

## Bioresonance and homeopathic therapy in the treatment of depression

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Translated from Latin, depressio means - to crush, to oppress. People with depression experience feelings of sadness, sadness, longing, despair, fatigue, irritability, anxiety. Their range of interests is narrowed, which is accompanied by oppression of the mental functions of the body. Depressive disorders are distinguished by their degree of severity and the reasons that cause them. Based on modern scientific concepts, depressions are distinguished: psychogenic, endogenous and somatogenic. According to the World Health Organization, from 10 to 20% of the world's population undergo clinically expressed depressive conditions during their life. More than 60% of all suicides in the world are committed in a depressed state of mind. Recent epidemiological studies show that special pharmacotherapy in connection with depressive conditions is necessary for every eighth person. In 60% of cases, as a rule, with insufficient or inadequate therapy, repeated depressive episodes are observed, and painful conditions become chronic, recurrent. All drugs used to treat depression, drugs, have some kind of side effects. For the treatment of depression, psychotherapy, acupuncture, hypnotherapy, music therapy, art therapy, aromatherapy, meditation, the effect of a magnetic field on the patient's brain (magnetotherapy) can be used. drugs have certain side effects. For the treatment of depression, psychotherapy, acupuncture, hypnotherapy, music therapy, art therapy, aromatherapy, meditation, the effect of a magnetic field on the patient's brain (magnetotherapy) can be used. drugs have certain side effects. For the treatment of depression, psychotherapy, acupuncture, hypnotherapy, music therapy, art therapy, aromatherapy, meditation, the effect of a magnetic field on the patient's brain (magnetotherapy) can be used.

I present 3 clinical cases of depression treatment using the method of vegetative resonance test and bioresonance therapy in patients who applied to our Center.

1. Patient S., 27 years old. Appealed with complaints of fatigue, weakening of memory, fear of entering the subway, fear of making a mistake at work, fear of communicating with people of the opposite sex. This symptomatology lasted for 4 months. Testing by the method of vegetative resonance test revealed a very high degree of psycho-vegetative load along the meridians of the colon, liver, pancreas / spleen, kidneys and bladder. Toxic load indicator (Intox I) diagnosed Toxoplasma D26 in the structures of the brain. Using the index "very high degree of psycho-vegetative load", preparations of the "ROSTOCK" group were selected. Also, the homeopathic preparation sodium chloratum C200 was selected. Endogenous bioresonance therapy was carried out along all meridians "along the golden section" and frequency therapy for Toxoplasma (intensity - 100, time - 7 minutes per frequency, for 10 days). After 1 month, the patient noted an improvement in his condition. Fear of communicating with people of the opposite sex remained from the complaints filed earlier. During testing, the degree of psycho-vegetative load decreased to average. Toxoplasma has not been tested. The patient underwent endogenous bioresonance therapy along all meridians along the golden ratio and was matched

homeopathic medicine *Likopodium C200*. On repeated admission a month later, the patient felt well and did not show any complaints. Over the next 4 years, there was no relapse of the disease.

2. Patient M., 29 years old. Has been sick for 3 months. Complains of apathy insomnia, fatigue. Complaints appeared after the young man left her. According to ART on a scale of mental load, the "Depression" index was tested along all meridians. Endogenous bioresonance therapy with Bach Flowers preparations was carried out and the homeopathic preparation *Natrium Chloratum C1000* was selected. After 2 weeks, the patient felt well and had no complaints. Follow-up: 1 year.

3. Patient K., 65 years old. Considers himself ill for 7 years. Increased fatigue, apathy, constant feeling of anxiety, insomnia. She took various psychotropic drugs with short-term effects. The patient had a high degree of psycho-vegetative load, expiring reserves of adaptation, Cytomegalovirus D15 in the structures of the brain. The patient was selected homeopathic drug *Sepia C200*, carried out exogenous bioresonance therapy of Cytomegalovirus with an intensity of 100, time - 10 minutes per frequency, 10 sessions. After 2 months, the patient complained only of anxiety, the severity of which also decreased. On repeated examination, cytomegalovirus was not tested, psychovegetative load was low. The homeopathic remedy *Sepia C200* was selected for the patient. Monitoring continues.

Conclusions: the use of bioresonance and homeopathic therapy in the treatment of depression allows a good and long-term therapeutic effect to be achieved.

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