

Algorithms for clinical application of the P5 brain rhythms program

IN AND. Reshetilov¹, M.V. Vlasenko¹, O.A. Vorobieva²

(¹city of Budapest, Hungary; ²Zaporozhye, Ukraine)

Introduction

At the XX International Conference in our article we presented a general description of the practical application of rhythm programs.

In this article, we offer an analysis of the practical application of one of the programs - brain rhythms - P5 "Rest programs".

Purpose of the study

To study the possibilities of various options for the complex application of the program of brain rhythms P5 and other types of endogenous and exogenous bioresonance therapy.

Draw up specific guidelines for the use of such complex therapy for various pathologies.

Material and research method

The work was carried out on the APK "IMEDIS-EXPERT", the version of the software is standard, constantly updated.

This article summarizes the methodological techniques for the practical complex application of the P5 program over the past five years, using the example of the treatment of more than 250 patients of different age groups with various pathologies.

Results

Practical use of the program: program P5 is set for 25 minutes, i.e. we use the entry phase and the "working segment", completely excluding the exit phase. The program is rarely used on its own. It is usually used against the background of some specific endogenous or exogenous bioresonance therapy.

The following amplitude (%) of the P5 brain program was used:

- 3 - in children under 5 years of age;

- 5 - in ordinary patients;

- 7 - in patients who are difficult to treat;

- 30-100 - for remote use of induction devices. In all cases of application - bipolar impulse.

Locations of magnetic therapy devices (UMT):

- head - "loop" or "belt";

- head - "loop" or "belt" + solar plexus - round inductor;

- solar plexus - a round inductor. Time and frequency of using the program:

- sporadically - during the patient's appointment;

- 6 sessions of therapy, once a week in combination with sessions of endogenous BRT;

- therapy at home - a course of 2 weeks on the device "MINI

EXPERT-T ", daily or at least 3 times a week.

Further, we present all the options for the complex application of the P5 program, used and tested by us in our work.

Clinical applications of the P5 program

Option 1

The first 25 minutes. P5 programs; it is used on its own very rarely.

Option 2

25 minutes P5 programs together with endogenous BRT in rocking mode 15 min. + 10 min. with various pathologies. More often this option is used for inflammatory diseases of the respiratory system, digestive, urogenital tracts, with arthritis and myositis.

Option 3

25 minutes programs P5, subsequently - 7.0 Hz, up to 20 min. ("EPT" program window, therapy mode - tabular, impulse - bipolar, amplitude 5%). In this version, we lengthen the working segment of the rest program to 40 minutes. This time, as a rule, is sufficient not only for the general calming of the body, but also for the correction of psychosomatic disorders of the heart, blood circulation, autonomic disorders of the gastrointestinal tract. This application is best suited for older patients.

Option 4

25 minutes programs P5, after which - P22 ("Schumann Waves") - to the energizing part. Most often, this option is most effective for patients living and / or working in modern reinforced concrete buildings. Their main complaints are low concentration and headache.

Option 5

25 minutes programs P5, then - P7 ("Children's program") - the first 20 minutes. this program. This option is recommended for everyone who finds the Children's Program suitable. The rest program creates a favorable background for increasing the activity of P7.

Option 6

25 minutes program P5, after - 3.0 Hz, 20 min., therapy mode - tabular. This combination is intended for patients with sleep disorders. In the elderly, it is usually combined with endogenous bioresonance therapy in swing mode with a selected homeopathic recipe.

Option 7

25 minutes program P5, then - our "Universal program" with the help of 2 inductors (you can use one, but it is more convenient to use two), for 15 minutes, amplitude - 15%, the skin of the face, neck and décolleté is processed. This therapy option is used for cosmetic purposes.

Option 8

25 minutes program P5, then - with a frequency of 10.0 Hz, for 15 minutes, at an amplitude of 10%, the skin of the face, neck and décolleté is treated with roller electrodes. This option is also used for cosmetic purposes.

Option 9

25 minutes program P5, subsequently - with a frequency of 10.0 Hz, for 15 minutes, with an amplitude of 20-30%, roller electrodes are applied to painful spots in myositis, myogenic foci. Most often these are the following areas: shoulder girdle, paravertebral region, lower back.

Option 10

25 minutes programs P5, after - UMT "loop" or "belt" from the head is moved to the stomach, or to the stomach and (or) thigh, a program of 2 frequencies is switched on: 45.5 Hz and 34.5 Hz, amplitude 9%. The duration of this part of the therapy is a maximum of 15 minutes. This therapy is used to train muscles (tone up), against obesity and evening bulimia.

Option 11

25 minutes programs P5, after - 6 or 12, or 18 min. - hypotensive program. Frequency programs E 16, E11, E175, E58, E178, E14, E131, E132.

Option 12

25 minutes programs P5, after within 10 min. antihyperglycemic frequency 9.2 Hz (type II diabetes).

Conclusions:

1. The program of the rhythms of the brain P5 is the "Rest program". Based the possibilities of practical application of this program for various pathologies, it can be part of a comprehensive treatment in the form of a kind of unified brain program.

2. The P5 program can be used in almost all patients, supplementing it other types of endogenous and exogenous bioresonance therapy.

3. Proposed options for the integrated application of the P5 program and others types of endogenous and exogenous bioresonance therapy increase the clinical effectiveness of the treatment.

Reshetilov, V.I. Algorithms for Clinical Application of the P5 Brain Rhythms Program / V.I. Reshetilov, M.V. Vlasenko, O. A. Vorobyova // XXI International Conference "Theoretical and Clinical Aspects of the Application of Bioresonance and Multiresonance Therapy". - M.: IMEDIS, 2015. -- pp. 144-147.

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