Preserving thyroid function

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In recent years, diseases of the thyroid gland are becoming more common. Statistically and according to the data of the Eliseeva OI Center, women are more likely to be treated with thyroid pathology than men.

An increase in thyroid diseases is associated with a deterioration of the ecological situation, an increase in radiation, pollution, an excess of harmful products in food (heavy metals, pesticides, nitrates).

Especially stressful conditions, a feeling of fear, which intensify in a crisis situation, affect the thyroid gland. All this leads to a weakening of the immune system. As a result, the body's susceptibility to viruses, bacteria, helminths increases. This, in turn, further worsens the state of the endocrine system, and thyroiditis, hypothyroidism, and autoimmune diseases occur.

The interaction of bacteria, viruses, toxins and antigens of thyrocyte membranes, including the TSH receptor, has been studied by molecular biology (Wiehin TJ, 1990).

The soils and plants of most territories of the Russian Federation contain a very low or unbalanced iodine content with other microelements.

In a state of stress, in chronic diseases, hypothermia, the level of iodine, selenium, zinc, chromium in the body falls, which is confirmed by the data of ART testing in our Center.

It is known that viruses, bacteria, worms and fungi feed on microelements from cells. The body itself does not produce trace elements, we get them only with food. Parasites, eating selenium, zinc, manganese in the cell, leave cadmium, mercury, arsenic, lead. These heavy metals increase the toxicity of the body, further reducing the function of the immune system.

Heavy metals (mercury, lead, cadmium) without selenium and zinc interfere with the absorption of iodine by the thyroid gland. As a result of iodine deficiency in the body, in the absence of selenium and zinc, the thyroid gland is unable to produce hormones.

The whole chain of negative effects on the body: radioactive exposure, stress, viruses, bacteria, worms, a deficiency of trace elements and vitamins, an excess of heavy metals, a decrease in the immune system - leads to a complex of symptoms. Clinically, this is manifested by irritability, decreased performance, increased heart rate, sweating, tearfulness, sometimes "a lump in the throat." Also, memory weakens, dry skin appears.

The equipment "IMEDIS" allows the doctors of our Center to identify and treat disorders of the thyroid gland.

For research and observation, a group of 18 people with thyroid diseases was taken from the patients who applied to our Center. The age of the patients was from 18 to 62 years, of which: women - 14, men - 4.

Treatment regimen:

- 1. Cleansing the body by the method of Eliseeva OI ..
- 2. Gymnastics.
- 3. Diet.
- 4. OBR, BCHR, classic homeopathic remedies.
- 5. Bitterness.

- 6. Microelements.
- 7. Frequency therapy, bioresonance therapy.

Table 1

Comparative characteristics of indicators before and after treatment

Factors affecting	Severity	Severity
thyroid gland	before treatment	after treatment
geopathogenic load	2nd degree	not tested
radioactive load	1-2 degrees	not tested
psychological stress of the	4-6 degrees	3 degrees
endocrine systems	3-4 degrees	1-2 degrees
trace elements, deficiency	zinc, chromium, iodine, silicon selenium	norm
vitamins, deficiency	A, E	Norm
hormones, deficiency	TSH	TSH
bacterial burden	streptococci, chlamydia	streptococci D60, chlamydia
		D60
mycotic burden viral	candida albicans	not tested
burden	herpes, Epstein-Barr virus	herpes virus D30, virus
		Epstein-Barr D30
helminthic invasions	opisthorchiasis, hookworm	not tested
Ultrasound	nodular formations 0.5-2.5	positive dynamics
thyroid hormones heavy	T3, T4 above normal	norm
metals	lead, cadmium	not tested

Thus, proceeding positive dynamics.

from the data in the table, it can be seen that in all cases $% \left\{ \left\{ 1\right\} \right\} =\left\{ 1\right\} =\left\{ 1\right\}$

Clinical example

Patient, 19 years old. Complaints when handling: tearfulness, sweating, "lump" in the throat, palpitations.

An examination by the ART method was carried out. Results: cysts in the thyroid gland.

Ultrasound - cystic formation 1.8-2.3.

The treatment was carried out for 6 months.

Control ultrasound after 6 months - no cysts.

Conclusion: The ART method allows you to:

- 1. Timely diagnose changes in the thyroid gland.
- 2. Recommend treatment while maintaining quality of life.
- 3. To prevent the development of serious diseases.
- 4. Maintain the function of the thyroid gland without prescribing hormones.

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