

## Time "inside" and "outside"

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In the process of development, all living organisms have gone through a certain stage of formation in various environments. At first it was the sea (for a person - this is the prenatal period), then land (for a person - this is the moment of birth and the first years of life), the actual stay on earth and the end point for all living things in the form of biological death (with the body staying underground). In different habitats, time signals differ in their density (meaning the density of the probability distribution of various states of the system under consideration). It is known from quantum physics that the higher the density of states of the system, the greater the possibilities for solving various problems, including the problems of self-realization. The received signals can be defined as some characteristics of the supersystem, synchronously associated with the inner time of a person:

1. The interaction of a person with supersystems is associated with the moment of birth and the coordinate system of stars and planets, which is reflected in the natal chart.

2. This is social time, the environment in which the life of the individual takes place. Technological progress, on the one hand, multiplies the biological and mental temporal capabilities of a person (the speed of his intellect, memory, etc.), and on the other hand, leads to a distortion of biological rhythms, a change in the body's ability to adapt, as well as the course of adaptation reactions. ...

3. This is the internal time of a person - time encoded in a certain way the course of biochemical, psychophysiological, regulatory processes. For example, the time of protein synthesis at different ages of a person is different: in the process of fetal formation in 9 months, growth from zygote to fetus occurs, the formation and differentiation of organs and tissues. It can be assumed that at the beginning of human ontogenesis, internal time is maximal in efficiency, i.e. the subjective perception by the fetus of the density of this time is minimal (almost unconsciously), but with age it becomes more and more objective.

In the course of aging, the rate of the same biochemical reactions decreases markedly, the regeneration processes become less effective, and the course of chronic pathological processes becomes longer. With age, the "time deficit" for the human body becomes more and more relevant, the density of time decreases, limiting the options for the probability of states (responses).

Based on the above assumptions, there is a possibility of practical correction of chronic inflammatory diseases, long-term processes in organs and systems, with the help of certain signal-time preparations obtained in various environments (sea, cave, underground).

The drugs used in these cases can have great potential and the possibility of being used in therapy, both in pure form and as a marker for solving various problems associated with both regeneration and aging of the human body.

If earlier the human body usually reacted to this or that situation in one way, familiar to it, then by increasing the likelihood of various conditions, we give a greater choice in the ways of interaction and adaptation.

#### Bibliography

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