Therapeutic efficacy of homeopathic medicines in combination with BRT in the treatment of cardiac arrhythmias

B.I. Islamov1, M.Yu. Gotovsky2 (1FSBSI "Institute of Theoretical and Experimental Biophysics RAS", 2Center "IMEDIS", Moscow, Russia)

Arrhythmias are the most common cardiac pathology, among them atrial fibrillation, or atrial fibrillation, and various options for extrasystole are often found. The causes of cardiac arrhythmias can be various diseases of the heart itself, such as: ischemic disease, valve lesions, myocarditis, valve defects, surgical interventions, etc., as well as electrolyte imbalance, drug intoxication, thyroid pathology, diabetes mellitus, disease lungs, etc.

Extrasystole is an extraordinary contraction of the heart muscle. In healthy people, this is a fairly common type of arrhythmia, but when the number of extraordinary contractions exceeds a certain value, as well as when they occur in coronary artery disease, they can be a harbinger of sudden death or the development of atrial fibrillation (AF).

MA - supraventricular tachyarrhythmia, characterized by uncoordinated activation of the atria with a subsequent deterioration in their contractility. The ventricular response to MA depends on the electrophysiological properties of the atrioventricular node, vagal and sympathetic tone, and the effect of drugs. Fast, irregular ventricular tachycardia with wide QRS complexes is characteristic of MA with conduction through the accessory pathway or for MA with bundle branch block. Too high a ventricular rate (more than 200 bpm) suggests the presence of an additional conductive bundle. MA occurs in many clinical situations. To characterize MA that is not a consequence of a reversible cause and lasts more than 30 seconds, the following terms are often used. The term "isolated MA" is used in young patients (less than 60 years old), without clinical or echocardiographic signs of cardiopulmonary disease. The prognosis for thromboembolic complications and death in these patients is favorable. "Idiopathic MA" implies that the cause of MA is unclear regardless of age and the presence of cardiovascular pathology. The term "non-valvular AF" applies to cases in which arrhythmia occurs in the absence of rheumatic mitral stenosis or an artificial heart valve.

The following definitions are recommended to characterize MA episodes. "Newly diagnosed episode of MA" - can be either the first episode of MA of various duration, or the next episode in cases when the onset of MA was previously asymptomatic or asymptomatic. "Recurrent MA" - the presence of 2 or more episodes of MA. "Paroxysmal MA" - arrhythmia stops spontaneously (usually within 7 days, more often in the first 24–48 hours). "Persistent or stable MA" - arrhythmia does not stop spontaneously (pharmacological or electrical cardioversion is required to eliminate it) and usually lasts more than 7 days. This form of MA can be either the first manifestation of MA or a manifestation of recurrent MA. "Persistent (chronic) MA" - a type of long-term persistent MA,

The goal of atrial fibrillation treatment is to reduce symptoms associated with arrhythmias and prevent possible complications.

There are 2 main approaches to the treatment of MA: restore and maintain sinus rhythm, or allow MA to continue, while maintaining control of the ventricular rate (ventricular rate 60–80 bpm at rest and 90–115 bpm with moderate physical activity).

load), and treatment aimed at preventing arterial thromboembolism. The first approach attracts with the ability to effectively alleviate the symptoms of arrhythmias, prevent thromboembolic complications and cardiomyopathy. It is important to remember that medical and electrical methods of restoring sinus rhythm (cardioversion) are associated with the same risk of thromboembolic complications and stroke, therefore, if these procedures are performed routinely and the duration of an MA episode exceeds 48 hours, preparation with the use of anticoagulants is necessary. The need for urgent cardioversion arises if arrhythmia is the main factor responsible for the occurrence of acute heart failure, hypotension, or worsening of angina pectoris in patients with coronary artery disease.

