

Doctors Without Borders

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The medical profession at all times and among all peoples was considered the most noble, demanded and necessary for people.

Many people have now lost faith in modern medicine. Indeed, the prestige of the doctor is falling. At the same time, the average age of a doctor in the United States is 58! According to Soviet statistics, among the publicized professions (non-publicized professions are test pilots, nuclear physicists, etc.), medical workers were in first place in terms of morbidity. For any state, the protection and strengthening of the health of every member of society is an important task. The most important link in the implementation of this task is the doctor. In a crisis of modern medicine, it is very useful to turn to ancient knowledge regarding the role and qualities of the doctor.

According to the ancient knowledge of oriental medicine, the doctor is the first to show an example of a healthy lifestyle. For initiation into medical knowledge, a person was chosen who was born in a good family, has a tendency to learn, strong, energetic, with a strong character, self-controlling, having a good memory, intelligence, courage, a clean mind and body; having a clear understanding of the subject and understanding in the chosen profession.

Only with such qualities, the doctor could begin to fulfill his duties. Ancient canons indicate that a doctor must thoroughly study the subject of medicine, have practical experience, be a clean body, thoughts and speech. A doctor should not use unclean food, alcohol, tobacco and other drugs, should not use foul language, even mentally wish someone harm, should not have any unworthy thoughts. First of all, the doctor needs to be happy:

- in the physical,
- social,
- psychological,
- spiritually.

Western medicine is largely devoid of the spiritual aspect. It began to accumulate factual material, strengthening and deepening the scientific aspect, turned into a purely scientific field of knowledge. On the one hand, this led to great discoveries in the field of microbiology, genetics, pharmacology, etc. On the other hand, it changed and eliminated the spiritual aspect of medicine. Medicine has become a commercial industry, because in order for science to develop, you have to pay for it. By eliminating the spiritual aspect, Western medicine has lost the essence of healing. Although, according to the definition of the WHO, as well as the definition of the ancients: "Health is a state of physical, mental, social and spiritual well-being," and not just the absence of disease.

The word "doctor" comes from the ancient Slavic "vrati", which means "to speak." A doctor is a person who does not so much heal as speaks - teaches his patient. A doctor is a teacher. The task of the doctor is to direct the patient to the path of getting rid of problems, the path of healing, so that the person himself goes along the path of recovery. The patient should be aware that health depends on himself. In modern medicine there is a section called "deontology" - the science of what should be. This is the science of the relationship between the doctor and the patient - how the doctor should behave with the patient.

Bekhterev V.M. - one of the famous Russian therapists said that if the patient did not feel better after talking with the doctor, then it was not a doctor. The main concept is a personal approach. Each person has their own personality. The physician must build a relationship with this unique personality in mind. This means that there is no such living entity in the world. Finally, a holistic (holistic) approach to a person - healing and wholeness - are the same root words. Therefore, we say that a good doctor is a healer. He gives wholeness by treatment.

It is impossible not to mention one of the most brilliant and famous doctors, who is called the father of medicine - Hippocrates. He not only laid the foundations of the science of health and determined the path of its development, but also formulated the basic moral law of healing - the Hippocratic Oath. Hippocrates was born in Ancient Greece in 458 BC (BC). Seventeen generations of Hippocrates' ancestors were doctors.

Hippocrates lived 110 years and 94 years of them was engaged in independent medical practice. At the age of 30, he became known as a great doctor throughout Asia Minor and Asia Minor. His glory was so great that many cities, princes, kings, and entire nations turned to Hippocrates in case of illness. He gained this fame through the successful treatment and cessation of plague in various Asian countries.

To stop the plague epidemics in various countries, Hippocrates personally came to the infected places, thus, he rendered the greatest benefit to the countries where the plague was raging. He perfected his science among the sick and dying people around him.

Hippocrates began writing his first medical works at the age of 70, and some even later, that is, after 65 years of medical practice. Only with accurate and continuous observation did he dare to write books for transmission to posterity - the most correct rules for the rational treatment of sick people.

Hippocrates wrote that in order to achieve the name of a doctor, one must have the following qualities:

- Inborn talent.
 - Good upbringing.
 - High morality.
 - Studying medicine from a very young age in a renowned good medical school.
 - Love for science and for their difficult pursuits.
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- Significant time.
- Common sense.
- Unlimited philanthropy and conscientiousness.
- Selflessness.

To arouse interest in the study of medicine in their students, doctors must give an account to Humanity about every minute of their lives. And those of them who spend time in absent-mindedness and idleness, study subjects that are far from medicine, will answer for this before God, since it was God who set them up to protect the health of people.

Plutarch, an impartial biographer of great personalities, said: "Hippocrates is a doctor, a teacher of doctors and a benefactor of mankind." "The soul of Hippocrates is as beautiful and pure as his teaching is great and useful." Hippocrates, in order to study medicine more thoroughly and in more detail, asked heaven as a reward for longevity while maintaining health, mental abilities, success in his art, hereditary fame and happiness to be useful. The importance of these qualities and the difficulty of their implementation put the doctor at a high degree of value and benefit for humanity. It is not easy to be a follower of Hippocrates, and a doctor who inherited Hippocrates' science and morality is a truly selfless and useful servant of humanity. The teachings of Hippocrates have served people for over 24 centuries. His deeds became truly glorious, useful, immortal.

There are many sayings of Hippocrates that a doctor can take as the epigraph of his work and his life: "A doctor should treat not a disease, but a patient", "Everything that a doctor does, let it be right and beautiful", "Burning yourself - shine on others."

We use the knowledge of Eastern medicine - we carry out diagnostics and therapy using approaches that have not lost their relevance, despite centuries and millennia, as well as a view of the doctor's profession and its role in treating and accompanying a patient. Life has shown that the combination of ancient sciences and practices with the achievements of modern medicine gives a powerful result in the field of diagnostics and therapy (oriental medicine is 5-6 thousand years old, homeopathy is more than 200 years old, diagnostics by the method of R. Voll, ART, bioresonance therapy are our contemporaries) ... All the achievements and discoveries that were made at the intersection of disciplines reinforce and enrich each other, provide completely new opportunities and perspectives in modern medicine. However, the role of the doctor remains unchanged. He remains the main one in the diagnosis, treatment, observation, maintenance, and prevention of the patient's health.

Having such unique diagnostic and therapeutic capabilities as diagnostics by the method of R. Voll, ART, endogenous and exogenous bioresonance therapy, and having the appropriate mental qualities of a doctor, you can work miracles of healing.

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