

Shankaran method combined with vegetative resonance test
and bioresonance therapy

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The essence of the Shankaran method is the patient's immersion in his sensations, in his inner world, during the session his subconscious, ancient part of a person is activated, which is achieved by fixing on sensations, the patient should be transferred from the level of facts, where he simply lists analytically, consciously, events, facts, from the level where there are emotions and anxieties about specific events, from the level where there is delusion - the associative work of the conscious and subconscious parts, where there are fantasies, similarity to something, to the level where consciousness does not interfere and does not control - where the deep the feeling of life that needs to be given space during the session. This sensory part, where there is simply life, is usually suppressed by consciousness and higher levels of control, with the help of EGO, SUPEREGO. In this state, it is possible to identify a medicinal product,

When the patient is immersed in his deep experiences, he comes into contact with his subconscious parts, with the ID function, which carries the most important information about the internal conflict, creating psychosomatic problems, which further lead to fixation in the state of illness. This approach can indeed yield remarkable treatment results.

The complexity of this classic homeopathic method lies in the fact that the session takes a long time, with many patients it is difficult to go deeply into oneself, not all patients make such contact at the same time.

We carried out the selection of homeopathic remedies for patients using the Shankaran method while simultaneously measuring the indicators of the BAP state using the ART method.

This approach provides an additional opportunity to objectify the choice of the drug that is optimal at a given depth using the ART method, based on the change in the ART parameters.

Thus, a number of topics that are relevant to the patient are revealed, during the discussion of which drugs are selected that increase his adaptive capabilities, including psychological ones, which create resistance to external factors, both physical, material, and psychological, spiritual, emotional. These drugs will solve the patient's problems, including those associated with diseases and problems of his psycho-emotional stability, problems of his development, the ability to solve his life tasks, the function of maintaining his activity and optimal recovery after stress.

Interesting results were obtained using the patient's immersion on the level of sensations of the 5 senses using the Divya Chakra method (Sankaran school).

Sensations of tastes, smells, tactile, tactile, auditory and visual, awakening with the memory of food, help to quickly transfer the patient to a deep level of sensations, awaken activity

stem structures of the brain. It is here that the sensitive nuclei of the cranial nerves are located, associated with these sensations, with the work of the corresponding analyzers. Testing homeopathic medicines or conducting BRT with a BR-drug recording will be most optimal at this moment, when the patient approaches the level of sensations and energy according to Sankaran. This will be a drug that has the most relevant and deepest property for the patient, optimally increasing his adaptive capabilities, affecting his deep conflicts, unsolved problems.

Other ways of immersing the patient in his deep feelings during the session are possible, for example, discussing recurring dreams, hobbies, favorite books, films, relationships with other people, it is important that the person experiences what he is talking about, gets in touch with his deep feelings, follow the patient's energy, returning him again and again to experiences, deepening his feeling.

If at this time an ART measurement is carried out, then it is possible to detect a drug of deep general body action, and during BRT, then the BR drug has an effect on the deep level of feelings.

Thus, the combination of ART and psychological work according to the Shankaran method for the search for an individual deep medicine makes it possible to significantly facilitate the search for this remedy, and conducting BRT during a session allows you to create a very deep BR-drug with properties a psychosomatic regulator that balances the processes occurring in consciousness and in the subconscious.

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