## Meteorological headaches

and their treatment by methods of bioresonance therapy
N. Ya. Lagoda
("Eliseeva Medical Center", Moscow, Russia)

It is known that statistically 50-60% of people react to changes in the following climatic factors:

- to a large extent, fluctuations in air temperature (warming is accompanied by oxygen deficiency, cooling is accompanied by an increase in oxygen in the air);
- change in air humidity;
- change in wind speed;
- change in illumination;
- disturbance of the planet's magnetic field due to solar flares.

Magnetic storms in combination with other climatic changes provoke fluctuations in blood pressure, respiration, and the appearance of weakness. They also act on receptors in the walls of large vessels, causing them to spasm. In addition, the rheological properties of blood change (viscosity increases, a tendency to thrombosis) in people with atherosclerosis, and in young people - a tendency to bleeding.

Symptoms of the reactions of the human body to the effects of climatic factors: aching pains in the region of the heart, headaches, sometimes accompanied by nausea, irritability, dizziness, insomnia, fluctuations in blood pressure.

Purpose of the study: study of the effectiveness of bioresonance therapy (BRT) in the treatment of meteorological cranialgias.

The hardware and software complex "IMEDISEXPERT" was used in the work.

Observations were carried out over a group of patients in the amount of 7 people, aged from 22 to 40 years.

Complaints of patients upon treatment were as follows: headaches with varying frequency and intensity, mainly with temporal or parietal localization.

In 3 patients, headaches were accompanied by nausea without vomiting, lasting from 1 hour to 8 hours.

All patients with blood pressure control showed a habitual tendency to hypotension (100–110 mm  $\prime$  50–70 mm).

In all patients, toxic auxiliary causes of headaches were excluded by testing organ preparations of the meninges, nosodes of inflammatory diseases.

In the patient's history, headaches were accompanied by significant fluctuations in atmospheric pressure. The intensity of headaches was assessed from 2 to 4 points on a five-point scale.

The reserves of adaptation were recorded as medium and high, of different degrees.

The therapy recommended for patients included:

1. Recommendations for optimizing the rest regimen with mandatory

getting enough sleep.

- 2. Testing (determination) of the optimal biological index (BI) and the preparation of general bioresonance drugs (OBR) through veratrum viridum (vv) or copper metal D400.
- 3. Preparation of private bioresonance drugs (BS), for which E-programs from the "CNS" section were tested sequentially E200, E225, E316, E60, E56 (weather, sensitivity to changes). Actual frequencies were attributed to 2-3 granules of lactose crumbs and served as an indicator filter.

Also, disharmonious vibrations were written off for crumbs by means of a device for magnetic therapy "loop" from the head area in the mode of selected meridians - blood circulation or along all meridians. BRT was carried out either with inversion of the recorded crumbs, or with a load with a filter indicator, while the preparation was recorded on the BR crumbs. The prepared BR preparation was necessarily tested to determine the optimal dosage.

- 4. In parallel, the patients were prescribed drugs from the group of adaptogens with pre-determined individual dosage.
- 5. Individually selected homeopathic medicines from the group: aurum, esculus, artery suis, sympathicus suis, lachesis.
- 6. Conducted consistent color testing and the introduction of this colors in the contour during BRT.

After 30 days - within the established control period, the patients' state of health was ascertained. From the group of patients taken for correction:

In 2 patients, the headaches stopped;

In 3 patients, the intensity decreased by half, seizures became less frequent;

In 2 patients, the condition remained unchanged.

## Clinical example

Patient Y., born in 1986 Complaints of diffuse headaches, intensity 3 points out of 5, without nausea, for many hours, relieved by analgesics. Suffering for several years. History - arterial hypotension, health group - 2/1, brain, cerebral membranes - without burdens.

The reserves of adaptation are good 2 degrees. There are no endocrine disorders.

It was appointed:

- 1. OBR through veratrum viridum "determination of the optimal one-time dosage ".
- 2. Testing the E-program "weather, sensitivity to changes". Actual E200 recording for 2 granules. Creation of a BHR with a load of granules with the frequency characteristics of the E200 program, the introduction of the color "neon green" into the contour. Determination of the optimal single dosage of ChBR.
- 3. Testing of alcoholic tinctures of adaptogens, the appointment of Eleutherococcus 7 drops, 2 times a day, dissolved in a little water.

At a follow-up appointment a month later, the patient reports that the headaches stopped in the very first days from the start of the combination therapy.

## Conclusions:

1. The main difficulty in the differential diagnosis of headaches,

having many local and remote causes, is to identify meteorological dependence as the main causal factor.

2. With accurate diagnosis by the ART method of meteorological cranialgias methods of bioresonance therapy are very effective.

N. Ya. Lagoda Meteo-related headaches and their treatment by means of bioresonance therapy // XVIII