# Obesity and overweight. Diagnostics and therapy by ART and BRT methods V.M. Taneva (LLC "Formula Health", Burgas, Bulgaria)

In past eras, obesity and overweight were primarily the exception. In the civilized world, on the contrary, this is a common occurrence. Our ancestors did not follow diets, did not visit fitness rooms. They did physical work all day, ate natural food, and rarely overeat. Now the opposite is true, even children who used to play, ran, jumped, moved a lot, today they sit at computers and overeat sweets.

In Bulgaria, as in other European countries, the percentage of obese and overweight people is constantly growing. Unfortunately, this is very noticeable even among schoolchildren and young children. There is no national policy to limit excess weight, which, for its part, is associated with the risk of developing serious diseases. People with this problem are often looking for magic drugs, and succumb to aggressive advertising from the pharmaceutical industry. The lack of results from such therapy brought a lot of patients to our office, including children. The equipment of the "IMEDIS" company provides extremely wide opportunities for identifying the causes of obesity, a way of individual selection of homeopathic remedies, food products, as well as endogenous and exogenous bioresonance therapy with fixed frequencies.

Obese and overweight patients can be roughly divided into two groups.

First group includes people who come to food testing due to the effect of food on metabolism in adipose tissue. They were predominantly overweight. The examination of patients was carried out according to the following scheme:

1. Revealing the metabolism of adipose tissue - the degree of anabolism.

2. Determination of the form of obesity and overweight. Prevailed alimentary form of obesity, in second place - endocrine and medicinal.

3. Food testing and distribution in groups:

Activating catabolism, neutral and inhibiting catabolism.

4. All patients were provided with a written nutritional recommendation. by blood groups according to the system of Dr. Peter D. Adamo.

5. It was advised to choose food hours according to the daily activity of the meridians, to unload the body during the full moon and new moon.

6. Recommended suitable herbal medicine.

7. Recommended for other examinations if necessary.

8. Helped to change attitudes towards their bodies and develop positive attitude to weight loss.

Observing all this, the patients received a good result, which in many cases surprised them. Weight decreased by an average of 5-10 kilograms.

In second group patients of all ages, including children at puberty and prepubertal age. All of them could not achieve success in other ways of standard medicine. The cause of obesity in this group patients caused by endocrine violations or medicinal drugs. They showed a pronounced acidity of adipose tissue. When examining patients of this group, in addition to those mentioned in the first group, the following procedures were included:

1. Testing and correction of loads - GPN, RAS, EMN.

2. Correction of the state of the endocrine system in the presence of endocrine disorders.

3. The recipe was selected using filters. Before that, the preparations of the firms "Biogroup", "Guna", "ONOM", "OTI" were suitable. They have always prescribed homeopathic remedies, complexones that include many components.

Exposure to drugs: increased catabolism, decreased anabolism, elimination of products of increased breakdown in adipose tissue and, of course, decreased appetite. Individual testing was used to select drainage preparations, almost always complex.

1. A suitable BRT was selected and the OBRP and BRP were recorded.

2. We always included individually selected SDA for good adaptation and enhancement of the effect of therapy.

3. Prescribed the salts of Dr. Schuesler to correct the biochemistry of the cell, which the patients took in tablets, mainly salts No. 5 Kalium phosphoricum, No. 9 Natrium phosphoricum, No. 10 Natrium sulfuricum.

## Clinical example

Patient K.K., 13 years old, height 173 cm, weight 107 kg. Obesity for the last 3-4 years. Long-term follow-up and treatment by various specialists did not bring success. At the time of contacting us, almost all the possibilities of conventional treatment were used. Lives in the capital. IN

cabinet parents brought after stay in children's clinic university hospital.

At the time of inspection: Boy with identified obesity, especially in areas belly and thighs. Submitted results surveys indicate arterial hypertension, tachycardia. Ultrasound of the liver - severe hepatomegaly with steatosis. The gallbladder, spleen, pancreas, kidneys, bladder are normal. CT scan of the brain is normal. Hemogram: Hb. - 125, Hct. - 0.38; Er. - 5.3; Leu 10.1; CUE - 33. Biochemistry - normal, except for a decrease in HDL - C, an increase in LDL - Cp, an increase - Insulin in the morning. Hormonal status: ACTH, Cortisol, Renin, Adrenalin, Metanephrine, Normetanephrine, LH, FSH, DHEA-S, Prolactin - normal. Testosteron is a decrease, also an increase in uric acid. Prescribed Furantril, Tritace, diet # 8. Parents report no result.

Diagnostics was carried out using method vegetative resonance test. A violation of fat, carbohydrate and water-salt metabolism was revealed. Anabolic processes in adipose tissue of the 5th degree of activity. The violation is associated with dysbiosis of the small intestine, endocrine disorders, PVI, depressive disorders. A decrease in the hormones endorphin, T3 and an increase in cortisol, norepinephrine, growth hormone, histamine, and insulin were revealed. Found also chemical burden, toxic metals in adipose tissue. We carried out a selection of food products, made an individual diet according to blood group.

When communicating with the patient, a traumatic situation at the school was revealed. The boy has been studying at an elite school for several years. Classmates - children from powerful and wealthy families - show a negative and arrogant attitude towards the patient, he feels like an outsider. Weight gain began in the year of entering school. The boy is intelligent, sensitive. The diagnosis of hypertension, made in the hospital, worsened the psycho-emotional state.

It turned out that the decrease in PVI and, especially, VN is an object of paramount importance.

At the first appointmente exclusively homeopathic remedies are prescribed for the correction of PV and VN, intestinal dysbiosis and drainage.

At the second visit, a significant improvement in psycho-emotional state. Blood pressure is normal, weight decreased by 3 kg. Included drugs to accelerate the catabolism of adipose tissue, drainage drugs are written in the form of a chelator. Endogenous BRT was performed with recording of BRP, BRT in the mode of time modulation with fixed frequencies. The correction of the PV and VN continues, the SDA was turned on.

### results

The patient visited the office monthly, the improvement was observed at each appointment. In adipose tissue, the 4–5 degree of catabolism was tested. Correction of hormonal status was achieved. Weight decreased gradually, the child spent two months at sea. I swam in the pool, rode a bicycle, followed the diet.

At the end of last year, 6 months after the first intake, there was not only a decrease in weight by more than 20 kg, but also a significant decrease in adipose tissue in the thighs and abdomen according to the gynoid type of distribution. At the appointment in December, the results of new examinations were brought, hormones were normal. The figure is shaped like a male. The patient became much calmer, more positive, his clothes became several numbers less. He is studying at a new school, feels in his place, found new friends. He assesses himself as a guy with good external data. Continues to lose weight.

#### Conclusions:

1. Apparatus Center IMEDIS provides exceptional the ability to test in detail, identify and cure diseases of patients, in the treatment of which conventional medicine has not yielded results.

2. Methods of ART, BRT and RFT in combination with homeopathy and other methods holistic medicine are effective in correcting obesity and overweight.

### Literature

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