

Methodological techniques for the application of some programs of brain rhythms

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Introduction

Induction programs of brain rhythms are a unique phenomenon in the bioresonance effect on the body. Regardless of the type of bioresonance effect (endogenous or exogenous therapy), we can talk about the predominant effect on one or another organ, on a particular system, but, in general, we observe a response from the whole organism. Therefore, the very name of the "program of brain rhythms" contains not only a narrow aspect of the effect on the brain itself, but also supposed to influence the whole organism, by acting on the central areas of regulation of the animal, autonomic and endocrine systems.

Purpose of the study: to explore the possibilities of practical application brain rhythm programs.

Material and research technique

The work was performed on the APK "IMEDIS-EXPERT" (software version 6.30.0).

This article summarizes the methodological techniques for the practical application of brain rhythm programs over the past five years of work on the example of the treatment of more than 300 patients of different age groups and with various pathologies.

Results

All programs used by us in our work were conditionally divided into four groups.

Group # 1

This group includes programs representing alpha, beta, theta and delta brain rhythms.

Using the apparatus to reproduce completely identical natural brain rhythms is a difficult task. They are programmed in an approximate meaning, and therefore they were used by us for therapeutic purposes quite rarely. Delta rhythm can be noted among the most frequently used programs for therapeutic purposes.

However, the high diagnostic value of these programs should be noted. Appropriate diagnostic testing has been used in virtually every patient examination. Diagnostic examination of a patient carries a psychosomatic burden. In our practice, as a rule, we use the "blind method", i.e. without first clarifying the diagnoses (this is done for a number of reasons). Almost 98% of the examined patients are reliably diagnosed with existing disorders and diseases. The remaining 2% falls on patients who are in the stage of intensive treatment (taking medications, dietary supplements, vitamins, etc.), this number includes patients who

hide diagnoses. In these cases, errors in diagnosis are possible.

Group no. 2

This group included programs 5–32.

It is these programs that we most often used for the treatment and correction of various disorders and pathological conditions of the body.

The construction principle of these programs is identical. Programs have an "entry", "work segment" and "exit". The programs are used for the purpose of treatment, on average, for 30–40 minutes. and the actual working segment of biophysical education takes about 20 minutes. This time is often not enough to obtain a stable positive effect of therapy. We tried to increase the therapeutic time, which turned out to be somewhat difficult in practice: you should turn off the program before exiting, turn it on without an inductor, then enter the program, and then continue the working segment of the program with the inductor. Thus, the working part of the program was increased in time to 40-50 minutes.

The P program is the easiest to modify.5 (Rest program).The program is exposed for 25 minutes, then:

- either program P22 (Schumann Waves) is turned on (up to the energizing component);
- or the frequency of 3.0 Hz is turned on for immersion in a deeper relaxation (Caution, this frequency can cause hyperglycemia in diabetics!).Program P7 (Children's program) in addition to those listed therein for medical indications, it has a pronounced universal anti-stress effect, and therefore, it can be used for various pathologies. The operating frequency range of this program is 8.0–10.0 Hz and, as it turned out, it has not only an anti-stress effect, but also has a mild hypoglycemic effect, relieves headaches, and has a therapeutic effect in case of heart rhythm disturbances.

Against the general background of this group of programs, they compare favorably when using programs P18 (Sleep program 2) and P21 (Clearing the mind), but you need note that the exit from these programs is forced and lasts no more than 4–5 seconds (it can be easily cut off). According to our observations, in many cases it is not necessary to actively remove the patient from a given state. Clinically, we see more acceptable its gradual withdrawal from the program (enough conversation, light, etc.), and after the complete end of therapy, habitual environmental stimuli will work.

The intensity of the brain rhythm programs used: children under 5 years old - 3 units, ordinary patients –5 units, patients who are difficult to treat - 7 units.

The indicated intensity of the programs is suitable in the case of a stationary position of the inductor directly on the head (in ordinary calm patients). When carrying out therapy in hyperactive children, the intensity should be increased to 30–100 (this is due to the inability to keep the patient calm) and is carried out distantly.

Places of application of devices for magnetic therapy:

- head ("loop");
- head ("loop") and solar plexus ("inductor");
- solar plexus ("inductor"). Time and frequency of using the programs:
- in a private reception, we recommend to conduct an average of only 6 sessions of therapy, once a week, in combination with sessions of endogenous BRT, as well as selected homeopathy;
- one of the options for effective treatment is therapy at home: patients are provided with a MINI-EXPERT-T apparatus for treatment for 2 weeks, pre-programmed according to the previously selected therapy.

We took into account, as a criterion for assessing the patient's condition, objective control and the patient's opinion about his condition. After a course of treatment according to the described method of using brain rhythm programs, all patients assessed their condition as "good" or "satisfactory". Objective control data also confirm the positive dynamics in the patient's condition.

Based on the practical use of these programs, we see the need for the following:

- lengthen the working segment of the second group programs up to 40-60 minutes;
- remove the exit phase from programs.

Group No. 3

This group is made up of programs 33-68.

The programs of this group make it possible to correct problems in patients from the standpoint of chronosemantics. Even if the doctor does not fully master the chronosemantic method, these programs actually allow solving rather complex, extraordinary problems.

The sequence of actions in this case is as follows: in the ART window there are test pointers by which you can determine whether this program is suitable for the patient. Having identified a suitable program, only the medical part should be selected from its description. If the medical description and testing match, the program is considered suitable and used for therapy. An important prognostic point is also the coincidence of the program with the previously selected homeopathy. After that, we conduct a trial therapy session for the patient. It is a trial one, tk. sometimes there are paradoxical reactions to treatment.

According to our data, the programs of this group correct neurohumoral regulation well, especially in the treatment of autoimmune diseases, for example: polyarthritis, thyroiditis, diabetes mellitus.

Group No. 4

We have allocated programs 69-87 to this group.

The above programs are designed to increase the resources of various hypothetical functional systems of the body, synchronized with the motion of the planets. Practical application of these programs

requires caution.

This conclusion is made on the basis of practical experience of the application.

Group No. 5

This group includes programs 88–90.

These are programs for testing normal and oncological proteins, as well as Cuprum metallicum 400. If the previous four groups of programs are related to biophysical learning of the body, then this group is intended for testing and how to apply these programs for therapeutic purposes is not clear. We did not use these programs as therapeutic ones.

conclusions

Brain rhythm programs are an important part of the bioresonance effect on the body, have a pronounced clinical efficacy and can be recommended for use in the complex therapy of various pathologies.

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