Pharmacological cardioversion is most successful with MA duration of 7 days. Antiarrhythmic pretreatment prior to electrical cardioversion, which can increase the success of the procedure and prevent early resumption of MA, is justified in patients with previously unsuccessful electrical cardioversion or when MA quickly resumed (immediately or in the first 2 weeks after the intervention). With a later resumption of MA or with the first electrical cardioversion in patients with persistent AF, pre-administration of an antiarrhythmic drug is considered unnecessary.

The use of antiarrhythmic drugs can be accompanied by the occurrence of various types of proarrhythmias and conduction blockades, therefore, although proarrhythmia rarely occurs in patients with normal ventricular function and normal baseline QT intervals, who do not have severe bradycardia, in most cases, medical treatment of AF should be started in a hospital. This is especially true for pharmacological cardioversion. When using drugs that prolong the QT interval, it is necessary to be monitored in the hospital for 24-48 hours after cardioversion to assess the effect of treatment on heart rate (the degree of its decrease) and timely intervention in case of ventricular tachycardia of the "pirouette" type. Due to the risk of rapid conduction through the atrio-ventricular node or atrio-ventricular conduction 1: 1 if atrial flutter occurs, a beta-blocker or a calcium antagonist should be given before starting treatment with class I antiarrhythmics. An initially safe drug may become proarrhythmic if the patient develops coronary artery disease or heart failure, or starts taking other drugs that, in combination, can be arrhythmogenic. In addition, given the certain toxicity of antiarrhythmic drugs, it becomes not superfluous to search for new ways to treat cardiac arrhythmias. which in combination can be arrhythmogenic. In addition, given the certain toxicity of antiarrhythmic drugs, it becomes not superfluous to search for new ways to treat cardiac arrhythmias. which in combination can be arrhythmogenic. In addition, given the certain toxicity of antiarrhythmic drugs, it becomes not superfluous to search for new ways to treat cardiac arrhythmias.

In this report, we focused only on those cases in which the use of conventional antiarrhythmic drugs was ineffective or in which patients refused them because of side effects. We observed 14 people, 7 of them with extrasystoles and 7 with atrial fibrillation. One of them with recurrent MA and extrasystoles. We tried to correct heart rhythm disturbances in these patients with the help of electronic analogs of homeopathic preparations manufactured on the hardware-software complex "IMEDIS-EXPERT" in combination with BRT.

Table 1 presents the characteristics of the patients.

Table 1

Patient characteristics

Patients	Age	Type of violations	Duration	Possible reasons
nents				emergence
K.V.	51	Extrasystoles	More than two years	After myocardial infarction
B.Kh.	38	Isolated MA	10 years	Not known
K.M.	50	Constant	2 years	IHD, CABG
		(chronic) MA		
EAT.	60	Extrasystoles		IHD, CABG and stenting
Ya.G.	46	Extrasystoles	2.5 years	Not known
A.A.	57	Constant	1.5 years	Myocardial infarction
		(chronic) MA		
K.V.	48	Extrasystoles		Myocardial infarction
H.L.	59	Persistent	4 month	On ultrasound increase
		MA		atria
I.B.	63	Extrasystoles	4-6 months	Not defined
V.V.	67	Group	10 years	Ischemic heart disease, CABG, stenting
		extrasystoles		
R.A	61	Recurrent	8 years	Ischemic heart disease, CABG, stenting
		MA		
P.Z.	76	Constant	12 years	Ischemic heart disease
		(chronic) MA		
Z.V.	48	Group	1.2 years	Not known
		extrasystoles		
K.Yu.	80	Extrasystoles	10-12 years old	Ischemic heart disease
		rolling to MA		

Below are presented almost all drugs that were used in one combination or another after the electroacupuncture vegetative resonance test.

