

Energy alignment  
using the capabilities of ART diagnostics

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Our whole life is subject to certain laws - orders that we sometimes can neither understand nor accept, but at the same time we constantly feel their effect on ourselves. Help is also subject to certain orders and becomes possible only through knowledge and understanding of such orders.

Bert Hellinger

The primary basis of all life is a single energy-informational field of the Universe. Each person is a full-fledged piece, a cog in this information field. And if every screw of this organism will clearly fulfill the tasks assigned to it, then the whole mechanism will work like a clock.

There are certain laws according to which the general field works. And these laws absolutely do not care what we think of them. They just are! The task of every soul, living in the material world, is to learn to live according to these laws. There are many laws, they are different - this is the boomerang law, and the law of balance, and the law of responsibility, and many others. The basic principles of these laws are reflected in God's Commandments.

I tell my patients that it is difficult to remember all the laws. The main thing is to learn the basic principle - to treat others the way you would like to be treated. Putting yourself in the place of another person, then it is easier to understand and forgive. We all need to come to a state of unconditional love, the Love of God. Love is the measure of truth and life.

Where love reigns, there is FREEDOM. Where love reigns, there is FRIENDSHIP. Where love reigns, there is RESPECT. Where love reigns, there is humility. Where love reigns, there is VIRTUE. Where love reigns, there is FORGIVENESS. Where love reigns, there is MERCY. Where love reigns, there is WISDOM. Where love reigns, there is HOPE. Where love reigns, there is FAITH.

Where love reigns, there is GOD. Where love reigns, there is LIFE.

A parable would be appropriate here.

And GOD said no to me.

I asked God to take my pride, and God said no to me. He said that pride is not taken away - it is abandoned.

I asked God to heal my bedridden daughter, and God said no to me. He said that her soul is eternal, but her body will die anyway.

I asked God to grant me patience, and God said no to me. He said patience is the result of trials. They don't give it, they deserve it.

I asked God to grant me happiness, and God said no to me. He said that he gives blessings, and whether I will be happy at the same time depends on me.

I asked to save me from pain, and God said no to me. He said that suffering removes a person from worldly concerns and brings him closer to him.

I asked God for spiritual growth, and God said no to me. He said that the Spirit must grow on its own, and He will only cut me to make me bear fruit.

I asked God to help me love others as He loves me, and God said: "Finally you understand what you need to ask for" ...

I asked for strength, and God gave me tests to temper me ...

I asked for wisdom, and God gave me problems to puzzle over ... I asked for courage, and God sent me dangers ...  
I asked for Love, and God sent me people in need of my help ... I asked for blessings, and God gave me opportunities ...  
I didn't get anything that I asked for. I got everything I needed. God heeded my prayers!

There are seven deadly sins that are reflected in all religious denominations. These are anger, pride, envy, greed, despondency, gluttony and fornication. It is these hidden spiritual vices that alienate us from the main task for which we appeared in the material world.

"We live in a time of unprecedented changes and upheavals, and this is due to the fact that we are moving from the old belief system based on duality, to the Greater Reality, rooted in Oneness. We are encouraged to live fuller lives than humans have ever lived, and in everything we do to show Mastery and Love. Great Times require Greatness in Being and Greatness in Action. And the Times of the Completion require our full participation.

All over the world there is a powerful awakening now. The sleeping giant of our One Being comes to life. And we realize that we are all part of this ONE, LIVING, ORGANIC BEING. Nothing exists apart from the One. And now we know that it is unacceptable for any part of our One Being to suffer without the most important, necessary benefits of life. Since we are One, we no longer want to perceive the "other" as separate from "me". And together, as One, we share responsibility for everything.

If we can begin to live for the present, free ourselves from our shell and reveal the innermost, true, vulnerable, natural, deep, wide open, passionately loving, whole inner being, then perhaps we will be able to take a step beyond this dying, unreal the world and create something New.

A new world is awaiting birth. The Great Reality is before us. The border separating us from this Great Reality is melting before our eyes. The veil is lifted.

The long cycle of our reincarnations has come to an end. We know this last incarnation is very important. It's time to finish all the insoluble karmic tasks. We must gain integrity, and for this we must merge all our shadow essences together, heal our feelings and get rid of everything that prevents us from revealing our True Selves. In addition, each of us has a Divine Mission that we must fulfill. We all came here for a reason. We know that we must go through a great many transformations for some Higher Purpose. These transformations and renewals affect the deepest levels of our being, influencing our physical, mental, emotional and spiritual bodies. " [2].

