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Epigenetics and ART G.Yu. Andreichenko (Vorkuta, Russia)

If we talk about the greatness of people, then it is not so much in the ability to change the world, how much in the ability to change ourselves. Mahatma Gandhi

At the XIX International Conference on Bioresonance Therapy and the subsequent seminar, N. Kempe raised the issue of the use of epigenetic approaches in the treatment of diseases of various etiologies using the capabilities of the hardwaresoftware complex "IMEDIS".

The topic is very difficult to understand from the standpoint of official medicine. I want to share my vision of this issue.

Epigenetics (Greek epi - above, above, external) - in biology, in particular in genetics - is the study of the patterns of epigenetic inheritance - changes in gene expression or cell phenotype caused by mechanisms that do not affect the DNA sequence. Epigenetic changes are preserved in a number of cell mitotic divisions, and can also be transmitted to the next generations during meiosis. Examples of epigenetic changes are DNA methylation and histone deacetylation, both of which lead to suppression of gene expression. (Wikipedia)

When constructing concepts, epigenetics are based on data obtained from the study of identical twins, which have a completely identical genetic code. They are carried in the same womb and are usually brought up in similar conditions (thus, the influence of the educational moments of the environment is excluded). But at the same time, they are realized during life in society absolutely differently.

- everyone has their own character, their hobbies and preferences. It is impossible to explain these differences from the standpoint of official medicine. But with the help of the principles of epigenetics - it is quite possible.

Reflections on this topic can be started in the only way - to understand what our "software" is, ie. DNA. You need to understand how it works, how it works. Then we can find an approach to solving this problem.

Each person is, in fact, a living biological computer. And like a computer, it has software, which is represented by DNA, the visible part of which is enclosed in chromosomes. According to various authors, the "visible" (by the methods of modern medicine) part of the DNA is from 1.5 to 4%.

What can we do with DNA research today? We all know this - chromosome scans, paternity identification, remains identification. This knowledge does not provide answers to all the questions that arise before researchers. It is logical to assume that there is some kind of "invisible" part of DNA, which, according to various authors, makes up 96–98 percent of our software. Epigenetics call this part - EPIGEN. Petr Gariaev calls it the WAVE GENOME. In esoteric literature - Lee Carroll (Kryon channelings) - calls this part MAGNETIC, or "Junk", DNA.

In my 2007 article ("General Approaches to Therapy") I gave a diagram of our life

space. I took it from the 7th book of Kryon "Letters from Home", 2006. This diagram shows our energy shells. Each of us has a mortal part - those shells that we gain in one incarnation in the physical world. This part includes the physical, etheric, astral and mental shells. And each of us has an immortal part - this is our soul, the shells belong to it, starting with the karmic one. I believe that it is the immortal part of our soul that is the epigenome. In the proposed algorithm, work with this part of our being is work at the level of the soul, spirit and superconsciousness.

It is logical to assume that the invisible part of DNA has the same structure as its visible part. In the visible part of DNA, which is enclosed in chromosomes, there are genes that are responsible for our external, visible signs - eye color, hair, body shape, etc. Moreover, we know that in each person, separately taken chromosomes are responsible for similar signs. Therefore, in the invisible part of DNA there are "genes" that are responsible for our realization in society - character traits, preferences, etc. Since we are all made in the image and likeness of God, it is likely that the sequence of these genes is ordered in some way.

If genes in DNA are blocked (in epigenetics, the term methylation is used), then the correct expression (manifestation) of some trait does not occur. In 2007, in the article "General Approaches to Therapy" I gave such a comparison: all the spiritual qualities of a person that he develops while living in the material world can be figuratively compared - "grass in a meadow." If there is a stone on the grass, the grass does not grow from under the stone. So it is with genes - if a gene is blocked, then it will not be able to manifest itself. If we can find an approach to working with methylated genes, then there is a chance to help a person develop the qualities for which this gene is responsible.

In the visible part of the DNA (chromosome), genes can be blocked by miasms (for more details, this information is in the works of Schimmel). In the invisible part of DNA, gene methylation occurs according to the laws of the information field. What can work by blocking this part of DNA?

First, these are the so-called verbal (verbal) blockages. We know the work of the Japanese scientist Masaru Emoto, who experimented with water. If we say beautiful, kind words to water, then when it freezes, it forms beautiful symmetrical hexagonal crystals. If you say bad, evil words to water, deformed crystals are formed during freezing. We are 85% water. If we are told bad words, and so much the worse if we think badly of ourselves (thoughts are material) - what kind of even, harmonious aura can we talk about? In fact, there is a blockage of the possibility of realizing in life the tasks with which we came to the material world. Several years ago there was an advertisement on television: a child in a room where many objects were hung on the walls (guitar, skates, skis, paintings, etc.) ) a voice-over said - what will grow out of you, you will not succeed, you are punished for something, I will tell my father, etc. And gradually those objects disappeared from the walls, which he could not learn to use. Conclusion: we need to clearly control all our words, thoughts, actions, tk. this can block our opportunities for implementation in society.

