## Health and internal burdens A.V. Makarevich (ChMUP "Center for Resonant Medicine" INFOMED ", Minsk, Belarus)

The impact on health of geopathogenic, radioactive, electromagnetic and psycho-vegetative burdens (loads) is discussed at almost every international conference on bioresonance therapy "IMEDIS". And this is absolutely correct, since without resolving these basic problems, further restoration of the patient's health is either very difficult or impossible, no matter how he is treated [1].

A person lives in an ocean of electromagnetic waves that fall on him from all sides. This is especially true in our time, when, unfortunately, there are more and more sources of radiation of various natures. We must protect ourselves from harmful radiation and neutralize those already received, since the accumulated loads weaken the immune defense and reduce the physiological reserves of the body.

In this article I want to touch upon the aspect of internal (endogenous) burdens. After all, a person, accumulating the above loads from the external environment, himself becomes a source of burdens for himself and, to a lesser extent, for those around him. A situation is created when year after year, drop by drop, internal burdens accumulate as long as the reserves of adaptation allow them. And often not the greatest external indignation (stress, hypothermia, etc.) causes a breakdown of the reserves of adaptation and, at times, a long and serious illness.

How can a person, not being in a geopathogenic zone, accumulate this type of load? So, according to my observations, ordinary helminths can become such sources, apparently due to the accumulation of heavy metal compounds in them, such as copper, tin, antimony, tellurium, bismuth, mercury, etc., which is confirmed by testing by the ART method. It is not for nothing that in homeopathic practice, compounds of such metals are successfully used as anthelmintic agents, for example, cuprum oxidatum nigrum, tellurium, stannum, mercurius solubilis, etc. In the same way, radioactive loads accumulate, the source of which can also be cigarettes.

A person should not be fooled by low doses and wellness. Small doses of burdens, acting for a long time, can cause big problems when a person's life collapses in one day - believe me, you should not check this on yourself. After all, every health problem often matures over the years. It's just "convenient" for people not to notice it.

Fortunately, there is a wonderful method of vegetative resonance test (ART) [2] and bioresonance therapy (BRT) [3], allowing to see and eliminate health problems at the stages of preclinical disorders. It is much easier, faster and, most importantly, cheaper than curing any disease. It is often sufficient to remove only geopathogenic, radioactive, electromagnetic or psychological stress in 1-2 visits to the doctor.

As for the internal psycho-vegetative loads, then, according to my observations, most of them are associated with a disorder of the system

neuroendocrine regulation at the level of the pituitary-hypothalamus. The reasons can be chronic autointoxication, incl. chemical compounds, heavy metals (for example, from smoking), helminthiases, viral infections, and other burdens listed above. Having identified and accurately established the cause of the disorders, it is possible to correctly eliminate it with the help of endogenous or exogenous bioresonance therapy, bringing the body into a state of physiological balance, and hence health.

Practice shows that the timely neutralization of any types of internal and external burdens can sharply increase the reserves of adaptation of the body and much less frequent visits to the doctor and improve the quality of life of the patient.

## Literature

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