Steve Rother, in his book *Spiritual Psychology*, offers several concepts that we must embrace in order to see life in a different perspective. This is:

1. We are spirit beings experiencing life in human form.
2. We are just an energy that cannot die, but only changes its forms.
3. We live life in the sphere polarity (= duality). So we see ourselves separated from each other, although in reality we are inseparable. All concepts of good and bad, right and wrong, white and black, love and fear, etc. - just an illusion of the sphere of polarity.

4. Humanity is now going through its evolution through a qualitative leap, what makes us to seek higher truths to support our new exalted state.

5. The Human Spirit is an incredibly powerful source of Creation.

In the old days, when people needed healing, they always turned to a healer for help. They were looking for easy solutions - a pill, a special diet, or a magic cure that would help them recover instantly. This method has worked remarkably well up to the present stage of evolution. He allowed us to receive the help we felt we needed.

These principles do not work in the New Energy. Currently, a healer is one who helps others create a space in which they can heal themselves.

In the same book, Steve Rother provides twelve suggestions for working with people to self-empowerment in New Energy. These are the proposals.

one. Concentrating on gaining strength. This means that our main concern and the first the goal should always be to find ways to help people in which we do not take away their power. Healing in the higher vibrations of the New Earth can only happen when people wield their own power.

2. Healing on request only. Any healing assistance should be provided only on the patient's request.

3. Intention. In the New Energy, the promotion of healing is possible only with the presence of a higher intentions.

4. Perception. Illness is not always a sign that something is wrong. In some moments of illness are needed to help change, and our role here is only to facilitate this process. It is important to realize that illness is just one of the "states" of health, and the healer must learn to work with all conditions in order to create a space in which health will prevail.

five. True. As a healer, it is important to speak your truth. But in doing this we must be aware that truth is always in development. Leave room for yourself to grow in what you say and express my truth in a way that will allow others to adhere to them truth. In other words, don't limit people to your truth. Respect all shades of truth, however much they differ from your favorite shades. Remember: a dispute is possible only in the illusory polarity in which we live.

6. Balanced ego. This means you need to check your ego more often and be honest. track the driving forces behind our actions and words. If the ego grows too much large, it cuts us off from our Source. But if it not enough great, it is impossible to be a healer.

7. Insight. We must learn the art of discernment in order to choose not condemning. We must carefully monitor what falls into our field, and be selective: choose only those things and ideas that successfully complement us. Everything else is needed let off without judgment. We don't need to get into everything in the world. On the contrary: we must learn to choose only what nourishes and educates us.

eight. Creating a safe space. The wisest words I can say healer: "I don't know." This means that in teaching others, we must leave room for them to gaining strength. None of us have the whole truth, but together we have access to the answer to any question.

nine. Vulnerability. Our true strength as healers is that we can be vulnerable. It is our humanity makes us special. We must learn to let this quality shine in all our actions, we must openly admit our mistakes in front of other people. On this path, what we perceive as weakness will soon become our greatest strength.

10. Power over thoughts. Remember: we cannot control those thoughts that come into our heads, but we have complete control over what remains in our head. It is our responsibility to become the masters of our thoughts ourselves and to help those with whom we work to achieve this.

eleven. Driving force. It is important to understand that the main driving force is the same for everyone. By in essence, we all, like lost children, wander in a dark room and look for a door to go back. The easiest way to find the Light without hurting each other is to join hands!

12 Responsibility. It is impossible to heal others. Therefore, do not take responsibility for healing anyone other than yourself. If you feel drained after working with patients, it is because you are taking responsibility for healing them. Responsibility is what balances the Force. Help those you work with take responsibility for their own healing, and then they will receive their own power.

The golden rule of healing:

Heal another - and perhaps you will change his life. Help another to heal himself - and you will change the Universe.

To form the correct attitude of a person to his condition must begin with the first meeting. It is no secret that we work in the specialty: "doctor is the last hope." We are approached by patients who have already gone through the "fire, water and copper pipes" of modern medicine. At the first appointment, I tell my patients: "I am not treating anyone. Strength and health are in the very

person. I work as a tutor who will help you to raise this strength and health. " The work algorithm that I have been developing in recent years and which is reflected in articles from 2005–2012 helps people to gain this strength using the ART method. I have been tracking my patients for several years; I present statistics data annually in my articles. This year I have analyzed more than 1600 patients. The change in the physical, emotional and spiritual state of my patients, which they themselves note, does not give me the right to remain silent. I do not pretend that this path is the only one (I note this in all my articles). But, perhaps, he will help some doctors find their own path to healing and themselves, and help their patients become stronger, gain health in all its senses.