## Drugs that have been used to treat cardiac arrhythmias:

- 1. Atropinum compositum Comp.
- 2. Naja tripudians 12.
- 3. SIN 58 Tachicardia Comp.
- 4. Cactus 12.
- 5. Tachycardie Comp.
- 6. R 66 Herz-Irregularitats-Trop. Comp.
- 7. R 2 Goldtropfen-Essenzia aurea Comp.
- 8. Crataegus 12.
- 9. Primula comp. Comp.
- 10. Cactus Spez. Comp.
- 11. FM-complex 13 Heart Comp.
- 12. DRE 1 Dren. Arterioso-cardiaco Comp.

- 13. Glonoin-Homaccord Comp.
- 14. Spartium scoparium-Inj. forte Comp.
- 15. Digitalis 6.
- 16.29 co-HYPERT spag. Comp.
- 17. Herz komplex Comp.
- 18. Adonis Comp.
- 19. Kalmia D6.

Patients with high cholesterol levels were additionally prescribed drugs to correct the lipid profile of the blood and improve blood microcirculation.

## Drugs used to correct blood lipid profile:

- 1. Cholesterinum D12.
- 2. Hypercholesterinaemie D6.
- 3. Sanguis suis-Injeel Comp.
- 4. Biofrid Lachsol Kapseln Comp.
- 5. Cholesterin complex Comp.
- 6. Pflanzenfett I D30.
- 7. Pflanzenfett II D30.
- 8. Pflanzenfett III D30.
- 9. Cronorgan n. 1 Comp.
- 10. Grosshirnhemispharen Comp.
- 11. Cholesterin-Ablagerungen Comp.
- 12. SIN 59 Ipercolest.-arterioscl. Comp.

## Drugs used to improve microcirculation:

- 1. Lachesis 6.
- 2. Crotalus horridus
- 3. Naja tripudians 6
- 4. Vipera berus 6
- 5. Vipera redii D12
- 6. Aesculus Spez comp.

The treatment of extrasystole was especially successful. All patients, in addition to the selected drugs, were additionally prescribed Digitalis 30 for three days, then, depending on

the state of the rhythm of the heart. If there was no improvement, the daily intake of the drug was continued for several more days. It should be noted that, regardless of the type and duration of violations, almost all patients showed a significant improvement or almost complete cessation of extrasystole. In the future, either the treatment was completely stopped, or Digitalis 30 was prescribed once only when the extrasystole was repeated. The restoration of the heart rhythm in all patients was accompanied by a noticeable improvement in general well-being.

Treatment of MA proved to be more challenging. For the treatment of a young patient B.Kh. with idiopathic MA, the monopreparation Kalmiya was used. After a two-week intake of the drug, according to the patient, despite the 10-year prescription of MA, the restoration of the normal rhythm was noted, which has been preserved to this day.

