Biorhythmology in homeopathy and human life V.V. Pogosskaya (Center "IMEDIS", Moscow, Russia)

annotation

The effectiveness of homeopathic treatment is related to the time modality. The proposed message is devoted to cyclical changes in the intellectual, emotional and physical state of a person (internal biorhythms), which is dependent on the world of outer cosmic biorhythms of the solar system. It is indicated that at a medical appointment, special attention should be paid to the first lines in the patient's medical history, where the date, time and place of birth of the patient are marked. The program "IMEDIS-EXPERT" in the section "Biorhythms" allows you to obtain the necessary information on the current state of the patient and make a forecast for a certain segment of the future development of the situation.

Many processes in nature are oscillatory, rhythmic. When studying the dynamics of atmospheric, oceanic and geological phenomena, it was found that the planets of the solar system, due to electromagnetic influences, cause large changes in the shells of the Earth. Although these planetary electromagnetic fields are very small in strength, their influence on the Earth is noticeable, because earthly shells have a very unstable balance, which is inherent in both living and nonliving systems.

Slight changes in electromagnetic fields (due to interference effects) can cause large changes in all shells of the Earth. Weak low-frequency electromagnetic disturbances in Space cause not only meteorological and seismic-volcanic collisions on our planet, but also manifest themselves in the biosphere and, in particular, in the human body.

In biology and medicine, as in other sciences, data have been accumulated on the external cosmic influence on the cyclic processes occurring in living organisms. The time has come when, despite some bias and skepticism, it is necessary to start using this knowledge in practice in treating patients, as well as for preventing diseases at a new level.

The moon is closest to the Earth from the celestial bodies, so man observed and studied it in more detail than other planets and stars. For almost all ancient peoples, the Moon is a Goddess with different names, determining human destinies. Plutarch wrote that "the Sun of the constellations is the second after the Moon." We now know that the planets closest to us are about 100 times farther than the Moon. The moon is 3.6 times smaller than the Earth in diameter, 81 times smaller in mass, and 6 times smaller in gravity. Its average density is 3.3×10^3 kg / m₃, which is 0.6 of the earth. We constantly see from the Earth only one hemisphere of the Moon, because the period of its revolution around its own axis is equal to the period of revolution around the Earth and is 27.32 Earth days. And the real lunar cycle is approximately 29.5 solar days.

Due to its location, the Moon exerts a gravitational

the impact is 2.25 times more powerful than the sun. If you look at the Moon in profile, you will notice "bulging" on the side that faces the Earth. So on the Earth opposite to the location of the Moon at this moment, a "gravitational hump" is formed, and the powerful tidal influence of the Moon slows down the Earth's rotation, increasing the duration of the Earth's day by 0.0017 sec. over a century.

The law of universal gravitation says that the force of attraction between two space objects is directly proportional to the product of their masses and inversely proportional to the square of the distance between them. The sun, due to the forces of gravity, keeps the planets of our solar system in strictly defined orbits. Einstein's theory of gravitational and electromagnetic fields and discoveries in astronomy, physics and related sciences confirm the hypotheses of their influence on the formation of processes in living organisms. Now we know that the arrangement of planets affects solar activity, science has learned to predict magnetic storms and, accordingly, an increasing number of deaths.

Medical biorhythmology is trying to prove to the modern scientific medical (and not only) community that these same phenomena give a predisposition to diseases. For example, the composition of blood is known to change in response to solar flares, eclipses, and even sunrises. It has been proven that there is a connection between the change in the phases of the moon and the flow of blood. In addition to the ebb and flow, the ionization of water and its structure change during the lunar month, and, therefore, there are physicochemical changes in living cells. The processes of expansion and contraction in the human (and not only) body on different days of the lunar month significantly change the state of human health, the work of his subconscious and psyche.

The lunar cycle was divided into 4 phases, which change the emotional state of a person, the state of the psyche. These phases are formed by the relative position of the Sun, Earth and Moon relative to each other. Sick people mark their critical points in the lunar month, sometimes a day before their onset. The moon changes the atmospheric pressure on Earth, the temperature and the effect of the Earth's magnetic field, which contributes to the exacerbation of many chronic diseases and provokes (due to the weakening of the body) the emergence of acute diseases.