I continue to work on the development of the algorithm. In addition to the information presented in the article "Restoring Spiritual Health" in 2011, I want to share three more steps = stages of therapy. It will be about working at the level of superconsciousness (according to Michael Newton). I named these three steps - finding your way, invulnerability and alignment of the energy state. These steps have already been tracked on a large number of patients, see statistics.

#### Finding your way

The control criterion at this stage is the Runes (calculated empirically, tested on a large number of patients). Runes are magic symbols, signs that "stand" like beacons on the life path of every person. Why don't ships at sea crash on rocks in a storm? Because there are lighthouses on the rocks. And the captain, focusing on them, leads his ship on a more correct course. We, as captains leading the ship, must also be guided by such beacons in order to lead our ship to a Higher Goal (see above). We look at the world around us from our energy tube (see "Restoring Spiritual Health"), and if there is "dirt" on it, then we cannot clearly see our beacon. It won't take long to crash on the rocks! The information given for the rune in inversion just reflects the quality of this mud. Everyone has their own lighthouse. But the principles are the same.

A pointer to the problem at this stage is "excellent energy state - Argentum nitricum D200" (calculated empirically). It is located in the 1st window of ART, the immune system folder. I build a chain:

Epiphysis 7 cu (measurement level does not decrease) + Arg. nitr. D200 ↓ + organ target (most often - brachial plexus) ↑ + medication ↓. For this chain, I work out the dose and scheme of the drug. The drugs are mainly tested with a psychological bias - there are a huge number of them in our selector. I check the prepared preparation according to the control criterion (the corresponding Rune). With this selection, none of the runes is tested.

Approximately from the fall of 2011, the terms of drug development began to noticeably decrease. I believe that this, too, is a reflection of general global changes in the information field of the Earth. All subsequent (and previous) stages of work with psychological problems today take 2-3 months. I believe that such terms make it possible to thoroughly develop the appropriate quality so that you can move on.

#### Invulnerability

The control criterion at this stage is bactericidal activity of the 6th degree (calculated empirically, tested on a large number of patients). Why did I call this stage - invulnerability? You and I know two concepts. The first is the nutrient medium, or the nutritional value of tissues. This means that any semi-dead bacteria entering a "dirty" physical body causes a violent infection. Any thought, getting into a "dirty" soul and spirit, can lead to the formation of an obsession (see "Restoring Spiritual Health" - hooks for thought forms). The second concept is bactericidal. It is the ability of the tissues of the physical body to neutralize any infection or toxin. To do this, you need to have normal structural components of the body - we achieve this in the first two years of working with the patient (according to the algorithm), when we work to remove intoxication, change the destructive program in DNA, we are waiting for the complete renewal of the structural proteins of the body, we help the immune system to take control of the mycotic flora. That is, it is necessary to bring the physical body into the state - "the pathogen is byak-byak with its wings, and the body is byak-byak and this pathogen is absent." My patients, who have already gone through these stages, have long forgotten what acute diseases are, they stopped getting sick and went to pharmacies. The bactericidal nature of our soul is the ability of any psychological problem

rethink, accept as another life lesson, learn from this lesson and let it go without getting hung up on it. According to the algorithm, this is work at the level of the soul, spirit and superconsciousness.

The indicator of the problem at this stage is the electromagnetic load of the 4th degree (calculated empirically). Taking into account that a restructuring of the magnetic lattice of the entire planet is now taking place (confirmation is natural disasters), it seems to me that this index is quite adequate. We need to "not stumble" over the altered magnetic field of the Earth. This pointer is located in the 1st window of the VRT, the folder electromagnetic loads. I build a chain:

Epiphysis 7 cu (the measurement level does not decrease) + EMN 4 tbsp. ↓ + target organ (most often brachial plexus) ↑ + medication ↓. For this chain, I work out the dose and the drug regimen as usual. I double-check according to the control criterion - bactericidal, none of the degrees is tested. The drugs are most often with a psychological bias. The term of work is 2-3 months.

