

## The experience of testing applicants on the apparatus "MINI-EXPERT-DT"

at the Nizhny Novgorod Academy of the Ministry of Internal Affairs of Russia

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One of the serious problems in Russia is the use of drugs by various categories of citizens, which necessitates diagnostic and preventive work in this direction. Today, the number of schoolchildren who have used drugs at least once is growing. It is adolescents and high school students, due to their age characteristics, who are influenced by other people who use and even distribute drugs. The use of narcotic substances affects, firstly, the health of high school students, and secondly, their future fate, even if the use was one-time.

In senior school age, students who use drugs show insufficient psychological readiness for professional activity, difficulties in labor self-determination and social adaptation in general. It is at this age that they must make a professional choice; many of them are oriented towards study and service in the internal affairs bodies.

All this determines the importance of testing to identify students who use drugs, starting from high school, with the aim of timely prevention in this direction. All this will allow the student to adjust his behavior and determine the importance of his future professional activity.

According to the Federal Law of the Russian Federation "On Police" dated February 7, 2011, Art. 35 p. 4, citizens of the Russian Federation who join the police are tested for drug addiction.

In the Nizhny Novgorod Academy of the Ministry of Internal Affairs of Russia, since 2011, testing to identify applicants who use drugs is carried out using the Mini-Expert DT apparatus.

In 2012, as part of the professional psychological selection of candidates for study, 317 people (100%) were examined. Of these, two applicants were identified who use drugs (0.6%), which was one of the reasons for refusing to enroll in the academy. The candidates confirmed the facts of repeated use of narcotic substances in an interview with the specialists who conducted the testing; they refused to undergo additional testing at the narcological dispensary.

These candidates showed an increased level of anxiety, such qualities as irritability, impulsivity, and increased aggressiveness were manifested.

They grew up in complete and prosperous families, where not only the very fact of drug use, but also any information on this topic was perceived negatively. However, the influence of peers turned out to be quite strong and led to the repeated use of drugs, which was

identified using the apparatus "MINI-EXPERT-DT".

In order to confirm the results obtained using the Method for the Identification of Persons Using Narcotic Substances on the MINI-EXPERT-DT apparatus, psychophysiological studies of applicants were selectively carried out on the Chris polygraph, which gave negative results (over the last year of drug use did not have).

Thus, testing using the MINI-EXPERT-DT apparatus was found to be informative and reliable. This method does not require additional efforts and costs, which allows it to be effectively used in the professional psychological selection of applicants to the Nizhny Novgorod Academy of the Ministry of Internal Affairs of Russia.

For the purpose of early diagnosis of drug addiction, the method of identifying people who use drugs, this device can be used in the senior classes of secondary schools.

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