

## Treatment of duodenal ulcer by the BRT method in hospital

IN AND. Gustomesova, E.N. Gustomesova, T.N. Sviridova, E.E. Zvereva (BUZ Regional  
Clinical Hospital No. 1, Voronezh State Medical Academy named after N.N. Burdenko,  
Voronezh, Russia)

Ulcerative disease - chronic recurrent disease, characterized by alternating periods of exacerbation and remission, the main manifestation of which - the formation of a defect (ulcer) in the wall of the stomach and duodenum, penetrating the submucosa.

The prevalence of peptic ulcer disease among the adult population is 7-ten %. Duodenal ulcer localization is diagnosed more often than gastric (ratio 4: 1). Among patients with duodenal ulcers, there are more men than women, while among patients with stomach ulcers, the ratio of men and women is approximately the same.

In the clinical picture of the disease, especially when the ulcers are localized in the duodenal bulb (DPC), there is a clear connection between the occurrence of pain and food intake. For duodenal ulcers, late pains, "hungry", and also night pains are characteristic. A number of patients have various dyspeptic disorders (heartburn, nausea, vomiting, constipation), were more pronounced than pain.

A distinctive feature of peptic ulcer disease is the frequency of the course. Flare-ups that usually last 3 to 6-8 weeks, followed by a remission phase.

Purpose of the study: to study the effectiveness of exogenous and endogenous bioresonance therapy (BRT) in patients with duodenal ulcer disease (men and women aged 30 to 50 years) with a disease duration from 6 months to 10 years.

### Research methods and materials

The work is based on the results of treatment of 40 patients with duodenal ulcer (duodenal ulcer), who received standard therapy in a hospital setting.

All patients were divided into 2 groups of 20 people each: the main group (received standard conventional therapy) and the "BRT" group (exogenous and endogenous BRT was added to the standard conventional therapy). Sessions were held after 2-3 days, depending on the dynamics of the patient's condition.

### results

In the course of treatment in patients of the "BRT" group, compared with the main group, there was a more rapid relief of abdominal pain syndrome and dyspeptic phenomena.

Conclusion: the positive effect of bioresonance therapy in the composition complex treatment of duodenal ulcer ", which makes it possible to recommend it for inclusion in the treatment regimen for this category of patients.

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