Use of vegetative resonance test and bioresonance therapy to understand the Traditional Chinese Medicine model I.S. Tikhonov (Moscow, Russia)

The doctor mastered the art of acupuncture for years, and owning them in

perfection

was considered a great physician.
(Gava'a Luvsan "Traditional and modern aspects oriental medicine")

The emergence of modern technologies in medicine has greatly supplanted the methods used for centuries, bringing new possibilities for making diagnoses. However, this does not diminish the importance of the centuries-old experience of doctors.

Traditional Chinese Medicine (TCM) is a symptomatic treatment method, the main essence of which is to ensure harmony in the body and stimulate the defenses.

For thousands of years, Traditional Chinese Medicine has used comprehensive approaches to treat the population, which include:

- 1. Medicinal therapy in the form of herbal medicine and mineral therapy.
- 2. Acupuncture aimed at energy distribution.
- 3. Diet therapy.
- 4. Massage.
- 5. Healing Qi Gong, which includes spiritual practices.

Disease is the response of the body, expressed in the struggle between the body's defenses and the pathogenic principle.

To maintain defenses in Eastern medicine, several approaches are used:

- 1. Power supply of the QI.
- 2. Blood nutrition.
- 3. Nutrition of yin.
- 4. Maintaining yang.

Pathology always occurs where there is a lack of Chi energy. This is accompanied by stagnation of blood, or dampness.

Ancient oriental doctors always used combination techniques energy distribution (acupuncture) with medication.

The best results are observed in the treatment of functional disorders, i.e. while violations are reversible, in organs and systems where there are no gross structural changes. Therefore, diseases that have arisen at a young age are more easily cured than diseases of the elderly. This is due to the flexibility of the body's adaptive systems, and they, in turn, from the state of the Yin organs. Yin is the concept of organ structure, and Yang defines function

organs. Chronic diseases are difficult to treat, especially those in the postmenopausal period.

First of all, the support of the defenses is necessary for the syndrome of emptiness.

Syndromes of emptiness in TCM are conditions associated with changes in the structures of dense organs (liver, kidneys, lungs), in other words, Yin deficiency. Such a complex of symptoms is accompanied by night sweats, hot flashes, heat in the palms, feet, chest (this syndrome is called empty heat), open mouth, dull eyes.

The tactics of any therapy have a clear sequence and regularity.

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- 1. Based on diagnostic methods, the leading syndrome is established (pattern)
- 2. Fundamental in treatment is the replenishment of empty syndromes and dispersion (expulsion) of complete syndromes.
- 3. First of all, an acute condition is treated by acting on an acute symptoms, and then to the cause of the disease with the predominance of external symptoms. It is very important that the pathogenic factor is completely eliminated. In this case, the transition of the disease to a chronic form will not occur.

For example. If there is a chronic process in the lungs, it is impossible to suppress the cough, you must first restore the structure of the lungs, liver and kidneys. And only after the elimination of the "yin" void, taking into account the increase in protective forces, it is possible to apply energy distribution methods.

It must be remembered that the symptomatology can pass one into another, and the doctor must follow the changing symptoms of the patient, depending on the predominance of one or another condition.

A similar tactic is necessary when using bioresonance therapy methods.

Chinese medicine uses herbs, minerals, and organic preparations to replenish energy. For energy distribution acupuncture was used. Practice shows that more often it is necessary use combined methods.

The main tasks acupuncture for achievements therapeutic effects are:

- 1. Removal of blockages of energy.
- 2. Normalization of energy circulation by strengthening and weakening Qi (method bu-se)
- 3. In the case of a pathological flow of energy through the channels of redirection her back on track.

The purpose of bioresonance therapy is also energy distribution. It has always been difficult for a novice acupuncturist to choose the most correct recipe for the patient, especially in cases of combined pathology. The possibilities and limitations of the possibilities of acupuncture have been studied since ancient times.

