Using the "Biorhythmology" section of the "IMEDIS-EXPERT" program in combination with miasmatic homeopathic remedies for the prevention of various diseases

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After several years of medical practice using the APK "IMEDIS-EXPERT", any doctor begins to ask questions:

- 1. If there is a positive trend in the treatment of acute diseases, then it is impossible to start moving towards the prevention of these diseases?
- 2. If there is a positive trend in the treatment of chronic diseases, even in elderly patients, how and when is it possible to prevent exacerbations of chronic pathology?

We have schematic diagrams for treating patients, including:

- 1. Individual diet therapy (including selection of products using the agro-industrial complex "IMEDIS-EXPERT".
- 2. With the help of selected treatment programs tested, we can eliminate edema, discomfort and help the patient in the implementation of adequate age and state of the necessary physical activity.

Etiotropic and pathogenetic treatment: a)

homeopathic preparations;

- b) allopathic drugs; c)
- endogenous BRT;
- d) exogenous BRT;
- e) BR drugs;
- f) electronic analogues of homeopathic and allopathic drugs; g) multiresonance therapy (MRI).
- 3. Detoxification, including drainage preparations and sorbents.

We have the ability to assess the effectiveness of treatment:

- on changes in patient complaints;
- according to the indicators for BAZ, BAP according to R. Voll and for ART tests;
- according to objective research data;
- according to the data of additional instrumental examinations;
- according to laboratory research methods (each of which has a 3-level characteristic (significant improvement / improvement / no improvement).

But there is still no complete scheme for the prevention of health problems, although, we must pay tribute, this can already include:

- 1. Drawing up an individual meal schedule and testing the kit products.
- 2. Selection of an individual movement regimen and exercises for workouts.

3. Compliance with sleep patterns.

And we go back to the 1st page of the STORY OF THE DISEASE:

DATE, TIME AND PLACE OF BIRTH of the patient. These data are used by modern biorhythmology.

A person lives according to the laws of the environment and, first of all, depends on:

- the rotation of the Earth around its axis, i.e. from hourly and daily (circadian) rhythms;
- monthly (lunar) biorhythms;
- annual (solar-lunar) biorhythms;
- changes lasting several years, which are repeated for each individual and depend on the cycles inherent in the work of, at least, the entire solar system (as an example, periods of crises are multiples of about 12, 29, 42 years, corresponding in the clinic to serious changes in the endocrine system, psyche, stages of realizing oneself and one's place in society, known to us from personal experience and experience of working with patients).

If we consider in more detail, circadian rhythms give us the opportunity to preserve the body in proper condition and maintain good performance in case of following certain rules known to us from reflexotherapy (for example, the time of activity of the heart meridian C - 11-13 hours - is the time of maximum activity of the body during days, etc.).

During the lunar month, the functional reserves of the body change, which today is actively used by sports medicine (new moon, moon phases, full moon, lunar days). The dynamics of changes in the functional reserves of the body during the lunar month is a way of adaptation to the rhythms of the Cosmos, i.e. synchronization of the rhythms of a single person to the rhythms of the environment. The moon determines both the way a person adapts and the situation in which he relaxes as much as possible, which contributes to the choice of a place and type of rest.

Depending on the date of birth of a person, his annual rhythm is also found: the ability to resist infections and stressful situations decreases a month and six months before the birthday. This information can be used to optimize the vacation time of a working patient, and to carry out preventive measures.

With the help of the "IMEDIS-Expert" program, we are able to calculate the individual biological rhythms of the ups and downs of physical, emotional and mental activity, which have a great impact on the performance and well-being of a person:

- physical capabilities lasting 23.69 days;
- emotional (mental) state 28.42 days;
- intellectual (spiritual, mental) capabilities 33.16 days, to

the origin of which the Moon has the most direct relation to, being the strongest external influence, approximately 2.5 times higher than the sun (which is confirmed by research in medicine, physiology, psychology and sports).

Physical biorhythm is important for patients, as it is associated with a noticeable change in resistance to disease, and exhibits a time of decline in physical activity. Thus, the phase of raising the physical biorhythm lasts 11-12 days, and surgical operations are most successful in the period between the 2nd and 9th days of this cycle.

The emotional biorhythm determines the change in a person's stress tolerance, the quality of perception of the external world, mood, and the state of the endocrine system. This rhythm controls the female menstrual cycle.

Emotional biorhythm is fundamental in determining biological compatibility. The difference in phases according to the emotional biorhythm (depending on the number of days) gives biological compatibility or incompatibility, and the difference in phases for more than 14, 21 days - complete incompatibility (difficulties with conception appear, the offspring are born in poor health). With full compatibility, the critical points of emotional biorhythms with the transition to the same phases occur on the same day.

Intellectual biorhythm is a wave rhythm of the rise and fall of mental activity, which is important for people of creative mental labor.

The homeopathic remedies included in the IMEDIS-EXPERT program and their miasmatic classification, the possibility of their drug testing give us the opportunity (in combination with the choice of the dominant miasm according to its main theme and human appearance) to help a person constructively cope with the negative influence of the miasm, increase the duration of an active life due to the modification of the manifestations of the miasm. Since, according to homeopaths, miasms are the basis of chronic diseases as a kind of genetic plan, in accordance with which all the strengths and weaknesses of a person, his innate abilities, psycho-emotional characteristics and a tendency to develop certain diseases are manifested.

conclusions

With the help of the program "IMEDIS-EXPERT", in particular, its section on biorhythmology, the doctor's capabilities can be significantly expanded in the direction of prevention of acute diseases, prolongation of remission of chronic diseases, the timing of preventive measures, as well as the timing of intense physical and intellectual stress. A deep study by a physician of homeopathy, as one of the main medical disciplines, is imperative to expand knowledge of human nature and the possibilities of prevention according to the individual constitution of a person.

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