Energy alignment

The control criterion at this stage is "excellent energy state - Argentum nitricum D200" (calculated empirically). We have long understood that any painful sensations in our body are stagnant energy. If the energy through our main energy channel (along the spine) flows calmly, then there will be no pain sensations (see the article "Restoring Spiritual Health" 2011)

The pointer to the problem at this stage is "FPG, Curry Grid Effect" (calculated empirically). This pointer is located in the 1st window of the ART, the folder geopathogenic loads. I build a chain:

Epiphysis 7 cu (measurement level does not decrease) + FPG, Curry grid effect ↓ + target organ (most often - brachial plexus) ↑ + medication ↓. For this chain, I work out the dose and the drug regimen as usual. I double-check by the control criterion - excellent energy condition. The drugs are psychological, they work for 2-3 months.

Below I present a revised table (see "Step-by-step recovery algorithm ...", conference abstracts of 2011)

Before starting work at the level of superconsciousness, the main control criteria should be as follows: Epiphysis 7 c.u. OBI 1. FI 0. STSH 100. SHS VII-4. RFP -∞. Morphological scales HL / AF 23-23-23-23 at all levels. Control criteria and problem pointers for further stages are indicated in the table.

Table 1c (continuation of table 1)

Superconscious work

	Restored enzyme systems	Finding your places in astral field of earth	Adoption surround-of the world	Search his the way	Discreet-visibility	Align-dwelling energetic. fortunes
Criterion control	Oligo peptides	Astro-protectors	Atopic. Allergy (OTI)	Runes	Bacteria cidity 6 tbsp.	Argent. nitr. D200
Pointer to problem	Anabolism 6 tbsp. - katabolizm 6 tbsp.	Indicator autoimm. processes	Food allergens OTI	Ag nitr. EMN 4 tbsp. D200		GPN, influence curry mesh
Drugs more often change.	Psychological drugs - Rostock, Rubimed, Guna, aromatherapy, fate science, etc.					
Approximate timing	For 2-3 months each stage					
	Superconscious work					

The restoration algorithm I proposed was depicted in the form of a staircase, in which each step reflects the depth of the layers of dirt in our energy tube. (For a more detailed commentary on this ladder, see "Restoring Spiritual Health", Conference Abstracts, 2011) Added three suggested therapeutic steps.

	1ур	1	С	Ш	Т	П
	2 ур.	2		к	Е	Р
	ДНК миазм	3	Т	а	Л	О
	Микозы	4		л	О	Б
	Ментальное тело			а	Б	Л
	Кармич. программа	5		Ш	С	Д
	Кармическая полость		1	О	О	У
	Буддхическое тело	6		С	Ш	Ы
	Атмическое тело – Ag C52	7	0	Т	А	з
	КДТ– основной жизненный урок	8	0	О	Я	а
	Выход в Универсум – Vipera D400	9		Н	Д	5
	РН осадки – Сульфур D400			И	У	
	Силовое поле – Каустикум D400			Е	Х	Р
	Логика-интуиция – Головные очаги 11 с.			V		А
	Полярность – ИНЬ-ЯН			I		С
	Снятие очень сильной степени вегетативного отягощения – Таламус 5 у.е.			-	4	У
	Ферментные системы (Олигопептиды) – анаболизм-катаболизм	10			С	4
	Астропротекторы – индикатор аутоиммунных процессов	11			В	Р
	Принятие окружающего мира (Атопическая аллергия ОТИ) – аллергены ОТИ	12			Е	Р
	Поиск своего пути (РУНЫ) – Отличное энергетическое состояние (Аргентум нитрикум D200)	13			Р	А
	Неуязвимость (Бактерицидность 6 ст) - ЭМН 4 ст	14			С	О
	Выравнивание энергетического сост.(Ag D200)–ГПН, сетка Карри	15			З	А
		16			Н	
		17			А	
					Н	
					И	
					Е	

This table gives the numbering of our energy layers. To what layer can you work using the Connective Tissue Scale and the MM Condition Scale? Shreibman. What layers capture our body, soul and spirit. On the "rungs" of the ladder, the stages of therapy, control criteria and pointers for the selection of therapy are indicated, which were calculated empirically, following a large number of patients. The more intense the background color, the deeper the layer of dirt and the longer it takes to get to it. But in order to cleanse the deep layers, you first need to cleanse the surface ones.

A few more thoughts about our life, and about the universe as a whole.