Secondly, these are external injuries, of the type - evil eye, damage, curses. The Bible notes that curses can persist in the lineage program for up to seven tribes. The most severe curses are imposed by relatives of the older generation on the younger ones. But in order for the curse, damage, evil eye to work, it is necessary that in the very man had some kind of clue for this. In my 2011 article "Recovering Spiritual Health" I wrote about the hooks for thoughtforms that are in our subconscious. It is to them that the external negative is "glued". Conclusion: we can only work with our complexes so that the external negative "does not stick" to us.

In order to help a person become healthy in all respects, we need to restore the "software". Basically, you need to collect "beads" from genes. If we work randomly, nothing will work. We "wash" individual beads, but do not fasten them together.

The proposed algorithm, on which I have been working for more than 10 years and every year I confirm my developments with statistical data, makes it possible to work on my "software" in the system. The first year of work (two stages - preparation, the third stage - work with miasms) makes it possible to restore the first large "bead" (visible part of DNA), to which we can further "tie" all other beads.

Then comes the stage of antimycotic therapy. The rationale for this stage is in the 2005 article "Therapy of deep mycoses". Today it is already clear that mushrooms are energetic entities that feed on our emotions, primarily fears. These are creatures of a parallel world who do not want us to remember - who we are, what we are and how we can take our lives into our own hands. It is they who close the entrance to the epigenome, or wave genome.

When we start working with karmic programs (see the algorithm), this is already working directly with the invisible part of DNA. According to the proposed algorithm, in a certain sequence, step by step, step by step, we restore our software, unblock methylated DNA. Working out each negative program takes time, because we need to develop a new stereotype of thinking, change character traits so that there are no "hooks for thought forms" left in our subconscious, to which negative from the outside can "stick".

I would like to thank M. Shraibman once again for providing us with two diagnostic scales - the Connective Tissue and the State Scale. It is their application that makes it possible to quickly and efficiently select and control the work on the restoration of the genome. According to D. Church, the crystal structure of collagen molecules gives rise to one amazing property of our connective tissue: it is a semiconductor in our body. In addition to their other qualities, semiconductors are capable of storing energy, amplify the signal, filter information and transmit information strictly in one direction. In other words, the connective tissue system is capable of processing information, just like semiconductor chips do.computer. Think about the communication possibilities of this structure: eachan organ of the human body that functions as a liquid crystal semiconductor in the form of a connective tissue system.

The electrical capabilities of the connective tissue also explain how cells manage to communicate with each other at a faster rate than that provided by the transmission of nerve impulses. (The work of Dr. James Oshman, PhD, "Energy Medicine in Human Therapy and Functioning"). Physiology and consciousness form a permanent and inseparable feedback loop rather than two separate processes. Oshman calls it living intercellular substance and sums it up with these words: "Connective tissue and cytoskeleton form a structural, functional and energetic continuum that extends to all corners of the body, even to cell nuclei and genetic material. Within this living intercellular substance, the rapid generation, conduction, interpretation and transformation of all forms of energy is carried out in clever ways. Not a single part of the body is separated from this intercellular substance. "The resonant nature of the living intercellular substance also suggests that the system of connectivetissue can be a quantum resonator, conducting signals from a quantum fieldThe universe is in the body, and from the body to this field. Signals from the brain are instantly distributed throughout the body through the energy-conducting intercellular substance. Every thought that arises in consciousness echoes in the communication system of connective tissue, turns on some genes, turns off others and leads either to a state of stress or to healing. Understanding this opens up new vast prospects for the possibility of self-healing [3].

"DNA goes far beyond the chemical structure and is a particle of the Divine Self and the Higher Self. All elements of DNA interact with each other, and it is whole. DNA activation comes with awareness.... Since you are referring to the innate awareness DNA system, it knows what you are trying to do! But the truth is that DNA awareness allows it to decide for itself which layer or energy to work with. DNA is not a machine. You must begin to perceive DNA as something dependent on itself. When one part changes, the adjacent one also becomes another "[5].

The proposed algorithm conducting patient reflects rational the sequence of activation first of the visible part of DNA, and then of the invisible part of it. Tested on a large number of patients (see statistics).

I continue to work on the algorithm. I would like to share a few more steps of therapy.

Dominant focus harmonization

The control criterion at this stage is Kuprum met. D200. It is located in the VRT indexes, folder Geopathogenic load - GPN, double zone. Pointer to the problem - focal load, the presence of a dominant focus, Tuya D200.

