for this article are provided by
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