Before entering the material world, our soul, together with its mentor and guardian angel, not yet having a physical shell, plans its life and the lessons that it wants to go through in this incarnation. On the line of life or the road of life, the main, key points are placed that must not be missed in this life (= signs of fate according to Paulo Coelho). Parents are chosen for the future body, the city in which the person will be born, where he will move later, what specialty he will acquire in this incarnation. On the road of life, gifts of fate are placed (a good husband-wife, children, a car, a fur coat, a yacht, a steamer, etc.) so that we receive joy from being in the material world. We go to the material world in order to learn something, i.e. work on yourself. To work is to produce energy. The most powerful energy on Earth and in the Universe is the energy of thought. Positive thinking is much more energy intensive. Before receiving another gift of fate, we lay tests for ourselves on our way, passing which we need to worry, think, we need to learn to look at life lessons from the position of an optimist (the glass is half full) and not a pessimist (the glass is half empty). On our life line, we lay everything that we need to go through life lessons (as in computer games, people collect lives) - a wallet with money or the opportunity to earn a car or a fur coat, a bag of energy so that we have strength for work, etc. ... That is, if we are on our own road, we succeed in everything, we get satisfaction from our stay in the material world. Every soul makes such a plan.

Our soul understands that having passed the veil before entering the material world, i.e. after birth, she will forget where these signs of fate are. Here our angels help us -

guardians and mentors-guides. Since we cannot hear them with our physical hearing, they give us clues in a different way - thoughts "I don't know why, only this way and in no other way" are born in our head. At birth, each soul receives a personal machine for the implementation of the task with which it comes into this world. And if there comes a moment in life when you are not satisfied with your work, family, financial situation and you are haunted in everything by complete bad luck, this is the first sign that you are not living your life and are not going your own life path. This is where your soul beeps "SOS". Each organ has its own emotion (I already wrote about this in previous articles). If we, passing trials = life lessons, somewhere weakened our souls, violated God's Commandments, did not get rid of the seven deadly sins (see above),

To hear these prompts, we need to tune our resonator = physical body to receive the correct information. And for this you need to keep it clean. It is necessary to remove the "hooks" for the wrong (for each - their own) thoughts from the subconscious. Then we understand the prompts very quickly and correct our mistakes.

The algorithm I propose helps to calculate his path for each person. Control criteria are those beacons to which you need to steer. An individual drug that I prepare for a person at the reception, in essence, works as an "autopilot". Taking it (rarely, usually 3 times a day), we have a chance not to stray from our true path, so that "everyday life does not drag out", to live our life so that we are not ashamed of the years spent aimlessly .... Such a short moment of our stay in a physical body on Earth, when we have the opportunity to FEEL, FEEL how a flower smells, what a pear tastes like, CREATE.... And we spend so much time on petty vanity!

You and I live in a unique time - the time of transition from the fifth to the sixth race in the evolution of the Earth and humanity as a whole. All our souls pass a kind of "maturity test." And we need to go through it with PEACE, CONFIDENCE, JOY. We have been given the FREEDOM of choice - each soul chooses for itself the path of further development. Chooses now! You and I have been given a unique chance (only at the turn of eras!) To learn from life lessons for many of our incarnations in the physical world! And we, dear colleagues, doctors of ART diagnostics, can help every soul to pass the maturity exam with dignity, to those souls who WANT to develop further. Therefore, we work only on request.

Planet Earth in the transition period increases its vibrations. Feelings lately (I think, not only mine) - it is spinning faster and faster.... The quality of time has changed (I read it somewhere) - the compaction of time. You and I are invisibly connected with the planet we live on. This means that we also need to run faster and faster. In order to run fast, you need to have a healthy physical body and be able not to stutter over the negative emotions of yourself and others. The algorithm for the gradual improvement of the quality of health (physical, emotional, spiritual), which I propose, helps every person to pass this period with dignity. And the drugs that we change step by step, after developing a stable quality in the shower, they are like a propeller behind our backs, they help not to slow down. Those who do not prepare their bodies and souls for active movement forward,

The laws of the spiritual world do not obey the logic of the intellect. They work on the "quantum leap" principle. Therefore, my work, probably, to someone seems strange, not of this world. I repeat, I do not pretend that the proposed road is the only possible one. Everyone goes their own way. The main thing is to get together at one point! As I tell my patients - a big bright road back to the future.

"A new world awaits birth

We must experience this event in our physical bodies while on our material planet. The new world is waiting for us to help it be born. We call this world the Great Reality. He is in the energy range that we call Invisible. The invisible surrounds us everywhere and right now. If we want to open our new future, if we want to be Actively Living and loving, if we want to live in the New as New Beings, then we must learn to explore the invisible. " [2].

And in conclusion, as always, I would like to thank all the staff of the IMEDIS Center for the opportunity to meet, for the opportunity to share my best practices, and to adopt the best practices of my colleagues. Together we are doing one big thing.

Good luck to all of us in our chosen field!

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