

Vegetative resonance test and new possibilities of the classical homeopathy

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Today homeopathy is recognized as an integral part of medical science. The reasons for its increasing relevance are its effectiveness and the absence of toxic side effects. Modern techniques and new homeopathic medicines, coupled with the good old classics, can not only reduce complaints, achieve remission, but in some cases remove many diagnoses [6, 7].

However, practicing doctors are faced with a fairly large number of cases when it would seem that knowledge of the theoretical foundations of homeopathy, adherence to its principles does not lead to the expected result, and it is not possible to cope with diseases in a number of patients [3, 7]. This happens especially often in the treatment of chronic diseases. Naturally, homeopaths, starting with S. Hahnemann and his students and up to our contemporaries, tried and are trying to understand the reasons for these failures and find ways to solve these problems.

This led to the fact that, in addition to classical methods with the use of monopreparations, more modern ones began to appear - with the use of chelators (where one preparation can contain up to 20 components), potentiated hormones, neuropeptides, products of various types of metabolism, etc. [5]. Various schemes are being developed for the sequence of the use of various groups of homeopathic preparations (drains, nosodes, organopreparations, constitutional preparations, etc.).

Constitutional therapy is of particular interest to those who work with classical methods (drawing up a psychological portrait, taking into account anthropomorphic, emotional, intellectual signs), and those who use modern possibilities to search for a constitutional homeopathic remedy (CHP), for example, ART "IMEDIS- TEST".

In our research, we were engaged in the development of methods that would allow the most accurate selection of KGP. At the same time, we completely agree with the opinion that CGP should have the greatest depth of therapy and versatility (I would like to emphasize this quality), in comparison with any other homeopathic preparation [2]. When using such a remedy for therapy, the key problem and all other disorders in the body must be solved.

German homeopathic physician V.G. Schussler back in 1874. put forward three postulates about the causes of disease:

- 1) the cell is the basic unit of life;
- 2) the essence of any disease is pathological changes in the cell;
- 3) human health depends on the quantity and the correct proportions essential minerals that must enter the human body in homeopathic form [8].

Modern knowledge about the physiology of the cell confirms the importance of minerals and trace elements for its functioning and the special role of ions in this process:

potassium (K), sodium (N), magnesium (Mg), calcium (Ca), chlorine (Cl), etc. In homeopathy it is postulated that depending on which group the drug belongs to - minerals, potentiated metabolic products, etc. - it will regulate the corresponding processes in the body [4]. We hypothesized that preparations from the group of minerals may have a significant, but not yet studied, potential for restoring the normal functioning of the cell and, accordingly, restoring human health.

The main instrument in our research, apart from the classical one for homeopathy - "observation, comparison, analysis" - was the ART "IMEDIS-TEST". The integrative indicators contained in it allow evaluating various types of therapy, increasing the accuracy of the choice of homeopathic medicines, determining their initial and subsequent potencies and doses, as well as the timing of subsequent prescriptions [1, 4].

The results obtained in the course of this work turned out to be very interesting and very unexpected. Our research has shown that there are indeed drugs in the group of minerals that have amazing capabilities. Their use leads to the fact that in all patients the key problem (or problems) is solved, regardless of their number and types.

- from the most "simple" to the most complex, any nosological forms. The physical, mental, emotional state of a person is restored, meteorological dependence is eliminated, and ultimately all painful symptoms disappear. What can be called the restoration of health in general takes place. At the same time, these drugs have a clear gender specificity, on the one hand, and the broadest versatility, on the other, which is quite consistent with the criteria of the CGP.

The drugs with such profound healing properties turned out to be: potassium chloride (KCl) - a universal drug for the treatment of men and magnesium chloride (MgCl) - a universal drug for the treatment of women.

A total of 168 people (124 women and 44 men) are being treated using this method. All the variety of nosological forms that we see in our patients are amenable to therapy with these two drugs. These are allergic diseases (hay fever, bronchial asthma, atopic dermatitis, eczema, neurodermatitis, etc.), inflammatory diseases of any localization, periodontitis, periodontitis, gingivitis; cardiovascular disorders (hypertension, with complete normalization of blood pressure and cancellation of antihypertensive drugs; hypotension, various types of arrhythmias of the brady- and tachy-forms, extrasystole, Wolf-Parkinson-White syndrome); chronic forms of cerebrovascular accident, dizziness, headaches, Parkinson's disease, the consequences of a stroke, intermittent claudication; encephalopathy with memory impairment in the elderly and in children, violation of the perception of numbers and letters in children, psycho-emotional disorders (fears, depression, panic attacks), sleep disturbances, seizures, nervous tics (local and generalized), vegetative-vascular dystonia with a wide variety of manifestations; urolithiasis, infertility, type 2 diabetes mellitus, pain syndromes (lumbago, neuralgia, migraine, cephalalgia, etc.); arthritis, arthrosis and much more.

In the course of treatment, each patient's entire painful symptom complex disappears, the need to take a variety of drugs that patients have been prescribed for regular lifelong use is lost.

A methodology for working with these drugs has been developed, and it corresponds to the principles of classical homeopathy. One drug is used, the time and terms of subsequent appointments are strictly defined. Treatment always starts with the 3rd or 6th c. Potency. The dose of these drugs is quite consistent with the principle: the higher the degree of similarity of the drug, the lower its dose and the longer the time interval before the subsequent appointment. Doses of KCl and MgCl, determined using the ART "IMEDIS-TEST", are hundredths and thousandths of standard peas. And one single dose works for several months. The method of working with KCl and MgCl has its own peculiarities; it cannot be started without preliminary preparation. In the process of work in certain situations, several more drugs are used, these are *Crotalus horridus* and *Botrops lanceolatus*. They also have a gender identity.

The gender specificities of homeopathic remedies that we discovered were not a big surprise for us. There is more and more evidence that the body of men and women differs not only in anthropomorphic and hormonal indicators, but also there are specific differences in the structure and functioning of the brain, the course of biochemical and pathogenetic processes, reactions to pharmaceuticals [9].

If all methodological nuances are observed, the effectiveness of the above technique is almost 100%, and the results obtained are qualitatively different from all other homeopathic preparations and techniques known to us.

The obtained clinical results, with all their attractiveness, we assess as the beginning of the path in this direction. They raise many assumptions and questions and suggest not only the continuation of clinical work, but the conduct of certain studies in the field of cell physiology, clinical physiology.

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