

The Importance of Electropuncture Testing to Determine Effectiveness  
multicomponent homeopathic medicine Afosar EDAS-916

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The significance of electropuncture testing in determination of efficiency of multicomponent homeopathic  
preparation Afosar EDAS-916

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SUMMARY

For individual selection homeopathic drugs not infrequently used by drug testing (MT), based on the principles of feedback, in particular, on the dynamics of indicators of electrical conductivity (EP) in biologically active points (BAP) [1, 2, 5, 6]. A comparative analysis of the effectiveness of the use of complex homeopathic preparations, selected taking into account the results of MT and without MT, is relevant. Our studies on the effectiveness of the use of Afosar EDAS-916 in the treatment of patients with neurocircular dystonia showed that its effectiveness when prescribed with a positive MT result is 10% higher than when using the drug only for clinical indications.

Key the words: electropuncture diagnostics, medicinal testing, homeopathic treatment, neurocirculatory dystonia.

RESUME

For individual selection of homeopathic preparations Medicamenttesting (MT) is often used, based on the principles of feedback, in particular on the dynamics of the indicators of electrical conductivity in biologically active points. Relevant is the comparative analysis of efficiency of use of complex homeopathic remedies, selected taking into account the results of MT and without the MT. Our study of the efficiency of use of the product Afosar EDAS-916 in the treatment of patients with neurocirculatory dystonia have shown that the effectiveness of the assignment based on the positive results of MT is on 10% above, than in the application of the product only in accordance with clinical indications.

Keywords: electropuncture diagnostics, drug testing, homeopathic medicine, neurocirculatory dystonia.

Relevance

The leading sign of hypotonic neurocirculatory dystonia is a decrease in blood pressure below 100/60 mm Hg. in men and 95/60 in women. Patients complain of headaches, dizziness, general weakness, flashing of flies before the eyes, darkening in the eyes with a rapid transition from horizontal to vertical position. Often there are unpleasant sensations in the region of the heart, irritability, emotional instability. When examining a patient, usually no pathological changes, except for a decrease in the level of blood pressure, are detected. Possible detection of a labile pulse, a tendency to decrease the heart rate to 60 beats per minute. For treatment, drugs that stimulate the central nervous system and physiotherapy are used.

Treatment with homeopathic remedies is quite effective, subject to precise individual selection of the drug. Complex drugs to a certain extent facilitate the task of selection, but studying the possibilities of MT for their individual selection seems to be an urgent task.

Purpose of the study: to determine the value of drug testing for individual selection of effective homeopathic treatment for neurocircular dystonia according to the hypotonic type.

Material and methods

In total, under our supervision there were 60 patients of both sexes, which constituted the main and

control randomized groups of 30 patients each (Table 1).

Electropuncture diagnostics with MT was carried out in the author's modification [3, 4]. To carry out MT, the hardware and software complex "UPRANA-Pro" (Reg. Certificate No. FSR 2008/03380) was used. At the beginning, on several (3-5) BAPs localized on the phalanges of the hand, the initial EP indices were measured, then 5 granules of Passiflora EDAS-911 were applied to the hand electrode and EP measurements were carried out in the same BAPs. Increase in EP indicators by 10 and more cu. That is, it was taken as a positive test. The studied control group received homeopathic granules Afosar EDAS-916 without preliminary electropuncture testing for 35 days, 5 granules 3 times a day outside meals under the tongue until complete dissolution.

The main group included patients whose EP BAP indicators improved by 10 c.u. during electropuncture testing of the multicomponent homeopathic preparation Afosar EDAS-916. and more. The study group also received the drug for 35 days, 5 granules 3 times a day outside meals under the tongue until it was completely dissolved.

Treatment and dynamic observation of the condition of patients in groups was carried out in accordance with the study design for 35 days with primary and 4 follow-up examinations according to the criteria for assessing subjective and objective parameters (with blood pressure measurement and ECG) provided by the scope of the study.

Table 1

Distribution of patients by sex and age

Исследуемая группа		Основная					Контрольная				
возраст (лет)		18-30	31-40	41-50	51-60	всего	18-30	31-40	41-50	51-60	всего
№ п/п	пол										
1	мужчины	1	5	4	2	12	1	4	5	1	11
2	женщины	3	7	6	2	18	2	8	7	2	19
3	Итого	30					30				

### Results and discussion

During the study, it was noted that the complex homeopathic preparation Afosar EDAS-916 is well tolerated by patients. In no case were there any side or undesirable effects. It was also noted that it is safe to use and combines well with allopathic drugs. The results of the clinical study are presented in table. 2 and 3. For statistical processing of the research results, Student's t-test was used.

