

Own approaches to treatment  
acute respiratory viral infections and influenza  
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The treatment regimen for patients with acute respiratory viral infections and influenza includes the effect on the causative agent of the disease (entropic treatment) and on the macroorganism (basic, pathogenetic and symptomatic therapy). The complex of treatment includes drugs and agents that strengthen and stimulate the immune system. The peculiarity of the development of these diseases is that the pathological process is localized, first of all, in the epithelium of the upper respiratory tract. During the treatment, homeopathic preparations were used - representatives of interferon inducers, which are in the selector "IMEDIS-EXPERT", which have three main actions:

- anti-virus;
- antineoplastic;
- immunomodulating.

The isolated interferons affect all stages of viral reproduction, suppressing the multiplication of numerous respiratory viruses, and do not damage the macroorganism's own cells with a sufficiently long antiviral effect and a high therapeutic effect. In addition, drugs help accelerate the apoptosis (death) of viral cells, preventing them from multiplying.

Promising drugs with antiviral effect - interferon inducers - have found wide application in practice. One of the representatives of interferon inducers, which we used in our practice, is the organopreparation Thymus, which has a stimulating effect on the thymus endocrine gland - the thymus and immunocompetent systems of the body, increasing the ability to produce its own (endogenous) interferon. The formation of endogenous interferon is a more physiological process in comparison with the introduction of large doses of artificial interferon. This inducer of interferon "organopreparation thymus" is a means of activating cellular natural immunity. It stabilizes and corrects adaptive immunity, restores the cytokine system. In turn,

Organopreparation Thymus has a high immunostimulating activity and the absence of pyrogenic properties. In acute febrile inflammatory diseases, treatment with thymus begins with a dilution of D30, decreasing as the patient's condition improves to D20, 15, 12, 10 and 8. In chronic degenerative diseases, low potencies are used, starting with D4, increasing with improvement to D5 and D6. For mixed forms of inflammation with simultaneous degradation, alternating doses of low potencies - D4, D3 and medium potencies D5, D12, D10 of a homologous organic preparation are used.

Another effective immunomodulator is Cytomix. It is powerful

a stimulator of a nonspecific immune system, used as a "central element" in complex therapy (together with an organopreparation Thymus), which requires stimulation of cytokines. Cytomix is a specialized activator of the immune system that enhances its response when pathogenic microbes and parasites enter the body. The drug is used both for the prevention of infections and for the treatment of already ill patients with acute and recurrent forms, enhancing nonspecific immunity. Cytomix contains Th1 and Th2 cytokines, which, in combination with each other, are responsible for the immune response and help a better distribution of B-lymphocytes, T-lymphocytes and other immune bodies, accelerating recovery. In addition, Cytomix has powerful anti-inflammatory properties, therefore it is very effective in acute processes.

The group of adaptogens Dying tail of newt, presented in potency - D0, D1, D3, D6) is closely related to the group of immunomodulators. This drug increases the adaptive capabilities of the body, enhances efficiency and resistance. One of the mechanisms of action of the newt adaptogen is an increase in nonspecific resistance to infectious diseases. The mechanism of their action boils down to improving energy metabolism, normalizing the activity of the central nervous system, improving neuromuscular conduction, a positive effect on the endocrine system and activating the immune system (especially the function of phagocytes), which leads to an increase in the body's resistance to infectious diseases and various unfavorable external factors. Wednesday.

The next homeopathic remedy we use for a viral infection is Homeovox. It contains mainly homeopathic components that have an anti-inflammatory effect in pharyngolaryngitis. Homeopathic information of the following plant elements is presented as part of Gomeovoks: aconite pharmacy, calendula, Kandikan poplar, burnt sponge, arizema three-leafed, belladonna, dioecious, as well as trace elements such as iron phosphate, mercury soluble according to Hahnemann and Gannemann's limestone liver dichromate. Homeovox is recommended for use in pharyngolaryngitis of various etiologies, with loss of voice, hoarseness and hoarseness of the voice and fatigue of the vocal cords, as well as with running rales in the trachea.

A feature of the use of the above drugs is: cytomix and thymus in one formulation and in a separate formulation homeovox. In acute conditions, the patient is prescribed drugs in dosage - five balls every hour during the first day, on the second day - five balls every two hours, on the third day - five balls three times a day. It is possible to adjust the use of the drug, taking into account the patient's state of health. The use of adaptogens - no more than three times a day, five balls.

One of the features of the use of homeopathic medicines is

in the fact that no viral resistance is formed to them. An example is the use of the homeopathic drug Oscillocochinum, the effectiveness of which has been proven in foreign and domestic studies by more than seventy years of experience in medical practice.

Attention should be paid to the fact that the treatment of acute respiratory viral infections and influenza must be carried out in a comprehensive manner, taking into account the drugs listed in the article, as well as, if indicated, with the use of allopathic medications, depending on the severity of the process and the presence or absence of a complicated course of diseases and the addition of secondary infections.

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