## Combination of ART test and homeopathic repertorization in the clinical work of a neuropsychiatrist N.V. Kartashova (MONIKI named after M.F. Vladimirsky, Moscow, Russia)

In the clinical work of a neuropsychiatrist, patients with complaints of sleep disturbances, dizziness and tinnitus are quite common. At my appointment, the law of paired cases was observed. I was approached by two men from different age groups (35 years old and 65 years old). They were united by a similarity between complaints and military professions. One (35 years old) serves in the criminal investigation department, the second (65 years old) went through the Afghan, Chechen and Iraqi wars, was in captivity.

I suggested an ART examination of these patients. When examining:

- 1. The load of 1, 2 degrees was tested. In the future, perhaps it is expedient to conduct research to identify correlations between mental stress and the existence of foci of arousal, possibly epi foci.
- 2. The indicator Epiphysis D3-D4 was tested, which can be interpreted in in particular, as depletion of epiphyseal regulation.
- 3. Hippocampus D12-D15, which we regard as disorders in the limbic sphere.
  - 4. Test for shock resistance the test is positive.

Further, seeing this picture of pronounced tension of the limbic structures, I carried out repertorization according to the selected parameters (agitation, difficulty falling asleep, dizziness). I was offered 5 significant homeopathic remedies - Lachesis, Nux vomica, Sulfur, Hyoscyamus, Stafizagria

VRT pointers were recruited by me earlier tested. The most effective drug was GIOSCIAMUS, which was more than surprising for me, because I believed that the use of this drug is more appropriate for patients with delusional disorders in a psychiatric clinic.

Shankaran's description of Hyoscyamus is as follows: "There is a great fear of being left alone and independently confronting the danger of the outside world. The acuity creates a kind of madness that is silly, silly. The patient tries to attract attention with silly behavior that is so funny that it can cause laughter. Like other remedies for the acute miasm of Hyoscyamus, the person is excitable, and the symptoms come and go suddenly. This person has a strong sense of danger and threat of violence."

Conclusions: Life-threatening military work createsincreased activity of brain structures. However, in a peaceful life, this pathological dominant focus continues to exist with conditions of active energy consumption (increased blood circulation, glucose uptake) with the robbery of other brain structures and the formation of neurological problems. Treatment of neurological and psychological disorders in these patients proved to be highly effective in

the background of the use of the drug Hyoscyamus, first at 30, then at 200 potency. Further, the drug was no longer tested. Other true constitutional remedies were prescribed to these patients with good clinical results.

Kartashova, N.V. Combination of ART test and homeopathic repertorization in the clinical work of a neuropsychiatrist / N.V. Kartashova // XXI International Conference "Theoretical and Clinical Aspects of the Application of Bioresonance and Multiresonance Therapy". - M .: IMEDIS, 2015 .-- S.153-154.

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