Use of IMEDIS equipment for cosmetic procedures
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Correction of aesthetic problems of a person's appearance is one of the most important areas of personality development.

Most of the terminological apparatus and methods of exposure are based on the achievements of dermatology, physiotherapy, restorative medicine, cosmetic chemistry, and in recent years, on the achievements of orthopedics.

Methods of electro-, magnetic, light therapy and bioresonance therapy refer to the direction of therapeutic cosmetology, which contains in its arsenal: methods of using external cosmetics for cleansing, nourishing, moisturizing and toning the skin; massage techniques (including LPG endermology); injection techniques: mesotherapy, botulinum therapy, contour plastics; physiotherapy (hardware) techniques: laser therapy, phototherapy, pressotherapy, magnetotherapy, ultrasound, electric currents and many other physical factors affecting the body to solve aesthetic problems.

Over the past 15 years of work on the IMEDIS equipment, along with the diagnosis and treatment of various diseases, experience has emerged in solving aesthetic, cosmetological problems of patients, which made it possible for the first time to formulate the basic principles and algorithms for using the IMEDIS equipment in cosmetology practice.

The main advantages of using electropunctural diagnostics and bioresonance therapy in cosmetology are:

- 1. Physiological compatibility with bioelectrochemical processes organism.
- 2. High selectivity for various physiological and pathological processes.
 - 3. Biological feedback in the course of exposure in time.
 - 4. Correspondence with standards electromagnetic constants.

home task cosmetology macro level corrections on restoration of the connective tissue of various organs, which leads to the normalization of their function. This applies to both internal organs and the skin and subcutaneous tissue and is used in a number of techniques from the standpoint of nervousism. This is due to the significant representation of facial structures in the projection areas of the brain. BRT affects the activation of metabolic processes and at the cellular level are involved in the mechanisms of transport of various ions. In a number of techniques, organopreparations of human tissues, tissues of the umbilical cord and placenta, human chromosomal apparatus and DNA are used according to specially developed algorithms. That is, the use of the IMEDIS equipment in cosmetology is, in fact, a highly effective physiological procedure of the so-called electroporation.

The study of external and internal factors of influence plays a special role.

through the skin. The skin is one of the most intricately organized organs of the human body. It complements the functions of internal organs, in particular, it removes products that are not excreted by the lungs and kidneys. The epidermis of the skin is a good obstacle for all kinds of harmful substances, pathogenic microbes, etc. The skin plays an important role in heat exchange. Intensive metabolism also takes place in the skin.

Basic rules for choosing bioresonance therapy: the response of the body, the same type of response (synergism), general and specific algorithms, strengthening and weakening of effects, the sequence of effects in the algorithm.

The experience of practical application made it possible to draw up the main indications for the use of bioresonance therapy in cosmetology: lifting, non-surgical correction of the face oval; treatment and prevention of wrinkles; treatment of hyperpigmentation (including photoaging); care for hypersensitive skin; treatment of oily and problem skin (acne, post-acne); treatment of rosacea, rosacea; hair loss problems; treatment of flabby atonic skin; lifting of the breast and gluteal region, anti-cellulite programs; therapy of edema, lymphostasis, management of clients after liposuction; pre- and postoperative preparation for plastic surgery.

Exogenous bioresonance therapy in aesthetic medicine is a modern method that, among other things, allows the introduction of components into skin cells that do not normally penetrate through the epidermal barrier and are not carried out by another physiotherapeutic method: ions; hydrolyzed collagen; high and low molecular weight fractions of hyaluronic acid; plant extracts.

The average duration of the course is 10–12 sessions, once a week. The effects become noticeable after 3-5 treatments. The effect can last up to 2-3 years. Supportive sessions are performed individually, if necessary, once a month. Of course, the rate of change depends on age, hormonal levels, skin type, severity of the problem, lifestyle.

Good results are obtained by cosmetic electropuncture procedures used to prevent and eliminate mimic wrinkles (forehead, bridge of the nose, "crow's feet", "purse-string" around the lips), ptosis (drooping) of the cheeks, alignment of the cheekbone line, which significantly improves the oval of the face and skin elasticity ... The use of alternating magnetic field therapy stimulates the production of elastin and collagen, correction of the nasolabial fold, lifting the corners of the mouth up, reducing or completely eliminating the double chin. Corporate electropuncture and activation of lymphatic drainage reduces swelling of the face and area around the eyes. The detoxification program improves skin color.

Good results are obtained by the use of light color therapy and color light-puncture combinations.

The use of exogenous and endogenous BRT, light color therapy and color light-puncture combinations is an effective way to solve cosmetological problems.

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