

Traditional treatment and prevention
as a technology of rehabilitation treatment in a megalopolis

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It is known that half of all humanity lives in cities. Cities where production, concentrated culture, infrastructure are engines of progress. Cities provide opportunities for raising incomes, wide access to education, medicine and social services. But the great overcrowding of people suggests a number of negative aspects.

- these are unfavorable living conditions,
- the quality of food and water,
- insufficient work of waste disposal services,
- air pollution,
- overloaded transport,
- poor performance of treatment facilities,
- health impacts associated with climate change (heat waves, severe storms).

We have to deal with the rapid spread of infectious diseases. There is a large number of chronic infectious diseases of various localization. This is facilitated by a sedentary lifestyle, smoking, alcohol abuse, and unhealthy diet.

A certain danger to the health of the townspeople is brought by accidents, road traffic accidents.

So, in 1990, 3 people out of ten of the world's population lived in cities, and in 2010 more than half of the population lives in cities. The number of cities increases annually by 60 million people. Today, almost half of all urban dwellers live in cities with

The population ranges from 100,000 to 500,000 people. And 10% of city dwellers live in mega-cities like Moscow. (population over 10 million.)

Due to migration, the number of megacities is increasing by two-thirds.

Due to the large crowding of people in public places, an outbreak of epidemics is possible.

WHO identifies a triple threat to the health of urban residents:

- infectious diseases (tuberculosis, AIDS, diarrheal infections, etc.
- non-communicable diseases: heart disease, cancer and diabetes.
- injury.

Infectious diseases pose a major threat due to population density, international tourism and business, and the quality of drinking water and sanitation.

Non-communicable diseases are exacerbated by poor diet, air pollution, including tobacco smoke, drugs, alcohol.

By the middle of the 21st century, the world's urban population is projected to double to 6.4 billion in 2050.

Of course, eliminate all urbanization problems with

bioresonance therapy is impossible, but practice has made it possible to determine a number of recommendations for residents of a large city.

According to the results of an electropuncture examination of 30 residents of Moscow, carried out on the device "IMEDIS - EXPERT", the following conditions were noted:

- the presence of a radioactive load - 20 people,
- presence of electromagnetic force fields - 23 people,
- presence of geopathogenic load - 9 people,
- poisoning with heavy metals - 18 people,
- poisoning with environmental toxins (including carbon monoxide) - 17 people,
- mental stress - 19 people,
- improper nutrition - 25 people,
- allergic reactions - 16 people,
- poisoning with pesticides was observed - in 7 people,
- pathology of the cardiovascular system - 24 people,
- pathology of the thyroid gland - 23 people,
- bronchial asthma - 8 people,
- xp. diseases of the genitourinary system - 26 people,
- sugar. diabetes - 6 people

All patients were followed up once a month for a year. All patients underwent therapy aimed at neutralizing the influence of external loads.

For patients with metabolic disorders (diabetes mellitus, gout, obesity, etc.), food testing and diet optimization were carried out.

And against the background of an adapted diet, the functions of various organs and systems were restored.

Dysfunction of the cardiovascular system is the most common pathology among residents of a large city. Frequent changes in atmospheric pressure, severe geomagnetic conditions dictate the need for regular BRT sessions to maintain the body. At the same time, the parallel use of homeopathic complex preparations HEEL, WALA, OTI, RECEVEG gives a good clinical effect in functional disorders of the cardiovascular system and coronary circulation. The triad had a strong therapeutic effect during the summer heat of 2010. In the same period, homeopathic medicines Arnica, Bovista and others were used for carbon monoxide poisoning.

With frequent colds in children and city residents, regular BRT sessions lead to an increase in the body's resistance to infections, treatment of hypovitaminosis and dysbiosis, increased efficiency and fertility, and improved memory and sleep. Mantoux reactions are normalized in patients with tuberculosis infection, and the percentage of complications of diabetes mellitus decreases. In patients after myocardial infarction and stroke, drug-free rehabilitation of the body with the effect.

with good therapeutic

Treatment chronic infectious diseases, autoimmune

processes (rheumatoid arthritis, autoimmune thyroiditis, polymyositis, etc.) is aimed primarily at restoring the function of the immune system.

Considering the above, prevention and treatment using bioresonance and multiresonance therapy is recommended for all residents of the metropolis as a method of rehabilitation therapy.

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"IMEDIS", 2012, v.2 - C.240-243