

The effectiveness of the use of acupuncture, bioresonance  
and multiresonance therapy in patients with visual impairment in depression

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For many years, in my clinic in Moscow, in the regions of Russia and foreign countries, I have been treating with various methods of reflexology for a wide range of diseases associated with pathology of the organ of vision:

- by the method of ancient Eastern Chinese medicine - Zhen-Tszyu therapy, acupuncture (IRT), auriculotherapy and acupressure;
- modern energy-informational hardware methods, among which: exogenous bioresonance therapy (BRT) with fixed frequencies and induction therapy are carried out on the devices of the IMEDIS Center: MINI-EXPERT-DT, MINI-EXPERT-T and bioresonance therapy (BRT) according to meridians (organs and systems) is carried out on the device "IMEDIS-BRT-A".

List of diseases amenable to such treatment:

- vascular and degenerative pathologies of the retina;
- atrophy of the optic nerve (of various origins);
- glaucoma (primary, asymptomatic and advanced)
- myopia (myopia) progressive;
- farsightedness (hyperopia);
- accommodation spasm, asthenopia, amblyopia, double vision;
- astigmatism, squint, ptosis, nystagmus;
- "computer vision syndrome", "dry" eye syndrome;
- presbyopia (age-related hyperopia);
- macular degeneration, diabetic retinopathy;
- tapetoretinal retinal abiotrophy, retinitis pigmentosa;
- trigeminal neuralgia, optic neuritis;
- neuro-ophthalmology, rehabilitation after removal of a tumor, brain cyst;
- Infectious lesions of the optic nerve (herpes, meningitis, cytomegalovirus, etc.);
- in combination with pre- and postoperative treatment
- other eye pathologies, such as: hemophthalmia (hemorrhage inside the eyes), corneal opacity, retinal edema, opacity and destruction of the vitreous humor, feeling of sand and a foreign body in the eyes, flying flies before the eyes.

#### Relevance

At the XI International Conference "Theoretical and Clinical Aspects of the Application of Bioresonance and Multiresonance Therapy", generalized results of the treatment of eye diseases were presented.

At the XIV conference, we shared our experience in the treatment of neuralgia

trigeminal nerve, at the XV conference - in the treatment of patients with various refractive errors, at the XVI conference - in the treatment of patients with tapetoretinal abiotrophy, at the XVIII conference - the experience of using energy-informational methods in the treatment of patients with neurophthalmology, i.e. rehabilitation after tumor removal, brain cysts, optic nerve infection (herpes, meningitis, cytomegalovirus, etc.).

This time I want to share my experience of using acupuncture, BRT and MRI in patients with visual impairment in depression.

Nowadays, vision loss in depression is one of the most difficult problems. Traditional neurotrophic (drug and physiotherapeutic) treatment does not give a noticeable therapeutic effect.

In this regard, interest is growing in non-traditional methods of treatment, for example, Ancient Eastern Chinese medicine, zhen-tszyuthery, acupuncture (IRT) (acupuncture) and modern energy-informational methods.

#### purpose of work

Evaluation of the effectiveness of the use of ancient Eastern Chinese medicine (acupuncture) and BRT and MRI in patients with visual impairment in depression.

#### Material and methods

In his clinic, Doctor Azim LLC, for 1.5 years, 8 patients with visual impairment due to depression caused by external negative events (death of a loved one, dismissal from work, moving to an unfamiliar city), aged (42–72 years). BRT and MRI were performed on the apparatus "MINI-EXPERT-DT" and "MINI-EXPERT-T" of the center "IMEDIS" according to the school of prof. Yu.V. Gotovsky.

During acupuncture, the following groups of points were used: 1) local paraorbital; 2) segmental - mainly of the collar zone; 3) distant or points of general action; 4) auricular (ear), also acupressure of the earlobes, inner corners of the eyes and temples.

#### Results and its discussion

All patients tolerated acupuncture and BRT well, noted an improvement in general well-being, a decrease in irritability, and normalization of sleep. After the first course, there was a subjective improvement in vision, a decrease in visual fatigue. After the end of the course of treatment, almost all patients showed an increase in visual acuity by 10–20%, while the corrected visual acuity increased by 20–40% and an expansion of the visual field.

#### Conclusions:

1. Acupuncture, bioresonance and multiresonance therapy in combination are effective non-drug and safe methods of treating visually impaired patients with depression.

2. According to our data, the use of BRT, MRI and acupuncture in treatment of neuroophthalmology is significantly superior in efficiency to the currently existing conservative methods of treatment in ophthalmology.

3. During acupuncture, BRT and MRI, there were no adverse side effects and complications.

#### Literature

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