

## Identification of people who use drugs by conducting vegetative resonance test and polygraph research S.E. Stengauer

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A lot has been said about the dangers of using drugs and psychoactive substances without a doctor's prescription. But how not to talk about the impending danger, if the results of a study on drug use among apparently quite healthy and vitally active young people are becoming more and more depressing every year?

When surveys were carried out five years ago, every fourth applicant for service in the law enforcement agencies had experience of using drugs. Now out of ten candidates, six to seven people have such life experience.

For most departments and organizations, the exclusion of people who use drugs or have experience of using drugs from service (work) is not only a matter of honor, but also a vital necessity. It should also be noted that a person who understands the illegality of drug use, but has allowed himself an act of socially disapproving behavior, who bought the drug and thereby sponsored the further illegal behavior of those who sell them, may violate other laws, as well as the internal rules and regulations of any department (organizations). Is such an employee needed by the employer, society and the state as a whole? The answer is obvious.

Therefore, the priority was, is and will be the issue of effective identification of unreliable candidates, and then the assessment of their personal and professional qualities.

In order to identify the fact of drug use in candidates, specialists from departments successfully use both hardware (polygraph) and medical methods, for example, urine analysis using express immunochromatographic tests.

Each of these methods, being completely reliable and effective, has a number of disadvantages. So, for carrying out a polygraph study, serious time costs are required (from two hours or more), the presence of a specialist who has undergone long-term training, as well as a specially equipped office (preferably soundproofed). When analyzing urine using test strips, the results will be negative if the subject refrains from using drugs for a certain period, and not all types of narcotic and psychoactive substances have such test strips.

It is also necessary to say about the opposition of candidates for service (work) when passing various examinations. For example, there are many inquiries on the Internet about how to get tested for drug use when undergoing a medical examination if a person is using or has used drugs in the past.

In contrast to the above methods, the use of the autonomic resonance test (ART) method in the detection of drug use has several important advantages:

- simplicity of the method;
- low time costs;
- harmlessness and non-invasiveness;
- does not require a specially equipped place;
- sufficient variability of the "catalog" of electronic analogs

psychoactive substances.

These advantages make it possible to classify this method as a screening method, which makes it possible, already at the first stages of the selection of candidates for service (work), in a short time (about five minutes) to weed out those who have experience of using narcotic and psychoactive substances for non-medical purposes.

The timing aspect in the selection of candidates for work in various departments is very important. Currently, practice shows that it takes about a month for a candidate to wait for his turn to undergo a special test using a polygraph.

As well as polygraph research, the ART method is open and is carried out exclusively with the voluntary consent of the subject. When using the device "MINI-EXPERT-DT" for ART, already at the first stage of selection for service or work, persons who have experience of drug use are successfully identified.

The author of the article has experience of working as a personnel psychologist - polygraph examiner. Since 2014, in the selection of candidates, testing by the ART method on the MINI-EXPERT-DT apparatus has been successfully used. It is important to note that in the process of researching candidates using the ART method, about 70% of candidates with experience of drug use admit that they have used or are using drugs. Persons who have shown positive reactions using the ART method, but have kept silent about the facts of drug use, become the object of special attention of polygraph examiners. These significant indicators say a lot, including a decrease in the number of polygraph examinations, since this is no longer necessary.

In the circle of polygraph examiners, the good aphorism "Time is money" is often used, and this phrase is fully consistent with the use of the ART method in order to establish the facts of drug use.

Thus, the law enforcement agencies, the armed forces and many organizations (institutions) are responsible for the selection of candidates for service (work). At the same time, it is imperative to use modern methods of identifying the facts of drug use, which allow solving the assigned tasks quickly, efficiently and at the lowest cost.

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