

The approach to treatment from the point of view of a doctor and a psychologist

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The doctor should not treat the disease, but the patient

Hippocrates

Health is a state of complete physical, mental and social well-being, and not only the absence of disease and physical defects. This definition is given in the Preamble to the Constitution of the World Health Organization, adopted by the International Health Conference in New York on June 19-22, 1946, signed on July 22, 1946 by representatives of 61 countries [11] and entered into force on April 7, 1948.

Since 1948 this definition has not changed and is generally accepted. It has a key combination - "complete physical, mental and social well-being", which is an integral part of health. However, different specialists often differ in their views on the patient's condition. Doctors see the main problems in the patient's physical symptoms, not paying attention to the emotional component and ignoring the social aspect, and psychologists put the psychological component in the first place, explaining to them all a person's problems. It seems that psychologists and doctors seem to be looking at the same elephant from different angles.

In order to achieve health, it is necessary to approach the treatment of the body holistically and personally. What is needed to restore the faltering health?

1. Know the level of damage to the body.
2. Know the stages of development of the pathological process.
3. Choose a method of treatment - the type of drugs.
4. Determine the duration of therapy.
5. Determine the required force of impact.

The functioning of all body systems is carried out at three levels [3, 4, 5], and their damage occurs during disease. Quite often, all of them are affected at the same time, however, we see the prevalence of one of them in one case or another.

The first level is physiological, or organismic. When influencing it, the effect on the symptom, symptom complex, nosology occurs. The goal of treatment at this level is to study and eliminate the bodily manifestation of the disease: eliminate pain, lower body temperature, kill bacteria, hide skin rashes, lower blood pressure, eliminate swelling, etc.

The second level is psychological, the impact at this level implies the impact on the emotional state of a person, will, memory, abilities, thinking and character in general. The goal at this level is to ease depression, reduce anxiety, increase interest, reduce fatigue, increase

mental operations in various activities, etc.

The third level is social, or event-related, this is the level of events and actions. At this level, the force (energy) of intention acts. The goal of this level - adaptation of a person to the prevailing social environment, helping a person in shaping his reality.

All these levels are dynamic, related to each other, and it is important to consider a person as a whole at all levels of his existence: physical, emotional and social. One of the cornerstones of homeopathic medicine is the concept of the integrity of the organism, i.e. the organism is considered as a whole, and, therefore, there are no separate diseases, but there are different stages in the development of one pathological process. This is an obvious truth to all - that in the body all processes are interconnected, and if the function of one organ is impaired, then this will necessarily entail a change in the functions of all other organs [3].

When the well-being of the body is impaired, various symptoms arise that are formed into a disease. And any patient wants to eliminate the present symptoms. What treatments are there? They were put forward by Hippocrates: "Similia similibus curentur" - like is treated by like and "Contraria contrarius curentur" - the opposite is treated by the opposite. In the essay "On Ancient Medicine" [2], this idea is stated as follows: "... and should he who wants to heal correctly, help with warmth through cold, cold through warm, dry through moist and moist through dry. ... Indeed, if one of them hurts, then it is appropriate to alleviate the opposite ... "

"... Another case: the disease is produced similar, and similar, which was forced to accept, the patient from the disease goes on to health. ... If a person who is vomiting is given plenty to drink, then with vomiting he is freed from what makes him vomit; thus, vomiting destroys vomiting. ... And if it were so in all cases, then everything would be clear and would be treated with opposite means, then similar, in accordance with the nature and origin of the disease ... "

The follower of "Contraria contrarius curentur" was Claudius Galen (131–201 AD), who divided the medicines according to the symptoms of diseases: stimulants, analgesics, hypnotics, laxatives, and others. The scientist was convinced that it is necessary to use the constituent parts of plants, extracts from them, and that not all the substances present in the plant are useful - some of them are even harmful. With the advent of galenic preparations (extracts from plants), a scientific approach to modern allopathic medicine was laid. However, using this method, it is not always possible to completely cure the patient, often it is possible to only partially remove and alleviate the symptoms of the disease.

Samuel Friedrich Christian Hahnemann (1755–1843) transferred the "Similia similibus curentur" approach to the level of science. Studying the effect of drugs on the human body, he noticed that the use of drugs according to this principle leads to a cure at all levels and under any circumstances. In homeopathy, diseases are not divided into different groups, as is customary in allopathic medicine, because it is useless: it is not a disease that needs to be treated, but a person.