I argue - there is a methylated gene in the epigenome, which is responsible for the possibility of a dominant occurrence. If there is some irritant in our field, then we keep part of our attention here all the time, we think about it all the time. And where our thought is - there is our energy! If there is a fix idea in our subconscious, then the energy shell becomes uneven and vulnerable. To harmonize the dominant focus does not mean to remove this irritant, but to reduce its significance. Part of the attention will be there, but other aspects of our being will not be left without energy. In this case, gene expression is the ability to maintain a "perimeter defense".

I build a chain: Epiphysis \$ 7 (the measurement level does not decrease) + Presence of a dominant focus of Tui D200  $\downarrow$  + target organ (more often - brachial plexus)  $\uparrow$  + medication  $\downarrow$ . I select the dose and regimen of the drug, drugs with a psychological bias are more often tested. I check the prepared preparation according to the control criterion. The preparation period is 2–2.5 months. Harmonization of the primary affected organ

Control criterion at this stage - Primarily affected organ Zn met. D400. It is located in the indexes of ART, the folder "Determination of the affected organ". Pointer to the problem - Acidity 6 tbsp., Is in the folder "Violation of acid-base balance".

Reasoning: there is a methylated gene in the epigenome, due to which, at the level of the physical body in all incarnations of this soul, some organ begins to manifest itself first, i.e. dominates at the level of the physical body and "pulls" on itself more energy. We cannot say which of the organs is more relevant for us - everyone is needed and important!

Gene expression in this case is an even supply of energy necessary for the work of all organs without exception.

I build a chain: Epiphysis 7u.u. (The measurement level does not decrease) + Acidity 6 tbsp.  $\downarrow$  + target organ (more often - brachial plexus)  $\uparrow$  + medication  $\downarrow$ . I select the dose and the regimen for taking the drug, more often with a psychological bias. I check the prepared preparation according to the control criterion. The term is 2–2.5 months.

Harmonization of the meridian with maximum disturbance

Control criterion at this stage - Radioactive load 4 st. It is located in the VRT indexes, the "Radioactive load" folder. Pointer - Meridian with maximum Zn met violation. D60. It is located in the folder "Meridian chords, FM and MCP".

This stage is similar in meaning to the previous two. The epigenome contains a methylated gene, due to which one of the meridians "takes" more energy on itself, ie. dominates. Gene expression in this case is an even distribution of energy across all meridians.

I build a chain: Epiphysis \$ 7 (measurement level does not decrease) + Meridian with maximum disturbance Zinc D60 ↓ + target organ (more often - brachial plexus) ↑ + medication ↓. I select the dose and regimen of the drug, drugs with a psychological bias are more often tested. I check the prepared preparation according to the control criterion. The preparation period is 2–2.5 months.

## Harmonization of the intestinal cycle

Control criterion at this stage - Intestinal cycle D60. It is located in the ART indexes, the folder "Microbiological cycles in the intestines, blood, lymph". Pointer to the problem - Dysbacteriosis in the colon Scatole D32. Located in the "Intestinal bacteria" folder.

I argue in the same way: there is a methylated gene in the epigenome, due to which the intestine cannot automatically maintain the balance of microflora.

The main excretory systems at the level of the physical body are the liver, kidneys and intestines. If you evaluate their work in terms of importance, it turns out that the intestines are the most versatile of them. It removes both solid and liquid waste from our body. The liver and kidneys filter only the liquid portion. If the kidneys cannot perform their function in full, the intestines take over their work - a person has a loose stool and a tendency to diarrhea. If a person suffers from constipation, then in the intestine there is an increased absorption of fluid from the intestinal contents along with toxins. Both the liver and kidneys are subject to an increase in the detoxification load. As you can see, everything is interconnected!

Gene expression in this case is to harmonize the work of one of the main excretory systems of our body.

I build a chain: Epiphysis \$ 7 (the measurement level does not decrease) + Dysbacteriosis in the colon Skatole D32  $\downarrow$  + target organ (more often brachial plexus)  $\uparrow$  + medication  $\downarrow$ . I select the dose and regimen of the drug, drugs with a psychological bias are more often tested. I check the prepared preparation according to the control criterion. The preparation period is 2–2.5 months.

Harmonization of hormonal deficiency

The control criterion at this stage is ANS, depletion of 5 tbsp. It is located in the VRT indexes, the "VNS" folder. Pointer - general hormone deficiency Molybdenum met. D200. There is a lack of hormones in the folder.

I argue - there is a methylated gene in the epigenome, due to which hormonal imbalance occurs at the level of the physical body. Gene expression in this case is to harmonize the adequate production of hormones by the endocrine glands.