Errors in treatment:

- 1. Lack of knowledge of the functions of "root" points and "connecting" points.
- 2. Insufficient knowledge of the pricking technique.
- 3. Danger of injury to internal organs and joints.
- 4. If, with a superficial syndrome, the needles are inserted deeply, then penetration of pathological energy deep into the body.
- 5. If the doctor leaves the needles in the body for too long, it may the most important vital energy is depleted, and the disease will progress.
 - 6. The physician should be aware of the influence of the season.
- 7. "If the doctor has not mastered the technique of acupuncture, in case of erroneous holding se (dispersion) instead of boo (replenishment), the disease worsens. "

"When a small pulse is found in different meridians, it means that the Yin and Yang energy of the patient, like the blood, have weakened, are in emptiness; such a patient cannot be treated with needles at all and at first only with medicinal herbs "(Gava'a Luvsan Traditional and Modern Aspects of Oriental Medicine", p. 177). This rule applies in all cases and in treatment with informational methods.

Endogenous bioresonance therapy (endogenous) uses frequency spectra that are sensitive to individual meridians, which, in turn, correspond to the course of blood vessels and nerves:

- 1. The positive effect is achieved through the use of our own reactions of the body.
- 2. These frequency ranges are capable of restoring passability channels, influencing microcirculation and nerve conduction of tissues.
- 3. Carrying out therapy eliminates the doctor's mistake when drawing up a prescription for energy distribution, because the patient's system itself chooses the most correct ways to implement the task.

Energy flows through the channels, the doctor's task is to harmonize the flow of Qi. It is known that, in addition to pathological blockages, there are sanogenetic (physiological blockades), the dispersion of which can lead to complications in the patient. The goal of the doctor: to achieve harmonization of the patient, by dissipating pathological blockages, while eliminating the possibility of side effects associated with the human factor.

There are intersections of several channels. These nodes make it possible to restore the flow of energy in several channels at once. In old age and in cases of combined pathology, disorders occur in several channels. As a result, the circuit of the wonderful meridians turns on. It is rather difficult to understand, especially for a novice doctor, the timeliness of using such channels in the treatment of patients. Bioresonance therapy allows you to use the course of the internal meridians and the system of wonderful meridians, acting on them with electromagnetic oscillations without disturbing the skin, and also takes into account the body's sensitivity to certain frequencies and the internal course of all meridians.

Where the canals pass in areas with a large accumulation of vital large vessels, articular bags, lymph packets, the use of needles is very dangerous. The use of magnetic inductors allows you to locally affect these areas.

The ART method has a number of scales that allow you to choose the BRT tactics, taking into account the reserves (health level) of the patient. Conducting therapy taking into account the resolving step with the use of Cu met test pointers. D400, VV, Cytochrome, adaptation reserves allow optimal treatment.

To remove blocks and stagnation of blood, bioresonance therapy uses a private bioresonance drug (BSD, response). In a number of patients, this technique gives a decisive positive result. The dissipation of stagnation allows the released flow of energy in the channels, due to the body's own reactions, to restore its direction.

We observe a similar effect during frequency therapy (antiparasitic therapy, therapy according to nosologies), influencing conditions similar to storage diseases.

This is typical for people with good adaptation reserves.

Patients with a lack of organ structure, reduced adaptation reserves, as well as damage by pathogenic factors that significantly exceed the body's resistance (total Qi), require additional drug therapy.

Therefore, in addition to instrumental methods, a clinical assessment of the patient's condition is very important.

Conclusions:

- 1. The ART method allows you to use the system of Traditional Chinese Medicine as a model for understanding the functions of the human body.
- 2. The ART method makes it possible to use new achievements information medicine in the form of BRT, homeopathy, nosodotherapy, frequency therapy, considering from the point of view of the Wu-Xing system.
- 3. It is possible to use ART for the selection of BR-therapy tactics, relying on a model of knowledge of Eastern medicine, which makes it possible for the doctor to apply the experience accumulated over the centuries and achieve high therapeutic effects.
- 4. The ART method allows you to accurately determine the leading pattern (damaged system) to plan the treatment sequence.

Literature

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