The moment of the New Moon (29-1 lunar day) is the most dangerous time of the lunar month. The body is relaxed and weakened, a person experiences irritation and, as a result, easily gets sick under unfavorable conditions. On this day, the reaction worsens and the number of road accidents and all kinds of accidents due to the "human factor" increases, the number of epileptic seizures and heart attacks increases. Men react worse to New Moon (nervous tension, bouts of unmotivated aggression).

From the first to the third quarter, severe bleeding occurs more often, respectively, during this period, it is undesirable to carry out surgical interventions. On a full moon (14-15 lunar day), the number of postoperative crises increases, blood clotting decreases, and the pancreas is more often affected (with great care it is necessary to take medicinal substances, especially new ones). There is blood flow to the tissues, fluid retention, which gives general overexcitation, insomnia and exacerbation of diseases such as schizophrenia.

Studies by Swiss scientists were published in 2013

(University of Basel, journal "Current Biology"), where the influence of the lunar cycle on sleep was scientifically proven. On the full moon, a 30% decrease in brain activity was found, a lower quality of sleep, which is associated with its deep phase, as well as a decrease in the production of the sleep regulator hormone melatonin.

Rene Allendy, homeopathic physician and French psychoanalyst (1889–1942), noted in his book of temperaments that hemoptysis and febrile attacks of tuberculosis were most frequent in the second lunar quarter, i.e. on the eve of the full moon, and the minimum frequency of attacks is in the last quarter (on the eve of the new moon) [1]. Some authors have long confirmed that the moon affects the function of the thyroid gland and menstruation. Surgeon EJ Andrus says he has a higher incidence of postoperative bleeding during the full moon.

The manifestation of a person's character traits and the forecast of his health are significantly influenced by the day of the lunar month on which he was born, as well as the current day of the lunar month. And if the lunar birthday coincides with the current day of the lunar month, then we get the phenomenon of resonance of the initial data (for example, epileptic seizures on the New Moon). Each of the 29-30 lunar days has its own characteristic, color and rhythm. Each of us is born on a certain lunar day, they are imprinted in his personal rhythm for life and determine his emotionality and impressionability.

Why are we talking about lunar (emotional) rhythms in homeopathy? Because it is no secret that in homeopathy, many constitutional types have deterioration in certain phases and days of the Moon, because the calculation of the (dominant) miasm is also associated with a temporal modality So, Ignacy is appointed mainly at 11 o'clock in the morning, and Nux vomica

- at 19 o'clock. Worsening at a specific time of day is a direct indication of certain processes in the body, as evidenced by data from the practice of homeopaths, normal physiology and traditional Chinese medicine.

Health improvement must be built taking into account the individual constitution, health-improving measures must be coordinated with the biorhythms of the day and, in general, with the biological rhythms of nature. The life of people obeying the lunar rhythms is much more harmonious, their body is free from unnecessary waste of energy, they can gradually eliminate all possible causes of disease from their lives and live fully, happily ever after.

It has long been proposed to supplement the medical record with the indication of the time and place of birth of the patient, which, together with the date of his birth, using the modern program "Biorhythmology", will give the doctor information: systems, and when comparing two people in these cycles, we can talk about their compatibility both in business and in other areas of life (for example, in a family); 2 - according to the physical cycle - about the state of the musculoskeletal system, the speed and strength of the body's response, incl. at the time of recovery; 3 - on the intellectual cycle - about the intellectual abilities of a person, the speed of his inclusion in the process

interactions.

Output

The ability to use the biological rhythm charts allows the doctor to avoid or weaken periods of exacerbations of chronic diseases (warning the patient about them in time and prescribing the necessary drugs and therapeutic measures), calculate the time of full recovery, the optimal dates and times for surgical interventions, predict the outcome of the disease, calculate the optimal time for workouts, rest and much more.

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