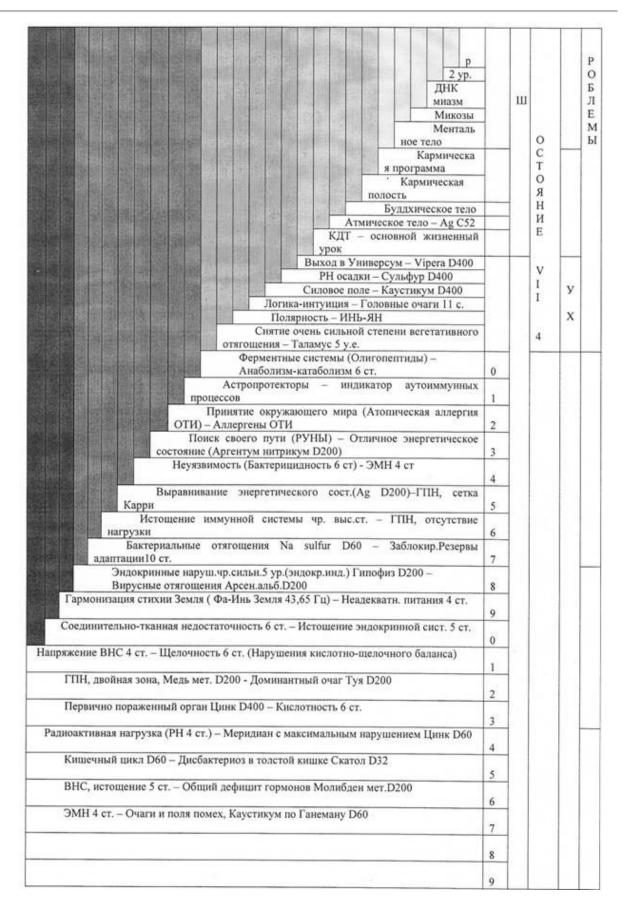
I build a chain: Epiphysis \$ 7 (measurement level does not decrease) + General hormone deficiency Molybdenum met. D200 ↓ + target organ (more often brachial plexus) ↑ + medication ↓. I select the dose and the scheme of the drug, drugs with a psychological bias are more often tested. I check the prepared preparation according to the control criterion. The preparation period is 2–2.5 months.

Harmonization of sensitivity to electromagnetic loadsControl criterion at this stage - Electromagnetic burden 4 tbsp. It is located in the VRT indexes, the folder "Electromagnetic force fields". Index - Causticum according to Hahnemann D60. It is located in the folder focal load, foci and interference fields (2).

I argue - there is a methylated gene in the epigenome, due to which a person has an increased sensitivity to electromagnetic fluctuations. Gene expression in this case is to remove this dependence.

I build a chain: Epiphysis \$ 7 (measurement level does not decrease) + Causticum according to Hahnemann D60 ↓ + target organ (more often brachial plexus) ↑ + medication ↓. I select the dose and the scheme of the drug, drugs with a psychological bias are more often tested. I check the prepared preparation according to the control criterion. The preparation period is 2–2.5 months.

As always, I think of the algorithm as a ladder. Added suggested therapy steps.



## Rice. 1

"The changes in our bodies generated by consciousness indicate the most powerful healing tool we have ever known. For a culture accustomed to looking for "external" solutions to problems, it seems incredible that the answers can be hidden within. Nevertheless, scientific research, all the methods that we used to study the outside world, are now boomerang back to us and point to an even more complex problem. It turned out that the outside world is subject to the influence of all those shifts that we make within ourselves. The number of works on this topic is growing every year. Their results literally scream that the tools of our own consciousness - faith, prayer, intention, optimism, convictions, mercy, energy - can give such health, longevity and performance that no outside interference can give.

There is an ancient Sufi parable about how at the dawn of time the angels gathered to talk about where to hide the meaning of life - a secret so sacred that only the most worthy of the initiated could comprehend it.

"Let's hide it at the bottom of the ocean," one of the angels

exclaimed. "No, on the highest mountain peak," said another.

Finally they turned to the wisest of the angels and asked him where the most secret place was. The angel replied, "There is one place that no one will look for. We will hide this secret in the human heart. "

Medicine, wellness science, and healing today look at the quantum world in a completely different way than in the mechanistic and reductionist past. We see levels of causation and epigenetic control dominating DNA codes. Cutting-edge scientific research opens up a world of new creative possibilities for us, in which the intangible energy of our thoughts and emotions affects the material physical universe.

Each new discovery is another indication of how important consciousness is for our healing. We learn to see our cells and bodies as fluid, subject to the influence of every thought and every feeling that is born in us. We can take responsibility for the quality of the thoughts and feelings that live in us by choosing those that radiate benevolence, goodwill, love, and kindness. In doing so, we are not just engaged in the conscious epigenetic construction of our bodies: with our health we express our love for the entire universe "[3].

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