table 2

Average terms of relief of clinical manifestations of the disease

Исследуемая группа		Основная		Контрольная			
№ п/п	Клинические проявления (симптомы)	кол-во больных	М ± m (сутки)	кол-во больных	М ± m (сутки)	P <	
1	Раздражительность	30	11,0 ± 0,78	30	13,6 ± 0,89	0,05	
2	Быстрая смена настроения	26	11,4 ± 0,86	28	13,8 ± 0,97		
3	Физическое и психическая истощаемость	30	14,0 ± 0,59	30	15,9 ± 0,65	0,05	
4	Боли в области сердца	22	15,1 ± 0,45	21	16,8 ± 0,49	0,02	
5	Сердцебиение	22	17,6 ± 0,77	21	19,7 ± 0,74	0,05	
6	Головные боли	30	12,4 ± 0,68	30	14,2 ± 0,73		
7	Головокружение	26	12,3 ± 0,52	24	14,3 ± 0,61	0,02	
8	Нарушение сна	26	12,3 ± 0,29	24	13,4 ± 0,42	0,05	
9	Дермографизм	22	16,7 ± 0,58	23	18,6 ± 0,69	0,05	
10	ЭКГ	синусовая тахикардия	22	17,2 ± 0,61	21	19,3 ± 0,63	0,02
11		экстрасистолия	22	16,9 ± 0,63	21	19,1 ± 0,71	0,05
12	АД	систолическое	30	13,5 ± 0,68	30	15,6 ± 0,81	0,05
13		диастолическое	30	13,2 ± 0,53	30	15,0 ± 0,61	0,05
14	ЧСС	22	13,9 ± 0,73	21	15,8 ± 0,81		
15	Σ М ± m		14,1 ± 0,62		16,1 ± 0,70	0,05	

As follows from the table. 2, shortening the time for relief of clinical manifestations of the disease in

the main group compared with the control group is noted for all the studied parameters of subjective and objective assessment. However, statistically significant differences were noted for 11 estimated indicators out of 14 (78.6%;  $p < 0.05$ ), including the subjective assessment of 6 out of 8 (75%;  $p < 0.05-0.02$ ) and objective - 5 out of 6 (83.3%;  $p < 0.05-0.02$ ). The total mean statistical time ( $\Sigma M \pm m$ ) of relief of symptoms in the main group was  $14.1 \pm 0.62$  days versus  $16.1 \pm 0.70$  days in the control group ( $p < 0.05$ ). The difference in the spread of the reduction in the time for relief of clinical manifestations of the disease between the main and control groups is from 1.1 to 2.6 days (on average - 2.0 days;  $p < 0.05$ ).

Improvement: decrease in symptoms of disease manifestation. Deterioration: negative dynamics of clinical and laboratory data. Lack of effect: no dynamics of clinical and laboratory data.

Table 3

Evaluation of the effectiveness of treatment

Исследуемая группа		Основная		Контрольная	
№ п/п	Клинический эффект	число наблюдаемых	%	число наблюдаемых	%
1	Улучшение	26	86,7	23	76,7
2	Отсутствие эффекта	4	13,3	7	23,3
3	Ухудшение	0		0	

Evaluating the effectiveness of treatment of patients with neurocirculatory dystonia of the hypotonic type, it is necessary to point out that in the main group, which included only subjects with a positive electropuncture test, when using the multicomponent homeopathic drug Afosar EDAS-916, clinical improvement occurred in 26 out of 30 patients (86.7%), while in the control group, in which the drug was prescribed without testing, an improvement was noted in 23 out of 30 (76.7%). In 4 patients (13.3%) in the main group and in 7 (23.3%) in the control group, the group noted an insignificant therapeutic effect. It has been reliably established that the results of the therapeutic action of Afosar EDAS-916 in the main group exceed those in the control group by 10%. No undesirable effect of the drug on the patient was noted in any case.

## conclusions

Based on the results of this clinical study, the following conclusions can be drawn:

1. The use of homeopathic granules Afosar EDAS-916 in the treatment of patients hypotonic neurocirculatory dystonia with positive electropunctural testing can significantly reduce the time for relief of pronounced manifestations of 52% of the leading symptoms-criteria for the manifestation of the disease in the main group by 1.1-2.1 days, on average - by 1.8 days, compared with the control ( $p < 0.05-0.02$ ).
2. The effectiveness of the use of Afosar EDAS-916 in the treatment of patients in the main group on the indicator of clinical effectiveness exceeds by 10% the same indicator in the control group.
3. Homeopathic preparation Afosar EDAS-916 is well tolerated by patients and does not provide side effects on patients.
4. Preliminary drug testing allows individual selection of more effective homeopathic treatment.

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