

Healing with Truth
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The organic synthesis of methods of electropunctural diagnostics and bioresonance therapy creates an inexhaustible range of possibilities for implementing a systemic approach to the human body. Within the framework of the methodology developed by us, work with the biochemical component is based on the principles of neuroendocrine modulation (harmonization of the functions of the nervous, immune and endocrine systems), the structural component is restored by the methods of functional neuromechanics and biodynamics, and the psychoemotional component includes a whole arsenal of techniques for working with deep and momentary psychological conflicts (" triad of health ": structure - biochemistry - psyche).

The influence of psychological conflicts on the state of the functional systems of the body, their role in the etiology and pathogenesis of various diseases (for example, the term "psychological carcinogen", indicating the role of psychotrauma in the development of the oncological process) is currently a proven fact.

We have already described our methodology "Mental balance", created on the basis of the methodology "Emotional balance" by Roy Martin.

Further study of modern psychological techniques, including the method of family systemic constellations according to B. Hellinger, has significantly expanded our understanding of the deep processes in the human psyche that affect his life and health.

Emotions suppressed and displaced into the subconscious mind play an important role in the formation of pathological processes of both the person himself and his descendants, since the energy of such emotions can be inherited through the DNA molecule. Also, through the mechanisms of transmission of hereditary information, a person receives not only the characteristic features of appearance and temperament, but also information about all effective ways of survival of his ancestors, even if this survival was realized through illness, suffering, loss, etc. And if external circumstances arise in the life of descendants that initiate the activation of such programs, then it becomes almost impossible to help him by methods of any external influence. Only conscious work with oneself can help here. It is she who underlies the so-called "miraculous" healings.

The study of the mechanism of the healing component of systemic constellations made it possible to make "miracles" the result of purposeful, conscious work of the person himself.

The main thing is to understand that EVERYTHING that happens to a person is important for him at some level. And it is true! And then it is necessary to consciously, aloud, acknowledge this truth before God, before the world and before oneself. A person is sick - it is important for him to be sick, he suffers - it is important to suffer, he is a burden for his family - it is important to be a burden. After all, this is all that happens in reality, this is the truth that is. Yes, he deliberately does not want any of this. And this is where the war in oneself arises:

consciously "God forbid," but in the subconscious - this is very important, because once proved to be very effective. Our life, the world around us, events and people that surround us are "mirrors" of our subconsciousness. "Everything is closed in itself and sees only itself, 360 - only mirrors."

The essence of our technique is simple: we test the phrases "It is important for me ..." through the preparations of the pineal gland, if a decrease in the measuring level appears (regardless of the positive or negative meaning of the phrase), then this topic is stressful for the body. Further, I must say in a standard formulation that what really happens to me (illness, conflict, separation, loss, etc.), what I really feel (pain, resentment, disappointment, anger, etc.), then what does it mean to me (injustice, betrayal, meanness, etc.). To say out loud, realizing that it may be important for me personally, that this importance could have come from the paternal or maternal birth.

Formulation standard:

"IT IS IMPORTANT FOR ME (for example, to be sad, angry, hurt, to be a victim, etc.), AND THIS IS THE TRUTH, WHICH I ACKNOWLEDGE BEFORE GOD, IN THE WORLD AND IN FRONT OF YOURSELF" (we said this from the level of programs formed in our life) ...

"IT IS IMPORTANT FOR ME (to be sad, angry, hurt, to be a victim, etc.) THIS IS FOR DAD'S KIND, AND THIS IS THE TRUTH, WHICH I ACKNOWLEDGE BEFORE GOD, IN THE WORLD AND IN YOURSELF" (we release the energy of truth if it comes to us from the father's kind).

"IT IS IMPORTANT FOR ME (to be sad, angry, hurt, to be a victim, etc.) THIS IS FOR MOTHER'S KIND, AND THIS IS THE TRUTH, WHICH I ACKNOWLEDGE BEFORE GOD, IN THE WORLD AND IN FRONT OF YOURSELF" (we release the energy of truth, if it came to us from my mother's family).

When we speak the truth, then in our body, in our life, in the space around us, energy is released and begins to flow. This energy is released from the areas of the nervous, muscular, emotional, mental, and God knows what kind of tension. At the organ-physiological level, this leads to the restoration of microcirculation processes, an improvement in tissue trophism, and the normalization of autonomic regulation.

In therapy sessions, the person does this work together with the doctor. Those who wish to study it at our seminars, and then they themselves, without testing, only carefully observing themselves and the circumstances, implement it to the extent that they are ready to be conscious creators of their lives.

Analysis of such regular work in 18 patients showed that during the first 9–12 months episodes of acute respiratory conditions increased markedly, but they proceeded more easily and were short-lived. And then for 1.5 years there were no colds at all. In one of the most impressive studies on psychosomatics, conducted by T. Holmes and his colleagues, it was found that humiliation, frustration, hostility cause pronounced nasal reactions in the form of redness of the nasal mucosa, swelling of the nasal passages, and abundant discharge. In fact, we saw that liberation from these

repressed emotion goes through the same mechanism. This technique turned out to be especially effective in people with hypertension, with gastrointestinal tract pathology (each had a person or a situation that the patient "did not digest"). She helped cancer patients by significantly improving the quality of life in the sphere of the internal psychological climate.

Our subconscious mind is a programmable system. So, isn't it better to consciously become the programmer of your life and regularly update your subconscious programs than to be their obedient hostage?

And here only practice can be the criterion of truth. Try it!

We have entered an era when stress plays a decisive role in human disease. According to various authors, 80% to 90% of all diseases are associated with it. The modern lifestyle requires great mental strength from a person in order to cope with a variety of psychological problems. Mental pain from internal personality conflicts, stress, relationship problems are often fixed in the body. Researchers from the Houston School of Medicine (USA) have received convincing evidence that stress can cause genetic disorders, increasing the likelihood of cancer. Emotional stress is the main cause of cardiovascular diseases, neuroses, some diseases of the gastrointestinal tract, increases the likelihood and complicates the course of infectious diseases.

But whether or not a certain event or irritant will be stressful for a person depends not on the characteristics of these situations, but solely on the individual assessment of them by a particular person. Awareness of the underlying causes underlying any life situation, awareness of perception and mastery of a tool that increases stress resistance, cannot but affect the healing process and improve health. The classical psychological methods that exist within the framework of psychosomatic medicine actually work only in the hands of professionals - psychologists. This technique can be very effectively implemented by any doctor under the control of electropuncture diagnostics. And a bioresonance preparation, recorded in the process of pronouncing key phrases, combines information and biochemical components that occur at this time in the human body.

Literature

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