

## Case from practice

V.V. Larina

(Office of energy-informational medicine "ART-Diagnost", Saratov, Russia)

### Clinical example

Patient A.N., 20 years old. I came to the appointment with my mother, complaints of irritability, aggressiveness towards relatives, absent-mindedness, forgetfulness, passivity, lack of initiative, decreased academic performance. According to his mother, in the summer of 2013 he came home for the first time "strange as drunk", but without the smell of alcohol. After about 6 months, the above complaints appeared, dropped out of school, quarreled with a girl, there were unmotivated outbursts of aggression, destructive actions. He confessed that he had been smoking spice for a year.

Testing has been carried out to identify drug use. Tested positively:

- the sum of the amounts;
- amount No. 2;
- tetrahydrocannabinol;
- Chui marijuana D8-D200;
- hashish D8-D200;
- designer drugs # 1;
- Meo-Dalt D8-D200.

Mental load of the 6th degree was also tested, the average RA of the 1st degree. Were selected drugs from the company Guna (Roy Martin - "Change in lifestyle"), SBP "Sun", SDA "Double ZhK", "Source from someone else's anger and hatred", LF. Induction program # 1 was carried out. Then the patient visited the doctor once a month for 4 months, according to the test results, drugs were prescribed by the company "Medpharma" ("Psychosocnaggia"), "GUNA", SDA, SBP, induction programs of brain rhythms. The condition improved, became calmer, improved relations with relatives, made peace with the girl, liquidated debts at the institute and was transferred to the next course. At the last visit, he expressed a negative attitude towards drugs and a desire to further cope with the problem on his own. Follow-up - 10 months.

After the treatment, the results of testing for the use of drugs changed: the time frame moved accordingly and the amount of sums and sum №2 were no longer tested. A slight decrease in the measuring level was caused by pointers to designer drugs (questionable result), Chui marijuana was tested positively.

A similar set of narcotic substances was tested in 10 people, including 4 recruits in case of poisoning with an unknown substance at the regional collection point, which made it possible to assume the likelihood of using spice by them.

### Literature

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