

Experience in using bioresonance technologies and antihomotoxic therapy in complex endoecological rehabilitation

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In recent years, living conditions, psychosocial, environmental, informational and technogenic situations create loads for the human body that cause a breakdown of adaptive and compensatory mechanisms. Clinical medicine ascertains a change in the course of many diseases, the effectiveness of generally accepted classical methods of treatment decreases, drug insensitivity to pharmaceuticals develops, etc.

The current situation is largely associated with exogenous and endogenous pollution of the endoecological space, i.e. the internal environment of the body, which is a risk factor - a background condition for the development of various health disorders.

Leading medical environmentalists of the country N.A. Agadzhanyan (1996-2001), Yu.I. Borodin (1997-2003), Yu.M. Levin (1991-2006) consider the 21st century to be the century of ecological medicine, the implementation of a healthy lifestyle, in connection with which the development of health-improving and preventive programs for the coming decades will have an ecological justification.

According to leading experts, allopathic (medicinal) medicine itself is becoming more and more dangerous due to the fact that chemically synthesized drugs are alien to the body, that is, they are xenobiotics. According to modern data, up to 100 thousand different xenobiotics constantly enter the human internal environment. Their cytotoxic effect causes degenerative consequences, chronicity of diseases, and triggers the processes of carcinogenesis. The development of tumors in many cases is considered as a result of a violation of the censor function of the lymphatic system during the accumulation of exo- and endogenous carcinogens in the body (Yu.I. Borodin et al. 2003 and others)

Currently, a significant part of the population is in a state where a person is neither sick nor healthy. Bearing in mind that the human body is a hierarchical functional system with a unique ability to restore the initial state in modern conditions, it is important to timely assess intersystem, interorgan interactions and the state of intercellular communication. In modern conditions, a person is affected by many negative factors that cause damage to intracellular structures. The influence of these factors can be assessed using diagnostic methods. The etiological factors of these disorders can be toxic-chemical, biological loads, man-made electromagnetic, radioactive, geopathogenic burdens.

Taking into account the current situation, in recent years, a medical and biological direction has been developing in the country - endoecology, which has accumulated experience in managing the fate of poisons in the body (cleansing the endoecological space,

proposed by Professor Yu.M. Levin)

Removal of homotoxins from the body, the implementation of detoxification and lymphatic drainage using the means and methods of traditional medicine allows us to note that bioresonance methods, antihomotoxic therapy and other non-drug methods give a statistically significant effect in improving the body (recalling the principles of evidence-based medicine).

Our experience in endoecological rehabilitation (since 2001) has shown the effectiveness of preventive detoxification and lymphatic drainage, antiparasitic therapy, correction of technogenic and other loads. The developed program of complex multilevel endoecological rehabilitation is protected by a patent for an invention (No. 2173465 "Method of cleansing the body", priority 2004), has been tested in various contingents and age groups, among workers in harmful professions, etc.

Based on the prerequisites and the possibility of a wide range of bioresonance technologies in the diagnosis and treatment of various disorders and loads, we use the methods of electropunctural vegetative resonance test (ART, ART +), NLS analysis to identify pre-morbid conditions of various burdens in differential and synthetic diagnostics.

In diagnostic algorithms, first of all, we define technogenic physical activity. It should be said that, depending on the patient's age, place of residence, professional activity, the following are revealed: electromagnetic loads in 13–43%, geopathogenic - 17–37%, radioactive - 9–18.2%.

The infectious and parasitic component of the endoecological space strikes every year with a progressive increase in candidiasis, persistence of a viral infection, protozoa, helminthiasis, etc.

Toxic burden and the accumulation of allergens in the tissues and the lymphatic system, as a rule, depend on the place of residence, professional affiliation, and the patient's diet. It should be especially noted that in recent years, testing has often revealed the intolerance of many patients to modern dental materials that cause allergies and toxic burden.

In the program of cleansing the body, ranking places are occupied by:

- correction of technogenic physical activity;
- selection of adequate balanced nutrition;
- correction of acid-base balance;
- detoxification of the body, drainage of lymph and sanitation of the pericellular space;
- antiparasitic therapy;
- microbiological therapy - according to indications.

To implement the above points, we widely use endogenous and exogenous bioresonance therapy, homeopathic remedies - antihomotoxic drugs (firms "OTI", "Heel", etc.), colloidal phytosorbents, antiparasitic herbal remedies, hirudotherapy, lymphotropic sorption agents, etc.

programs for the management of the drainage-toxic activity of the lymphatic system under the guidance of Academician Yu.I. Borodin, which are implemented in health resorts and health programs of various levels and purposes. We take into account the principles of the proposed lymphatic drainage, have established their effectiveness when used in multi-level, complex endoecological rehabilitation of the body.

In conditions of intensive multicomponent environmental pollution, a decrease in the quality of nutrition, a total deficiency of micronutrients, an infectious and parasitic load, the problem of medical and ecological rehabilitation of the population acquires a social character, because all these burdens constitute a premorbid background. In this regard, the methods of traditional medicine (bioresonance methods, homeopathy, nutraceuticals, microbiological therapy, etc.) act as uncontested, effective and widely used methods at different levels of population health improvement.

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