

Classical homeopathy and vegetative resonance test "IMEDIS-TEST"

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Homeopathy is recognized as an integral part of medical science. At the same time, along with its development and progress, it remains in many respects "terra incognita". Classical homeopathy is the subject of many discussions, controversies, and not only among doctors of various specialties, but also among homeopaths themselves. On some important points (choice of potency, dose of a homeopathic preparation), the opinions of representatives of different schools are often completely opposite [1, 3, 6, 10].

In classical homeopathy, there are 4 basic rules for selecting a remedy: 1 - the principle of similarity, 2 - the only (constitutional) remedy, 3 - the choice of the initial potency and dose, 4 - the timing of repeated prescriptions. In this case, the similarity is selected according to the symptoms of the disease, that is, the semblance of diseases is sought. A constitutional homeopathic preparation (CHP) is determined on the basis of a whole complex of psychological, anthropomorphic (body structure, features of the skin, hair, eyes and other tissues), emotional, intellectual and other individual characteristics of a person [3, 5, 8].

The theoretical foundations that determine the implementation of these principles are well known, but practical implementation is very difficult [2, 5, 8, 11]. And among our fellow doctors, such homeopathic specifics cause distrust, and even sarcasm. In addition, from practice, everyone knows that "pure" medicinal types and pathogenesis are quite rare, and the diversity of people is much greater than the number of existing homeopathic preparations [11].

Trying to solve these issues, to improve the quality and effectiveness of treatment, homeopathy followed the path of widespread use of the so-called complexones (where one drug can contain up to 20 components or more), as well as developing modern drugs (potentiated hormones, neuropeptides, interleukins, potentiated products of various types of exchange, etc.). The properties of the latter are easier to describe from the standpoint of physiology, pathophysiology, biochemistry and are closer to understanding by specialists in conventional medicine [9].

Considering all of the above, it seemed interesting to us to conduct a study where the implementation of the 4 basic principles of classical homeopathy is preserved, but the approaches to them change somewhat. In addition to the classic "observation, comparison, analysis", the main instrument in this study was the vegetative resonance test (ART) "IMEDIS-TEST".

ART "IMEDIS-TEST", the integrative indicators of the patient's health contained in it allow evaluating various types of therapy, objectifying and increasing the accuracy of the choice of homeopathic medicines, determining their initial and subsequent potencies and doses, as well as the timing of subsequent prescriptions [1, 4, 6] ...

In our research, using ART, we tried to find from a large number of homeopathic preparations those that would have the maximum similarity, but not "disease", but "health". And the criteria of the KGP tried to choose more objective indicators than those used in

classical homeopathy. We agree that QGP should have the greatest depth of therapy and versatility (this quality I want to emphasize) in comparison with any other homeopathic remedy. Naturally, when using such a drug for therapy, the key problem and all other disorders in the body are solved [2].

What can serve as a semblance of "health"? It seems that this is the functioning of a healthy cell, that is, its physiology. There are opinions that the multicellular organism is governed not by the nervous system, and not by the endocrine, but by the so-called cellular regulation [13].

The German homeopathic physician V.G. Schussler. Back in 1874, he named three main pillars of therapy: 1 - the cell is the basic unit of life, 2 - the essence of diseases is pathological changes in the cell, 3 - human health depends on a sufficient amount and correct proportions of the necessary minerals. However, he postulated that the salts should be in homeopathic dilutions. V.G.Schussler discovered and described the main 12 salts for the treatment of various pathologies. His followers and students described and introduced into practice 12 more mineral salts, which are also used today in therapy [13].

Modern knowledge about the physiology of the cell has confirmed and more fully revealed the importance of minerals in its functioning and the special importance of potassium (K), sodium (Na), magnesium (Mg), calcium (Ca), chlorine (Cl) ions on the formation of membrane potential (rest and action), which is the basis for the functioning of the cell. The active transport of sodium and potassium ions across the cell membrane is of great importance for the development and maintenance of the membrane potential. Moreover, in accordance with the Nernst equation, the possibility of diffusion of each ion through the membrane is proportional to the concentration of this ion and the membrane permeability for it. It was found that at a high concentration of K, Na and Cl ions, the membrane permeability for K is the highest (100 times more than Na), and a change in its concentration leads to significant potential fluctuations. And the membrane permeability for Na is low, and a change in the extracellular concentration of this ion has a weak effect on the membrane potential. Chlorine ions, unlike Na and K ions, are not actively transported across the cell membrane, but passively distributed between the external and internal environments in accordance with the membrane potential [7].

