

A new approach to the treatment of psychosomatic diseases

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The psyche is a special side of the life of animals and humans and their interaction with the environment. The psyche is assessed by a number of parameters: integrity, activity, development, communication, adaptation, etc. The types of mental processes include:

1. Cognitive pattern recognition - sensation, perception, thinking, attention, memory, imagination, speech.

2. Emotional - emotions, feelings.

3. Strong-willed - making a decision. Simplified

model of the mental apparatus:

1. Consciousness is the state in which we are, perceiving the world. 2. The subconscious (or unconscious) is a special psychic force that lies beyond consciousness, but controls human behavior.

Consciousness and subconsciousness (or unconsciousness), being, in fact, a single whole, are in a state of interconnection and in a state of mutual denial at the same time. Consciousness affects the subconscious through the mental body - mind, intellect, mind. The subconscious mind affects consciousness through the surrounding world, through reality, which is determined by the state of the causal (karmic) body. The unconscious (or subconscious) and consciousness are in antagonistic relations, in an endless struggle, the subconscious always wins.

The mechanism of interaction with the outside world (or psyche) is determined by the information that is in the subconscious - in the causal (karmic) body. The karmic body contains information about all human actions, it consists of positive and negative parts. A person came to this world with the baggage already accumulated in past incarnations. With the predominance of negative in the causal body, a person negatively perceives the world around him, the psyche and, accordingly, human behavior are disturbed. A person, perceiving the world negatively, shows negative qualities, worsening his relations with the outside world. With a small severity of mental disorders, we perceive this as an expression of characterological characteristics. With an increase in the severity of mental disorders, psychosomatic diseases arise that are difficult to diagnose. With the help of the ART method, it became possible to diagnose such conditions.

Conditions related to mental processes:

1. Bad mood.
2. Touchiness.
3. Stubbornness.
4. Conflictness.
5. Fooling around.
6. Inappropriate reactions.
7. Spitefulness.
8. Vindictiveness.
9. Distrust.
10. Suspiciousness.
11. Defectiveness.

12. Fears.
 13. Self-conceit, self-exaltation.
 14. Panic.
 15. Kleptomania.
 16. Mental illness.
- Testing violations:
Index: Epiphysis 2000 ↓ + GM-P ↑; Epiphysis 2000 ↓ + SDA ↑

Treatment of disorders

1. GM-P: curare, aconite, myrrh, strychninum nitricum, thuja. All drugs in potency 5000. Write down all drugs together for 1 globule. Reception for 1 ch. x 3 times a day, not less than 7 weeks. The need for further admission is determined by testing.
2. SDA.

Mental stress, defined through Epiphysis D4, is an indicator of mental stress and is eliminated using Bach colors, FLOWERPLEX, and Medpharma preparations. They need to be eliminated simultaneously with the therapy of mental disorders or even earlier - with a high degree of mental stress.

Diseases of the soul

The soul belongs to the subconscious. Its state depends on the state of the causal (karmic) body, on the ratio of its positive and negative parts; from the types of mental processes - sensations, perceptions, emotions, feelings and other factors. With the predominance of the negative component of the causal body, the psyche suffers, which affects the state of the soul, manifested by its diseases:

1. Cruelty.
2. Insensitivity.
3. Indifference.
4. Selfishness.
5. Defectiveness.
6. Sadness.
7. Faintheartedness.
8. Jealousy (possessiveness).
9. Hatred.

Testing for Soul Diseases:
Index: Hypothalamus 1500 ↓ + drug from the list ↑

Treatment of Soul Diseases

1. Lachesis.
2. Argentum nitricum.
3. Conium.
4. Thuja.
5. Arnica.
6. Arsenicum album.

7. Pulsatilla.
8. Selenium.
9. Rus toxicodendron.
10. Curare.
11. Aconite.
12. Hamomilla.
13. Hina.
14. Veratrum album.
15. Acidum fluoricum.
16. Nux Moskhata.
17. Mirra.
18. Waziri.
19. Xylitol.
20. Psorinum.
21. Orange.
22. Yellow.
23. Purple.
24. Turquoise blue.

All preparations, except Flowers, have a potency of 4000.

Test each drug and, if the answer is positive, write down the tested drugs per globule (complexon - GM-D). Reception for 1 ch. x 3 times a day. You can prescribe treatment at the first appointment. The duration of the drug intake is from 3 months or more.

40 patients were treated for 6 months. Of these, 14 people took drugs from the first dose. In 26 people, mental stress was eliminated before taking the drugs. The severity of mental disorders was different. Almost all patients admitted that they had impaired interaction with the outside world. One patient, who was not prescribed psychoactive drugs, had emotional breakdowns that disappeared after the administration of Bach flowers. The frequency of control appointments is once a month. After the first month of taking the drugs, positive changes in their reactions to negative situations were noted by all patients, but they were more pronounced in those who had a more pronounced degree of mental disorders. Patients noted a change in the attitude of the people around them. Relationships have become more positive and harmonious. One patient, who was under severe stress, had to increase the dose of the drug. In two patients with severe psychosomatics, their disturbing symptoms disappeared, their state of health improved, and a tendency towards an optimistic perception of negative reality appeared.

Taking into account the possibility of the influence of consciousness on the subconscious, the patients were interviewed with an explanation of the possibility of consciously changing their attitude to the world around them, finding positive in any manifestation of negative - seeing in these manifestations the state of their subconscious, which guides our behavior and the attitude of the world around us. Specific cases from their lives were dealt with with patients and the connection between disturbances in the perception of the surrounding world and their diseases was explained. In the process of complex work

with the participation of the patient himself, his worldview changed, as a result of which functional disorders disappeared and positive changes occurred in the course of chronic diseases.

Conclusions:

1. Using the diagnosis of mental disorders using ART and treatment with homeopathic medicines in high potencies helps to improve the quality of life of patients with psychosomatic diseases and facilitates diagnosis in this category of patients.
2. Combination of the use of GM-P and GM-D with psychotherapeutic conversations enhances the effectiveness of treatment of patients with psychosomatic diseases and helps patients to participate consciously in the treatment process.

Literature

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