Causes of alopecia. ART and multiresonance therapy G.G. Vasilieva, O. I. Eliseeva ("Eliseeva Medical Center", Moscow, Russia)

Alopecia (baldness) is progressive hair loss resulting in baldness of the scalp or other hairy areas of the skin. Diffuse alopecia (thinning and thinning of hair throughout the head), focal (the appearance of foci of complete absence of hair), androgenic (according to the male type, associated with the level of male sex hormones in the blood) and total (hair is completely absent) are distinguished.

Both men and women are susceptible to various types of alopecia. Alopecia is a pronounced cosmetic defect and a serious psychological problem. The loss of mature hair usually leads to a decrease in the density of the hairline and, quite rarely, to alopecia totalis. There are many reasons for mature hair loss, for example, due to physiological changes in the body during pregnancy, the phenomenon of alopecia can occur after childbirth. Long-term use of proteinoids, oral contraceptives and drugs that slow down blood clotting, especially in combination with constant stressful situations and endocrine disorders, often cause alopecia. Lack of iron, zinc and other nutritional disorders also adversely affect the density of the hairline.

Alopecia, as a rule, begins gradually with the appearance of small bald patches in the parietal or frontal part of the head, the skin acquires a glossy sheen, phenomena of atrophy of hair follicles are observed, in the center of the lesions one can find single, not altered in appearance, long hair. It should be noted that men are more affected by alopecia than women. Hair loss in them is noted, as a rule, on the frontal and parietal regions. It is believed that male pattern baldness is genetically programmed, that is, they are predisposed to it even before the moment of their birth. At the same time, they are able to inherit the genes responsible for baldness both from their father and from their mother (on the maternal side). However, doctors have not yet learned how to accurately determine the time of onset, speed and intensity of this pathology. In women, unlike men,

Since the life cycle of the hair is due to the presence of the female sex hormone estrogen in the body, and the suppression of hair growth is associated with the activity of the male sex hormone androgen, female pattern baldness occurs when hormonal imbalance occurs. So, the content of estrogen in the body changes immediately after pregnancy, during childbirth, breastfeeding, at the time of menopause. Diseases of the female genital area also have a significant effect on the balance of hormones: polycystic ovaries, ovarian tumors, etc. in the body of steroid hormones). Some people also have side effects.

medicinal substances (antineoplastic, antiepileptic, etc.) and chemicals (containing arsenic, bismuth, thallium, boric acid, etc.). Often, baldness occurs after an injury to the scalp (Greenlandic alopecia), which is quite common in children due to damage to the hair follicles due to healing and scarring of tissues.

Environmental degradation can also be attributed to external causes leading to alopecia: the release of toxic substances into the atmosphere, the fallout of "acid" rains and a high level of radiation.

For 10 years, 5 patients have turned to the Eliseeva Medical Center with a diagnosis of total alopecia: two girls aged 25-27 and girls aged 9, 12 and 2 years.

- 1. A 9-year-old girl from Kazakhstan. From the anamnesis: she lived in a village, where mines uranium ore. The ART method was used to test the radiation load of the 4th degree (uranium-238 D20, strontium-90 D20, radium-226, D20); depletion of the endocrine system 1 degree in the adrenal glands (medulla).
- 2. A 12-year-old girl from Omsk. According to her mother, the girl went bald after Orange rain.
- 3. In March 2012, parents applied with a 2-year-old girl with a diagnosis of total alopecia. Hair has fallen out in the last 8-10 months.

From the anamnesis: the child from the 1st pregnancy, proceeding with a slight toxicosis, delivery on time, screamed at once, preventive vaccinations according to the calendar, according to the mother, no reactions to vaccinations were noted.

During the examination by the ART method, a toxic burden of metals - mercury, lead - was revealed. Worms were also detected: clonorchids, pinworms, lamblia. The meridian with the maximum impairment was tested - the kidneys. Mom remembered that at 2 months the child had not a very good urine test.

Before contacting the Eliseeva Medical Center, all patients were observed in polyclinics, where they were prescribed vitamins and hair masks. After the treatment, there was a slight improvement, but not for long - the hair fell out again.

Treatment: at the first admission, antihelminthic drugs, inversion of heavy metals, kidney drainage and tested using the Cu met test indicator were prescribed. D400 "Medpharma" section "Hair". Reappointments were carried out every 1.5–2 months. During the receptions, the state was corrected. Via Cu met. D400 preparations of the "Hair" section were tested, the lack of vitamins, microelements and toxic loads were determined through the root and hair follicle. A complex preparation consisting of "Medpharm" preparations, a complex of vitamins and microelements was recorded for sugar crumbs and shampoo. After the 3rd session, a barely noticeable fluff appeared on the head, after another 2 months - eyelashes and eyebrows. Last appointment on 01/15/2014: blond hair 6-7 cm.

Two children (9 and 12 years old) also underwent body cleansing according to the method of O.I. Eliseeva. The babies appeared 5 months later with long, thick hair.

4. The patient is 27 years old. Anamnesis: lived in a village, became bald at the age of 8, lived in a village, her hair began to fall out after the rain (hair also fell out in a neighbor's boy, about the same age). There was alopecia totalis with the absence of hair on the head, eyebrows and eyelashes.

At 23, the girl became pregnant and hair restoration gradually began, and eyebrows and eyelashes appeared. She gave birth to a healthy baby, but after the cessation of breastfeeding, the hair began to fall out and gradually everything fell out.

On ART were determined: radiation load, burdening with heavy metals, a decrease in the level of estrogen (scant monthly). The patient did not stay for treatment, so the further fate is not known.

Conclusions:

- 1. The ART method allows you to identify the causes of alopecia.
- 2. Multiresonance therapy and body cleansing are effective in treating alopecia.

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