

Retrospective analysis of the use of the vegetative resonance test "IMEDIS-TEST" in the diagnosis of various pathologies in adults and children E.G. Avanesova¹, M.Yu. Gotovsky¹, L.B. Kosareva¹, D.G. Bocharov¹, E.B. Teterina, T.S. Avanesova, D.A.Sitel
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The main feature of medical science at the present stage of its development is the rapid introduction of new diagnostic and therapeutic methods and technologies for earlier and more reliable detection and, accordingly, more successful treatment of various diseases.

Electropuncture vegetative resonance test (ART), developed in 1978 in Germany by the physician H. Schimmel, is today one of the well-known methods of complex diagnostics of human health.

Thanks to the scientific and practical research carried out at the IMEDIS Center for many years aimed at the development and improvement of the ART method, this technique is now known in Russia and abroad under the name "Vegetative resonance test" IMEDIS-TEST "[1].

For 15 years we have been using the method of vegetative resonance test (ART) "IMEDIS-TEST" in the complex diagnosis of various pathologies at the following clinical bases:

1. Center for manual therapy in Moscow (chief physician - Professor AB Sitel).
2. Consultative and diagnostic center of the children's polyclinic №81 in Moscow.
3. Central Polyclinic No. 39 of the Navy, where, within the framework of the scientific research work to study the effect on the body of various types of loads (radiation, electromagnetic, psychological), a survey of submariners, military personnel who served in hot spots and veterans of special risk units was carried out.

This article presents a statistical retrospective analysis of the results of 15 years of clinical practice using the ART method "IMEDIS-TEST" for the diagnosis of various pathologies in adults and children (a statistically representative sample consisted of 13236 patients - 8364 adults and 4872 children (of which under the age of 1 1630 children) .The distribution of patients by age and nosological categories is presented in Table.

table

Nosological category	Children and adolescents (total 4,872 patients)			Adults (total 8 364 patients)
	Children under 1 of the year	Children of early and preschool age (1-7 years)	Children school age and teenagers (7-18 years old)	
Astheno-neurotic state (headache, increased fatigue, irritability, decreased performance, emotional lability, sleep disturbances)		37	458	1797
Depressive disorders			84	336
Obsessive-phobic neurosis			21	317
Hypochondriacal neurosis			17	301
Migraine and cephalalgia of various etiologies		29	482	1159

Vegeto-vascular dystonia		29	584	1323
Neurotic reactions (enuresis, logoneurosis) and neurosis-like syndrome (enuresis, logoneurosis)		218	19	
Hyperkinetic syndrome of various etiologies		116	42	42
Consequences of closed craniocerebral trauma (CCI) - concussions and bruises of the brain	28	72	64	201
Epilepsy and epi-syndrome of various etiologies		44	89	293
Consequences of perinatal encephalopathy	1602			
Delayed psycho-speech and motor development		128		
Minimal brain dysfunction		97	31	
School phobia			48	
Frequent and long-term ill children (CHDBD)		139	62	
Biliary dyskinesia		122	78	1010
Duodenal ulcer		eleven	29	208
Bronchial asthma		38	54	299
Hypertonic disease				910
Diabetes mellitus type 1 and 2				168
TOTAL	1630	1080	2162	8364

In addition to diagnostics by the ART method "IMEDIS-TEST", all patients underwent a full range of clinical and laboratory and necessary (depending on the nosological form) instrumental examinations:

1. General blood test.
2. General analysis of urine.
3. Biochemical blood test.
4. Electrocardiography (ECG).
5. Electroencephalography (EEG).
6. Examination of the fundus.
7. Rheoencephalography (REG) or Doppler sonography (depending on indications and age).
8. Ultrasound examination (ultrasound) of the abdominal organs and kidneys.

According to the indications, computed tomography (CT) and magnetic resonance imaging (MRI) were performed.

Considering the results of long-term observations of patients with various pathologies, both adults and children, it is necessary to note those features of ART "IMEDIS-TEST", which provide the possibility of timely and comprehensive examination of the patient at the present stage of development of medicine:

- preclinical nature of diagnostics. According to our data, the results of testing by ART "IMEDIS-TEST" are ahead of the corresponding parameters of ultrasound diagnostics by an average of 4-6 months, and EEG and REG studies by an average of 3-4 months. In addition, the method allows at the preclinical stage of pathology development to determine the state of integrative indicators, such as biological and photon indices, adaptation reserves, and the state of mesenchymal metabolism. The possibility of such a global assessment of the state of the body even at the stage of pre-pathology provides the doctor with a unique

- the possibility of timely prevention of diseases;
- high information content of the method. The clear correlation revealed by us between the results of diagnostics by the ART method "IMEDIS-TEST" and the data of instrumental studies make it possible to use the method both in differential diagnostics and in a comprehensive assessment of the state of human health;
- the physiology of the diagnostic procedure;
- harmlessness to the body;
- painlessness, which must be taken into account when working with patients with certain nosological forms (for example, phobic disorders) and when working with children.

It should be especially noted that diagnostics using the ART method "IMEDIS-TEST" allows to identify etiopathogenetic, so-called resonance-informational connections, which are always individual for each patient during the development of the disease. This makes it possible not only for an individual approach to each patient, but also for studying the deep mechanisms of the onset and development of pathology in the body.

The results of our many years of clinical practice indicate that the ART method "IMEDIS-TEST" presupposes a systematic, integrated approach to the occurrence of a pathological process in the body. Such diagnostics, in our opinion, provides, in turn, the possibility of adequate effective treatment of pathology and timely prevention of diseases.

Thus, the studies carried out over 15 years show that the use of the ART method "IMEDIS-TEST" in the clinical activities of doctors of various specialties opens up new directions at a qualitatively new level of work at the present stage of development of medicine.

Literature

1. Gotovsky M.Yu., Kosareva LB, Fedorenko SI, Perov Yu.F. Electropuncture vegetative resonance test. - M.: IMEDIS, 2013.

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