

CMV infection. Practice notes
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Working in information medicine for about ten years, you become a witness to the innermost secrets of the body, and, possibly, the discoverer of the foundations of many pathological processes, the interpretation of which goes under the heading "cause unknown". Such diseases are incurable and are a heavy burden for a person for the rest of his life. The accumulated experience allows us to more deeply illuminate the activities of one of the representatives of the group of herpes viruses - cytomegalovirus (CMV).

Many scientific and unscientific works are devoted to this infection. From a popular television show about health, we learn that CMV is transmitted from person to person through kissing, sexual contact, and vaccination can protect against it. In this article I will try to present my view of this infection, to give in a generalized form examples from practice, the results of treatment, on the basis of which conclusions can be drawn about preventive measures.

Man is not born sterile! It is a complex biological system, which initially contains a certain group of infections that are in an inactive, "closed" state - a kind of Pandora's box. The state of health is determined by the state of harmony in the body, as an integral system. Under the influence of certain reasons (external stress, psychogenic factors, bacteria, viruses ...), an imbalance in the body occurs. There is a mass of trigger shocks, changes in homeostasis occur. Harmony is broken. The disease develops. With good immunity, the system of protection and restorative reactions is quickly connected. The most complex processes are developing, aimed at bringing the biological system back into a state of equilibrium. With the weakening of the forces of protection or with gross intervention from the outside, an internal infection emerges,

So, CMV infection.

In my practice, the smallest patient in whom I observed the onset of CMV infection was a twelve-day-old girl. The child was diagnosed on the fifth day after discharge from the hospital. The girl's mother was monitored at our center throughout the entire pregnancy period (examination every two to three months). Pregnancy proceeded without pathology, the child in the womb was healthy, health group 1/1. The birth was successful. On the 5th day, BCG was vaccinated. Complaints of the mother when referring to anxiety, chin tremors, disturbed sleep. ART data: the girl's health group is 2/3 (!), The immunity tension is pronounced, caused by a violation in the thymus gland by the present vaccine miasm (tuberculin). Harmony is broken! Pandora's Box opened. The child has an acute inflammatory process in the motor area of the brain,

- this is the beginning of the process. The child coped with our help, but the following vaccinations follow (their number is growing), and whether the body will be able to adapt after each of them is a big question.

I have seen many children with CMV infection - they all go under the guise of various diagnoses: MMD, various syndromes of central nervous system depression, from minimal severity to maximum, or without any diagnoses (just a smart child, a "special" child). In many people with various chronic pathologies, CMV infection is simultaneously diagnosed, but against the background of the main processes, it does not act as the leading one, but it can be the basis of the current processes (psoriasis ...). But without acting on the "root of evil", you cannot solve the main problem ...

Let me dwell in more detail on the organs most often affected by CMV. The most common is the defeat of the hypothalamus. The hypothalamus is a very important endocrine gland that coordinates the functions of other endocrine glands. If its function is impaired due to CMV lesion, a wide variety of clinical manifestations are observed. For example, only when melatonin production is impaired does the following picture develop:

1. From the skin: impaired control of vital functions, harmony demodex, gives impetus to a violation of the drainage function of the skin, which leads to the development of a wide variety of disorders: from minimal dermatoses - demodicosis, to maximum - various degrees of psoriasis, atopic dermatitis, and when autoimmune processes are connected - SLE, scleroderma.

2. From the nervous system: from slight irritability to fury, aggression. This is a clinic of neuroses, psychosis. For some people, the threshold of nervous sensitivity becomes so high that they can see and hear the "subtle" world, and end up in psychiatric hospitals with a diagnosis of schizophrenia. On the part of the psyche, the most varied manifestations: from the release of energy outward, which manifests itself in aggressive behavior, uncontrollability, to the "cumulation" of energy in oneself and the development of a picture of depression, autism. Many children receive the status of "special" children with whom it is difficult to find a common language. Perhaps the secret of the "indigo" children is somewhere nearby. I had such patients. In the official diagnosis, CMV infection did not sound.

3. Melatonin also controls the function of the sex glands. In violation of it production develops dysfunction of the ovaries and testicles and problems arise in the onset of pregnancy. Such patients are now not uncommon and, fortunately, we are able to help them. The cause of sexual dysfunctions - frigidity, impotence - can also be found here.

And this is far from all aspects of clinical manifestations only in violation of the production of melatonin, but the hypothalamus also produces other hormones and controls the work of other endocrine glands.

How many different diagnoses are exposed (hypertension, menopause, obesity, schizophrenia, infertility, psoriasis, eczema), and nowhere have my patients heard the reason, the basis of these problems is CMV infection, hypothalamus.

The next "favorite place" of CMV infection is the motor area of the brain. There are several options for manifestations of the flow: acute,

chronic, latent. I touched on the clinic of the acute course a little earlier - anxiety, disturbed sleep, headache, lethargy - which can appear against the background of ARVI, after vaccinations. The body can cope with it on its own, but the infection can turn into a chronic, sluggish one, which can lead to the development of multiple sclerosis, and in combination with a bacterial infection (streptococcal) contributes to the development of epilepsy. It is possible that CMV infection is the leading cause in the development of Alzheimer's disease. By the way, the deficiency of vitamin PP in Alzheimer's disease is also determined, but, most likely, this manifestation is secondary, and the infection is the primary one. Amyotrophic lateral sclerosis, Parkinson's disease (damage to the cerebellum), progressive muscular dystrophy can also be a consequence of CMV infection.

Also, CMV infection often affects the retina and optic nerves. How many misfortunes and failures in the results of operations she brings! After all, an operation carried out during the course of an active process is doomed to failure.

Clinical examples

1. The patient is 28 years old. Sick from the age of 12, progressive decreased visual acuity, retinal detachment. Over 14 years, 17 laser coagulations have been performed. The reason is associated with hereditary pathology (and in fact, everyone in the family is healthy). On examination - ART data for the current CMV infection in the retina. After the therapy, the process stopped and a long-term remission occurred. The patient has been observed for three years. Condition without deterioration.

2. Patient, 60 years old. Retinal detachment occurred after lifting weights. Four laser coagulations were performed within a three-month period. ART data for acute retinitis (CMV infection), retinal detachment. The treatment was carried out - BR-therapy. A month later, laser coagulation was successful, and the detachment stopped. The patient will now have the next lens replacement surgery (complicated cataract).

We are happy together with patients, receiving good treatment results, which, naturally, depend on the duration of the disease and the depth of the process. We cannot make organs new and young, but we can stop or control pathological processes in them. And success in 90% of cases depends on the patient, how ready he is to lead a healthy lifestyle and live in harmony with himself and the outside world.

I would like to repeat again and again: the possibilities of the bioresonance therapy method are endless, help to people is priceless and our gratitude and gratitude of our patients to brilliant people who have created brilliant technologies is endless!