

Treatment of Stress-Induced Thyroid Disorders

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The relevance of stress is evident in every situation of everyone, every day. According to Hans Selye, stress is an adaptive response of the body to changing environmental conditions. The psychological aspect of stress is unjustified hopes. Stress can be seen as the duality of psychosomatic health, as balance or harmony between body and soul. Stress as a dominant is certainly a decrease in the frequency range, a decrease in energy in the body as a whole, in the whole cell at the level of the soma (body).

According to Selye, stress, dominant - a decrease in the measuring level (arrow "down"), who is "to blame", which organ (soma) is the restoration of the measuring level (arrow "up"). It, in turn, is the basis for the development of viruses, bacteria, fungi. As a result, in the tissue (soma) of cells, a metabolic syndrome with a deficiency of microelements develops. Stress, of course, depends on the level of the pathological dominant and the decrease in the frequency range in the central nervous system. It is important to remember that when the embryo is laid from one leaf, the central nervous system, neuroendocrine system, and skin are formed. Stress is emotions, fear, resentment, irritation. It is important at the reception to see the patient's motivation to recover or the convenience of the illness. If the patient is "comfortable", he gets stuck in emotions, and they block the level of the endocrine glands (more often, the thyroid gland). Stress shifts from the central nervous system to the endocrine glands. The thyroid gland itself, having the shape of a "shield", anatomically must protect the body, reduce the low-frequency range from stress. Individuality is always a priority. For one, stress passes through layers from more important to less important organs and heals. "Stuck" in the dominant of the low frequency forms the duration of stress, which can last for several minutes or a year. ART can diagnose and treat stress. "Stuck" in the dominant of the low frequency forms the duration of stress, which can last for several minutes or a year. ART can diagnose and treat stress. "Stuck" in the dominant of the low frequency forms the duration of stress, which can last for several minutes or a year. ART can diagnose and treat stress.

Manifestations of stress: decreased performance, decreased ability to experience feelings, constant apathy, anxiety, sleep disturbance, memory, inability to concentrate, tachycardia, increased blood pressure, migraine, headache, decreased lymphocytes, nausea, constipation, diarrhea, flatulence, decreased libido, disturbance menstrual cycle, rash, urticaria, eczema, thyroid dysfunction, pancreas. Any psychosomatic illness can give these manifestations of stress.

In order to restore health, it is important to eliminate the cause of stress at all levels.

When patients apply to the Eliseeva Medical Center, the ART method reveals patients in a state of stress. Using this method, exogenous and endogenous causes of stress are traced in each specific case.

Clinical example

Patient N., 19 years old. She complained of sleep disturbances, a "lump" in the throat, fears, itching of the skin, a sharp deterioration in appetite. From the anamnesis it became clear that she fell ill after failing exams at the institute. Ultrasound: an increase in the isthmus in the left lobe of the thyroid gland.

Examined by ART method:

- psychological load of 6 tbsp.;
- endocrine system 2 tbsp., Thyroid gland;
- trace elements, deficiency - zinc, chromium, iodine, iron;
- vitamins, deficiency - C, B1, B2;
- viral burden: herpes 1;
- fungal burden: candida glabrata, candida "kefir";
- helminthic invasions: clonorchis.

Treatment regimen:

- 1) Cleansing the body.
- 2) Gymnastics.
- 3) Diet, drinking 1.5-2 liters of water.
- 4) OBR, BCHR.
- 5) Homeopathy.
- 6) Programs of induction therapy "stress", "rest".
- 7) Trace elements.
- 8) The drug is "false polarity".

Follow-up after 2 weeks: psychological load 4 tbsp., No complaints, continues the doctor's recommendations.

Control ultrasound of the thyroid gland after 1 month - no pathology.

Conclusion: the ART method allows timely diagnosis of stress and changes in the thyroid gland, to treat, restoring the health and function of the thyroid gland.

Literature

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I.P. Rakhmatullina Treatment of pathology of the thyroid gland caused by stress // XIX "M.:" IMEDIS ", 2013, v.1 - P.187-189

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