

Principles and methods of prescribing preparations of marine animals  
with endocrine pathology V.V.

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In the practice of a family doctor and a specialist in ART, BRT, many homeopathic preparations of the animal kingdom are used to treat patients. One of the least studied and less used is the type "molluscs" and "arthropods", which include several classes: bivalves, gastropods, cephalopods, crustaceans and some others. In classical homeopathy, no more than 1–2 remedies from each designated class have been studied. This work was carried out with the aim of expanding information about marine animals and homeopathic preparations made from them.

When considering the homeopathic "kingdoms" (mineral, plant and animal), evolutionarily primitive glandular tissue first appears in marine animals. Evolutionary science suggests that these primitive secretion organs are the prototype of the human internal secretion organs.

It is known from homeopathic practice that there is a tropism of preparations from marine animals to certain endocrine glands. For example: *Spongia*, *Badiaga* are tropic to the thyroid gland; *Asterias rubens*, *Corallium rubrum* - to the mammary glands; *Homarus* - to the pancreas; *Murex purpurea*, *Sepia officinalis* - to the genitals; *Calcarea carbonica*, *Concholinum* are tropic to the pituitary gland, adrenal glands.

### Clinical example

A 55-year-old female patient with an abundance of psychosomatic complaints (poor sleep, palpitations, weakness, sweating, unstable emotional background) was fully examined and diagnosed with chronic autoimmune thyroiditis. Treatment by an endocrinologist was not prescribed, observation is recommended. In a conversation, he often uses the following expression: "everything is poured onto me, but I let everything pass through myself."

Diagnostics according to Voll: changes were found at the points of the following meridians: TR, F, V, R, AI, LI. Changes in the points of the thyroid gland and the lymphatic system are especially noticeable.

Diagnostics of ART: 1. Endocrine index - Weak endocrine disorders (level 2); 2. Determination of the state of the endocrine system (the degree of tension or depletion of various endocrine glands) - Depletion of the endocrine system 1 tbsp .; 3. A positive result was given by testing the induction program P10 "Stress Program III" (Endocrine regulation).

When the drug *Spongia Marina tosta 6C* is connected from the selector of the APK "IMEDIS-EXPERT", the indicators at most points of the above meridians return to normal. The complex showed itself well: the induction program P10 at the first admission and then 1 procedure per week (4–5 procedures) and the homeopathic preparation *Spongia Marina tosta 6C* 7 grains daily. Currently (a month later) the number of complaints of the patient is significant

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decreased, considers himself more vigorous and efficient, improved sleep, no heart attacks, decreased sweating.

Conclusions:

1. Increasing the volume of information on homeopathic preparations from marine animals in the doctor's baggage and the use of the R. Voll method and ART for diagnosis and drug testing dramatically increases the speed of selecting the correct treatment for endocrine pathology, in the case when classical endocrinology is waiting for an increase in symptoms (only observation is recommended).

2. Correctly selected drug quickly removes most of the psycho emotional problems (quality of life is improving rapidly).

3. Joint use of homeopathic medicines and induction programs accelerate the healing process.

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