	1944
23 ГОРОДСКАЯ КЛИНИЧЕСКАЯ БОЛЬНИЦА им. "МЕДСАНТРУД"	OTERINO A.E.
ОТДЕЛЕНИЕ	ЭХОКАРДИОГРАФИЯ
Ультразнуковой диагностики Москва, Яуккая ул., д. 11	Bospacraet, non M/W
ЗОКАЦИЯ СТРУКТУР СЕРДЦА	затруднена
АОРТА (АО) в восходищей части диаметром 36 мм , стенки	Contracting to Secretaring the Contraction of the C
Левое предсерпие (ЛП): 5 мм (N <= 40 м.) Певый желудочек (ЛЖ): 6 мм (N <= 55 м.) Певый желудочек (ПЖ): 75 мм (N <= 30 м.)	M) JJK CHCT
(N <= 40 м) Нажиня полая вена (НВП) диаметромме	w (N <= 25 мм),
PACSET OBBEMA J.K. no. Teicholz, Ilnoman/Ilnur	экскурсия стенок при дыханииснижен па
a service of the ser of	(N = 28-46%)
Диастол. солом (КДО): С.2 ма LVET С.2 узариалі объем (КО): С.2 ма LVET С.2 узариалі объем (УОК): 77 ма Vcc С.2 фракц. выброса (ФВ): 17 м Vcc 7- мм. ж. С.2 мм. ж. с.	$V_{\text{ork}} = V_{\text{ork}}$ (N = 0.88–1.55)
Фракц выброса (ФВ): 17 % ЧСС 7- (N=55-77%) ММЛЖ 73	уд/мин Ту
АОРТАЛЬНЫЙ КЛАПАН (АК): створыя — ——————————————————————————————————	MM (N >= 15 sess)
МИТРАЛЬНЫЙ КЛАПАН (МК): створов Сорол	logoje
marginature company = 1 MM (N	>= 25 мм). Скопость паннего диастолического за
крытия (EF) передней створки МК Оснести	i de
трикуспидальный клапанстки у Канар	your experience north
КЛАПАН ЛЕГОЧНОЙ АРТЕРИИ (КЛА):	
СТЕНКИ ЛЖ (ср. зовы): толицены	экскурсия
Межжил перегор. (МЖП): $\frac{f O}{J}$ мм. (N = 6-11 Задиня стенка (ЗСЛЖ): $\frac{f}{J}$ мм. (N = 6-10	мм ) Дог мм (N = 9-14 мм)
зоны дискинезни стенок дж. се по посто	pak repopue - repeter papir mai lepony in Joseph to the substant by extra months and had for substant accounting payment in the
СЕПАРАЦИЯ ЛИСТКОВ ЭПИ- И ПЕРИКАРДА (в диясто	ury):
Перед серпием 1-22 мм, позади ЗСЛИ дОППЛЕР-ЭХОКАРДИОГРАФИЯ: проведилась стенки	- my nyment ger
AK: Huxusus cucr. exepoem. We, rand	бона регургитация сист. регургит.
ТК: Скорость регургитация м/с, глуб КЛА: Время ускор потока (не) укорочено, регу	она регургитацион
заключение Спомроз совное образ	n. Driesonnes selon more
SANIK/TERINE Y C	THE PARTY OF THE PROPERTY OF THE PARTY OF TH
jones en encomenten recorded	more reported incompagne rates
there is the noticed to an content of	and states and the same be come

Rice. 1

23 ГОРОДСКАЯ КЛИНИЧЕСКАЯ БОЛЬНИЦА ИМ. "NEДСАНТРУД" ОТДЕЛЕНИЕ УЛЬТРАЗВУКОВОЙ ДИАГНОСТИКИ	эхокардиография Эхокардиография
Москва, Яукская ул., д. 11	Возраст лет, пол М/ж
ЛОКАЦИЯ СКРУКТУР СЕРДЦА Зу-Су-би-би зи АОРТА (АО) и посходящей части диаметром чи	TPS/MENA (N.C. #Dispo)
	or runeps continue
Левое предоердне (ЛП) <u>3 С</u> мм (N <=60 мм) Левый колудочек (ЛЖ) <u>3 Г</u> мм (N <=55 мм) Провый колудочек (ПЖ); <u>20</u> мм (N <=70 мм)	ЯЖ сись
(N <=40 мм Наская полия века (НВП) диаметроммм	<ul> <li>из япик, доступат</li> <li>N &lt;= 25 ммз.</li> </ul>
	скурсия стенов при дылинии синьгова
Диостил объем (КДО): 111 мл — 48—49	FN = 79 - 46/51
Пистом обмен (КДО) — 50 мм 1 МЕТ 6.36 Ушрный обмен (УОК) — 67 мм 1 МЕТ 6.36 Фракц. выброса (ФВ): — 68 мм 1 МС 6.33 Фракц. выброса (ФВ): — 68 мм 1 м	CER
AOPTARIAHAR KRADAH (AKY CHOPKE POLICE)	-
МИТРАЛЬНЫЙ КЛАПАН (МК), створки устаноска дрижутся в выдо Ста	_ Nov (N >=15 MM)
ресеритие створки МК филосом (К.Р.) вередней створки МК филосом системическое дивжение	23 мм) Скорость раннето диастолического закрыти
ТРИКУСПИДАЛЬНЫЙ КЛАПАН (ТК) 1 65 °С	entraner extendence vacor
КЛАПАН ЛЕГОЧНОЙ АРТЕРИИ (КЛА)	энскурсия
CTEHKH J.R. (cp. 2004); 107400004  Mcxxxx, nepersp. (MXII): 20 us. (N = 6-11 us.)	
ТЕНКИ ЛЖ (ср. 2004):  Межжа перетор, (МЖП) ДС им (№ 6–11 мм п. 6–10 мм п. 16–11 мм п. 16	0 S yu (N = 3 - 8 yu)
Месажа, перепр. (МЖП)	10. S un IN = 3-8 soc) 10. TT sou IN = 9-18 soc) 10. TT sou IN = 9-18 soc) 10. TT sou IN = 9-18 soc) 10. The social population of social social population of social socia
Межака перепр. (МЖП) ДС пи. (N = 6-11 м 10 = 6-10 m 1	10 July 1N = 3-8 Mg 10 J Mar 1N = 9-18 Mg 10 J Mar 1N = 9-18 Mg 10
CTEHKH J.K (sp. 2000):  MCARA, REPURD, (MATH)  John CTEHOK, J. C. O. IV. (N = 6-11 vs. (N = 6-10 vs.	10. S JUN IN = 3-8 MOD  10. T MU IN = 9-18 MID  10. T

