

Ayahuasca - helping to heal the "inner child"  
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In January 2014, Dr. Mahesh Gandhi introduced Ayahuasca to the homeopathic community in Russia. An interesting case was demonstrated with an impressive healing effect, a condition associated with deep pain that arose in early childhood.

Commenting on this case, Dr. Gandhi noted that when a child at an early age experiences mental pain, and at the same time there is no mother nearby who could comfort, support, regret, he himself is not able to survive this pain. The energy of this pain is "conserved" on the emotional plane of a person, and the body strives to lower it into the lower parts of the body. In parallel with this process, a person makes a decision to "live by reason", because living with feelings is too painful. Conscious concentration on the mental process leads to the concentration of mental energy at the level of the head. As a result, two energy flows are formed in the human body, directed in diametrically opposite directions. The weak point of this "breaking" state, at the level of the physical body, is the neck area, including the cervical spine.

The study of the original substance from which the drug is made has revealed a lot of interesting things.

Ayahuasca (or ayahuasca, ayahuasca, ayahuasca) - in the Quechua language (a tribe in South America) - ayawaska, in Spanish - ayahuasca, in Portuguese - hoasca. Translated from Quechua - "liana of the dead" (aya in Quechua means "spirit, soul", and waska means "liana") - a drink that causes an altered state of consciousness, made by the local inhabitants of the Amazon basin, as well as the *Banisteriopsis caapi* liana, which serves as the main component of this drink.

Surprisingly, outwardly, this liana (if you remove the plant background from the photo) is very similar to the umbilical cord.

Ayahuasca is used in religious ordinances as a drink of power for cleansing and healing.

Scientific research in Ayahuasca dates back to the 20th century, when the active chemical ingredient B. Caapi was isolated from it and named telepatine. Later, however, its identity was established with the already isolated active element *Peganum harmala*, and therefore it was renamed harmaline.

In 2008, the Brazilian Government conducted a special study with the help of the Institute for Historical Treasures and National Arts (IPHAN), and the process of using Ayahuasca in traditional shamanic ceremonies was recognized as a national treasure of Brazil.

Peruvian authorities also consider the liana *Banisteriopsis caapi* (Ayahuasca)

national treasure, recognizing as a plant-teacher. The Peruvian government's decision, signed by the director of the National Institute of Culture, Javier Ougas Villacorta, was first published in the official newspaper El Peruano in July 2008, where for the first time the authorities openly declared that consuming the "wine of the dead" is equivalent to gaining knowledge from the spirit world. According to the National Institute of Culture, the Ayahuasca ritual is an important part of traditional medicine and is one of the foundations of the identity of the Amazonian people. The Peruvian government states that the effects of Ayahuasca have been extensively researched and are different from those commonly obtained from hallucinogens. For all the ambiguity of the attitude towards this plant among the representatives of the world of science, one thing is certain:

In folk herbal medicine, the "vine of spirits" is used as a medicinal plant for diseases of the gastrointestinal tract and for expelling parasites.

The main active components of *B. caapi* are beta-carbolines: harmine, harmaline and tetrahydroharmine, found in the bark, branches and trunk (*B. inebrians* is a variety of *Benisteriopsis* vine). The content of beta-carbolines in the vine is 0.11–0.83%, of which 40–96% is harmin.

Action. Harmine alkaloids are potent monoamine oxidase (MAO) inhibitors. When beta-carbolines enter the bloodstream, they temporarily inhibit (neutralize) the MAO enzyme, which is responsible for the metabolism (processing) of the amino acid Tyramine. Tyramine is a common amino acid normally metabolized by monoamine oxidase in the intestine. After taking substances that inhibit the action of this enzyme, MAO ceases to metabolize tyramine from food. As a result, the level of tyramine in the blood rises. Since tyramine in high concentrations affects the hormone epinephrine, this condition can lead to an increase in blood pressure to significant numbers. Monoamine oxidase also metabolizes epinephrine, serotonin, dopamine, amphetamines and tryptamines, including N, N-Dimethyl-Tryptamine (dimethyltryptamine), which is one of the main active psychedelic alkaloids of Ayahuasca. South American researchers believe that regular consumption of Ayahuasca has a very positive effect on brain function. Beta-carbolines increase the serotonergic activity of brain 5HT receptors responsible for intelligence by as much as 25% (Callaway 1994). This explains the beneficial effects of Ayahuasca in the treatment of depression, paranoia, schizophrenia and neurological diseases.

