

## Application of EPD and BRT methods in the spa business

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In the conditions of sanatorium and resort provision of citizens in need of health improvement, we have made the use of EPD and BRT methods at the forefront. Our Guests stay at the sanatorium on the following programs:

- endoecological rehabilitation (ERL) according to the method of prof. Levin;
- strength training of muscle groups in a special gym;
- SPA treatments.

At the same time, each of the programs is used separately, with SPA elements in each program.

The main goal of our work, established initially, is to work individually with each patient. We differ from all other medical institutions in that there is no continuous flow of Guests - there is individual work with each, taking into account his characteristics, his diagnoses, response to treatment. And here the application of the methods of electropunctural diagnostics (EPD) and bioresonance therapy (BRT) provides invaluable assistance. This is especially important during the initial examination of the Guest, since the spa cards with which the Guests come, unfortunately, do not reflect the true state of affairs, especially the dynamics of the state of health.

The ERL program is based on lymphotropic therapy - through the use of a special methodology that allows you to cleanse the lymph from a significant amount of free radicals coming from organs and tissues during therapy. But on the third day of intensive treatment, all Guests' objective health (both physical and psychological) deteriorates due to the toxic effect of the above radicals. Generally speaking, no classical method, as a rule, can deeply assess the initial state of a person in order to adjust the treatment taking into account his condition. But this is the most important thing - it is impossible to achieve high results without an individual approach to each Guest.

Upon enrolment the guest passes a certain row unique diagnostic examinations, which allows you to very accurately diagnose even small changes in the state of the body, and, most importantly, to track the dynamics during the course of treatment. We have combined all the techniques available to us, creating a unique diagnostic chain. And the capabilities of our clinical laboratory significantly exceed the capabilities of very serious medical institutions in the city. But the details of diagnostics (including hardware diagnostics) are beyond the scope of this report.

However, it is imperative to say about one method of diagnosis and treatment. Without this equipment, we would not have been able to achieve the excellent results that we have achieved. This is the IMEDIS equipment. Each doctor of the sanatorium who uses bioresonance therapy has the APK "IMEDIS-EXPERT", "MINI-EXPERT-D" (VRT +), "MINI-EXPERT-CT" (apparatus for color therapy), apparatus "MINI-EXPERT-D" with software. The patient at diagnostic

examination on these devices is in the supine position, standard plates for segmental diagnostics (SRS) and BRT are attached to the patient in a special way (our know-how). This position (lying) has a great advantage - the patient, as a rule, falls asleep during the session (and it lasts up to 1.5 hours with us), which has a positive effect on the diagnostic results (the influence of the cortex is removed, and physically such a long procedure is not burdensome).

These devices, determining the initial state, make it possible to understand whether it is possible to carry out those therapeutic measures that should be prescribed. And if the Guest has a pronounced imbalance of the autonomic nervous system, low reserves of adaptation, the scale "State" shows low values of the figure, the Group level of health is closer to the 4th (i.e. very low), - the treatment plan is significantly adjusted, and some even become ERL is contraindicated. In this case, another treatment is carried out, aimed at eliminating the causes of such low rates.

Selection of drainage preparations (as a rule, all drainages related to lymph purification are tested), preparation of bioresonance preparations, taking into account lymphatic congestion, completely neutralize the deterioration of the state on the third day of ERL. Moreover, the final effect is much better than without the use of bioresonance therapy. Among the "side" effects - in addition to the effect of weight loss, improvement of skin turgor - complete disappearance of the depressive state, the onset of pregnancy in women who have suffered from infertility for a long time, new good work has been found, etc.

At the very beginning of our work (about 2 years ago), we created a control group, in which the usual treatment regimen was carried out, and compared it with the second group, in which the methods of bioresonance therapy were applied. In both groups, a survey was carried out, including with the help of EPD. In the first group, in 100% of cases on the third day there were exacerbations, and the degree of their severity depended on the initial state of the Guest. In the second group, against the background of bioresonance drugs (BRP) and selection by testing homeopathic remedies, exacerbations were observed in only 2% of patients, but their severity was insignificant. Diagnostics of standard drugs used according to the ERL program was carried out without fail. After such a sample, we no longer created control groups, and for all the Guests we used the EPD and BRT methods.

Before starting work with the Guest in the gym, segmental diagnostics (SRS) is carried out, and at the end - SRS is repeated; the dynamics of the state is very clearly visible. The dynamics during treatment is very clearly visible when using Mediskrin (a kind of Ryodoraku technique). Both SRS and Mediskrin - the techniques are non-invasive, do not take much time to diagnose, and are very good for assessing the dynamics of the condition.

Based on the results of the year, 98% of the Guests had a significant improvement in their condition. Not a single complication, not a single deterioration. Only 2% of the Guests had an unexpressed improvement (but still - an improvement!), Due to the fact that due to their official circumstances, they were forced to interrupt the treatment. But also

after the resolution of official issues, they returned to continue their treatment and received health improvement.

According to the guests' reviews (and these are, mainly, persons who can afford a lot in material terms), they have not met such high-quality service anywhere in the world. Many of them had previously been treated in the best sanatoriums in Germany, Austria, Italy, and the Czech Republic. A special positive emphasis in the reviews about our sanatorium was on an individual approach to their problems, which is not even at the best resorts in the world, where an important place is occupied by questions of profit, which can only be with a large flow, and, accordingly, loss of individuality.

The conclusion is obvious: without an individual approach to the characteristics of each Guest and without the use of IMEDIS equipment, it was hardly possible to achieve such high results.

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