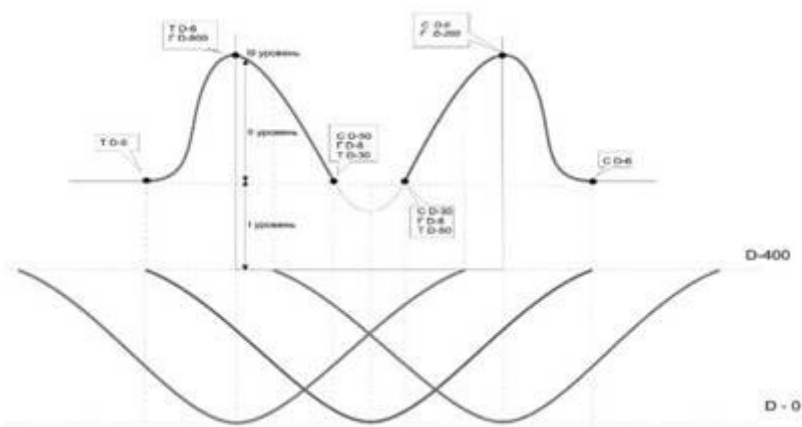
To effectively treat a patient, every physician must be fluent in both treatments.

Hahnemann [8, 10] discovered that in humans there is a certain hidden force that causes a predisposition to certain diseases. This predisposition, which he called miasm (or depravity), is inherited, determines the type of response of the body to any stressful damaging environmental factors and is the basis of almost all chronic diseases.

Analyzing family anamnesis, Hahnemann discovered that diseases manifest themselves in a certain sequence, and proposed a concept for the development of a pathological process, which makes it possible to predict the course of treatment and, with great (mathematical) accuracy, choose from a variety of drugs the one that will most effectively help a particular patient.

The degree of severity, or "point of development", of the pathological process is assessed by the combination of potencies, in which the burden of hereditary toxins is revealed. The use of knowledge about the development of the disease allows you to choose the most optimal treatment tactics for a particular patient, quickly and with mathematical accuracy to select the drug necessary for cure and determine the required potency value. Moreover, knowing how the pathological process develops, the doctor can accurately predict the course of treatment, i.e. determine the type of drugs: what drugs, in what potency and in what sequence will need to be given to the patient for a complete cure [3].

The combination of the levels of the body's functioning and the development of the pathological process made it possible to form a graph of the development of the disease [5] (Fig. 1).



Rice. 1. Development of the disease

If the patient is on the right side of the graph of the development of the disease, processes of destruction or destruction prevail in him, which show through at all levels of human existence (on the physical, emotional and eventual), the patient has little strength and only conditionally positive types of therapy can be offered to him and drugs that compensate for the pathological condition (the opposite is treated by the opposite). On the physical level, this is expressed in destructive, lightning-fast emerging (like thunder among

clear sky) diseases: long-term non-healing wounds, ulcers; gangrene threatening amputation; sudden myocardial infarction or blindness (often at a young age); stroke, Parkinson's disease, Alzheimer's disease, severe life-threatening bleeding, sudden death in sleep, frequent miscarriages in women, azoospermia in men, congenital blindness, deafness, deformities in newborns. Appendicitis in such a patient is often complicated by peritonitis, as if the body is unable to "collect itself in pieces and heal the diseased tissue," because the idea of destruction dominates it. The idea of destruction also permeates the mental structure of a person, who is able to quickly, and without much hesitation, destroy everything around him, since for him this is the most understandable and easy way of reacting to changing living conditions.

If the patient is on the left side of the graph of the development of the disease, accumulation processes prevail, he has a lot of strength, and conditionally negative therapies are effective for him (like is treated like). At this stage, the patient may have sluggish chronic diseases or acute ones, which disappear within a few days, without causing damage from the experienced events. A person has an excess of strength, with the help of which he is ready to cope with the revealed problems and diseases.

The laws of organization and functioning of the body are the same, therefore, in any treatment, both psychological and medication, it is necessary to approach the patient's therapy holistically. A full-fledged treatment cannot be reduced only to the elimination of a physical or psychological symptom, and the impact on them should be carried out at all levels, combined and taking into account the characteristics of the patient.

Using the hardware capabilities of bioresonance therapy, knowledge of classical homeopathy, the periodic system of chemical elements D.I. Mendeleev in the interpretation of Revici [9], it is possible to accurately assess the level and degree of damage to the body by the ratio of the micronutrient balance in the patient. This allows you to carefully select the necessary therapy, both in terms of drugs and in terms of psychological impact. Since the human body is a complex structure, any impact, whatever it may be (psychological, physical, etc.), must have certain markers for tracking the general state. In our case, we use several options - analysis of nonspecific adaptive reactions of the body according to Garkavi-Kvakina-Ukolova [1], tracking the daily change in urine pH according to Revici [9],

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