In studies, as a rule, the transfer across the cell membrane of Na, K, Cl and little information about Mg is studied. It is known that K is the main mineral and ion for the male body, and Mg is the main "female" mineral. But the place of Mg in the formation of membrane potential and the differences in its formation in men and women have been studied very little. Although the fact that the body of men and women differs not only in anthropomorphic and hormonal indicators, but there are specific differences in the structure and functioning of the brain, the course of biochemical processes, reactions to pharmaceuticals is no longer news [12].

In view of the above, in our work, we determined QGP based on the principle of similarity of cell physiology and suggested two universal and

objective constitutions: the female body and the male. A group of homeopathic preparations from the group of minerals was selected for testing. The main filter for the choice of drugs and their potency, dose was the Cu met optimality indicator. D400 (it was selected based on many years of clinical observation).

The research carried out led to the following results. A group of drugs has been identified that has all the properties of CHP, i.e. the greatest depth of therapy, and at the same time the greatest versatility, when applied, both the main (key) problem and other violations were solved. These turned out to be: for women - magnesium chloride ($MgCl_2$), for men - potassium chloride (KCl). These two drugs were selected based on the ART group of minerals. All patients undergoing treatment received only these drugs, and in the energy-informational form. No other additional drugs and treatment procedures were used in routine therapy. The required potency and doses were also determined through the Cu met. D400.

In total, 157 people (112 women and 45 men) are undergoing treatment using this method. The results of using $MgCl_2$ (women) and KCl (men) exceeded all our expectations. It is somewhat difficult to speak about nosological units, in which good treatment results were obtained, because these are practically all the problems with which patients have come and come to us. These are allergic diseases (hay fever, bronchial asthma, skin diseases: eczema, neurodermatitis, etc.), all kinds of chronic inflammatory processes, paradontosis, cardiovascular disorders (hypertension and hypotension, arrhythmias: a-b-blockade, paroxysmal tachycardia), consequences cerebral stroke, Parkinson's disease, intermittent claudication; problems of the gastrointestinal tract with a variety of manifestations, rectal cracks, dolichosigma in children; encephalopathy with memory impairment in both the elderly and children, impaired perception of numbers and letters in children; depression, panic attacks, sleep disturbances; viral infections (herpesvirus type 1 and 2, cytomegalovirus); invasion of parasites and protozoa; urolithiasis, male and female infertility, hypothyroidism, type 2 diabetes mellitus, pain syndromes, migraines, herniated discs of the spine, arthritis and arthrosis, convulsions, nervous tics (local and generalized), etc. And all these varieties of nosological forms respond very well to therapy the above two drugs according to the method developed by us on the basis of ART "IMEDIS-TEST".

The potency of the drug was determined through the optimality index Cu met. D400, and in all cases, treatment started at 3 or 6 cents. There is another law in homeopathy: the higher the degree of similarity, the lower the dose of the drug, and the longer the interval before subsequent administration. Our studies have shown that the dose of $MgCl_2$ and KCl is much less than the usual doses of homeopathic remedies in these potencies, where from 3 to 8 peas are taken, and the drugs are prescribed at least once a day and taken for a certain time (from several days, weeks to months). In our method, certain doses for adults were significantly less than 1 pea (tenths and hundredths);

the drug was prescribed in the selected potency, once, and the duration of its action lasts several months. At the same time, not only the main problem of the patient is solved, but all others, and the results that we see, they are qualitatively different from everything that was observed with the use of all other homeopathic remedies known to us.

In general, a method for working with these drugs has been developed, it has its own characteristics and differs not only in much smaller doses, it has its own indications and contraindications (when it is impossible to use it without some preparation, because it is fraught with very strong exacerbations and lack of effect) ... Subject to all methodological nuances - the effectiveness of the above drugs is an order of magnitude higher than other homeopathic remedies.

The obtained clinical results, for all their attractiveness, we assess as the beginning of the path in this direction. They raise many assumptions and questions and require not only the continuation of clinical work, but also certain research in the field of cell physiology, clinical physiology.

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