These are data on the action of the substance. But there is practically no data on the pathogenesis of the homeopathic remedy Ayahuasca. Dr. Shankaran has classified this remedy as an acute miasm of the Geraniales family. The sensation of this family: endurance and stamina necessary in order to maintain a state of activity, tension, strength for a long time. Passive reaction: exhaustion, exhaustion, immobility, worse from exertion, weakness, prostration, exhaustion. Active reaction: aggravated by movement, courageous, courageous, brave, fearless, euphoric, stimulated.

We purchased from the London pharmacy "Helios" and gave it to

homeopathic pharmacy "FITA" two preparations Ayahuasca (from B. caapi liana juice) and Ayahuasca vine (from wine made from this juice). My own experience with these drugs has been more than impressive. Analyzing the results of testing both drugs by the method of vegetative resonance test on the IMEDIS devices, it turned out "de facto" that those patients who had an effective drug from Ayahuasca wine had either personal problems with alcohol, or this problem was clearly manifested in the system the kind of these patients (alcoholism in the immediate family). We do not deal with the treatment of alcoholism, because we believe that this should be done by professionals - psychiatrists, but the fact that this drug can become a very important addition to the complex therapy of this pathology is obvious.

The results of our experience with the use of these funds have shown their high efficiency in cases of psycho-somatic - somato-psychic variants of pathologies of internal organs: gastritis, gastroduodenitis, biliary dyskinesia, intestinal dysfunction, vegetative-vascular dystonia, hypertension, especially if it has developed or worsened after death of the mother; hormonal dysfunctions of the thyroid gland, etc. On the background of its administration, the stability of the effect of manual therapy sessions and osteopathic practices increased. A single dose of the drug often removed the obstacles to cure, and the previously ineffective treatment process acquired positive dynamics. For many patients, taking this drug opened access to awareness of deep childhood pain, fear of loneliness and abandonment, with whom they have lived all their lives and the need for treatment which they have realized. At the same time, the patients noted that the conflict relationship with the mother began to be perceived much easier.

After taking Ayahuasca, especially sensitive people noted that before they only read in books that there is a Great Feminine, Maternal principle in nature, and against the background of this drug, they felt it very real. We got the impression that all older and middle-aged people, whom mothers were forced to send to preschool institutions very early in childhood, should take this drug at least once. This is a very multifaceted drug with a wide spectrum of action, which we invite colleagues to study collectively.

The use of IMEDIS devices for testing the effectiveness of this homeopathic preparation (as well as others) significantly expands the range of its use. Ayahuasca symptoms are rarely heard during a homeopathic interview. Testing this drug through the indicators of psycho-emotional burden, through the indicators of psycho-somatic pathology, through the degree of vegetative loads, etc., it is possible to reveal the high efficiency of the native (pharmacy) homeopathic drug in the treatment of these conditions, and its introduction into the circuit during the BRT session makes it possible to use it in the treatment of any particular pathology. The selection of the individual potency of the drug using the apparatus for BRT allows feeding a potency strictly specific for a given patient into the therapeutic circuit and, thereby, increasing the effectiveness of therapy.

### Clinical pimers

Patient M., 53 years old. Diagnosis: vegetative-vascular dystonia, hypotonic type, frequent headaches; chronic calculous cholecystitis; duodenal ulcer in remission. After taking Ayahuasca 1M 1 globule: on the very first night she had a dream to which she was losing her mother. Such dreams she dreamed before adolescence and were her "greatest fear in life." She realized that this fear was her main subconscious stressor. After taking the drug, she felt a powerful surge of energy, increased efficiency. The very fact of realizing her fear had a therapeutic effect, she realized that she no longer waits with horror for the moment when her mother leaves, but began to rejoice at the opportunity to communicate with her. Headaches were significantly reduced (2 episodes in 11 months of observation), blood pressure did not fall below 110/70. There were no complaints from the digestive tract.

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