Rice. 2

Patient H.L. with persistent MA applied to the Institute of Clinical Cardiology. A.L. Myasnikov with complaints of hypotension, dizziness, heaviness in the region of the heart. After the examination, it was decided to limit the control of the ventricular rate with the help of Concor. At the same time, taking into account the noted erosion in the stomach and the absence of risk factors for thromboembolic complications, the previously taken Cardiomagnet was canceled and the dose of Concor was increased from 2.5 to 5 mg per day, after which a worsening of the condition was noted, accompanied by weakness, a feeling of compression in the region of the heart. At the initiative of the patient, Concor was canceled and switched to treatment with the indicated drugs. The patient's condition stabilized, the ventricular rate remained practically unchanged. At the same time, systolic blood pressure increased from 100–105 to 120 mm Hg. Art.

Especially it is necessary to dwell on the patient K.M., 50 years old. Before contacting us, he underwent CABG surgery. According to the ultrasound data, heart failure was diagnosed against the background of cicatricial changes in the left ventricle. In this case, the ejection fraction was 37%. During 6 months of treatment with the indicated drugs and weekly BRT, the patient's condition improved significantly, shortness of breath disappeared, and working capacity increased. On ultrasound, an increase in ejection fraction up to 70%, complete restoration of myocardial contractile function (see attached ultrasound results).

The next patient is R.A., also after CABG and stenting. After the operation, in addition to other drugs to maintain the heart rhythm, he constantly took Allopinin.

Despite this, transient heart rhythm disturbances were noted periodically, especially with changes in the weather. After taking our drugs for 7-8 months, he stopped taking Allopinin. Currently, there are no significant complaints from the heart, the heart rate has become more stable.

The rest of the patients showed positive dynamics against the background of the treatment, although it was not always possible to restore the normal heart rhythm.

Thus, the studies carried out show the advisability of using the above drugs for patients with cardiac arrhythmias.

## Literature

1. Recommendations of the American College of Cardiology and Heart Association, European Society of Cardiology, North American Society of Pacing and Electrophysiology for the Treatment of Patients with Atrial Fibrillation Date of conversion 11/15/2013.

B.I. Islamov, M. Yu. Gotovsky Therapeutic efficacy of homeopathic medicines in combination with BRT in the treatment of cardiac arrhythmias // XX - M .: "IMEDIS", 2014, v.1 - P.44-54

To favorites