

Five-level model of the multidimensional human essence
as the basis for radical healing
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The origins of the initial conception of the idea of this model lie in the late 90s of the last century. In November 1998, relatives brought a 38-year-old woman in a wheelchair with multiple sclerosis (MS) for over 16 years. Outwardly - overweight, pronounced elephantiasis of the legs (due to years of adynamia), shortness of breath. I mentally scroll in my head that I am powerless to help her with anything (manual therapy, acupuncture is meaningless, especially since they came from afar and for a one-time appointment). Aloud I ask: "What would you like from me"? The answer is laconic: "Miracle, doctor!". I carry out diagnostics using the ART method, according to the results of which I made the following preparations: 6.2 Hz, 22.5 Hz harmonics, OBRP, "Life-saving remedy" from the "Bach Flowers" series and drainages from "ONOM" company. Fungi, neurotropic viruses, herpes viruses (F89, F90, F98, F100) were tested. Subsequent resonance frequency therapy (RFT) was not performed due to the patient's inability to attend procedures. Recommended to come back after 4 months. in full confidence that the second session will not take place. But what was my surprise and amazement when exactly 4 months later. she came to the reception cheerful, soulful, moving independently with a stick. Clarified if she was taking anything else. "Only your rolls, doctor!" These are the above informational preparations (IP) recorded on homeopathic grits. My clinical thinking is deadlocked. This healing, of course, I attributed to the placebo effect.

Some time later, a similar case was repeated with a 34-year-old man suffering from 12 years of MS, who also did not undergo RFT, but received PIs, and whose symptoms of the disease began to disappear after 3 months. This was no longer an accident, but some kind of pattern. Subsequently, I began to analyze such cases more thoroughly and in detail, and my medical mentality began to gradually change. To find an explanation for such phenomena, I had to plunge into various disciplines far from medicine - quantum physics, fractal geometry, parapsychology, molecular biology, wave genetics, informationology, the spiritual sphere, etc. As a result, over the course of 12 years, the systemic model of the 5-level structure of the human essence and the etiopathogenetic chain of disease development interconnected with it gradually matured and crystallized. And hence the healing from many "incurable" and "fatal" ailments, from the point of view of allopathic medicine.

What are these 5 steps, levels? It is a Spiritual, mental-emotional, biophysical or informational, energetic and physical body. Until now, in most scientific publications and in practice, it is generally accepted and generally accepted to speak of a single energy information system. However, recent studies (M.Yu. Gotovsky et al., 2006, A.E. Kudaev et al., 2009) give grounds to separate them from each other and recognize them as completely independent, each performing its own specific functions. To date, it is already established

and the proven fact that in a biological object, which is a person, along with the nervous and humoral level of control, there is another completely independent system of regulation of the vital activity of the organism. It is a biophysical or information system. Although both systems (information and energy) are intimately and inextricably interconnected with each other, like the Siamese twins, the information level is more dominant in its importance than the next - energy. This confirms once again the wisdom of the Biblical scripture: "In the beginning was the Word!" at the heart of all that exists is the informational component, and only then the lower levels - energy and somatic. After all, what is the "Word"? The word is a means, a way of transmitting all-present information. The next step of the Almighty when creating the universe and man was: "Let there be Light"! And what is "Light"? Light, a photon of light, is energy. And only at the last stage of the creation of the world, the Almighty, like a sculptor, sculpted a man: "And God created man from the dust of the earth"! (5th bodily level). And although there is a significant hierarchy in these levels, they are so interconnected and interdependent that they should be considered only in a single bundle, only in a holistic context. However, it developed in life and spontaneously formed in practice in such a way that at each of these 5 levels, the appropriate specialists treat separately and completely separately from each other, in fact, without taking into account this close integrative dependence. Therefore, the healing effects are rather modest and not always sufficient.

1st level - this is the Divine or Spiritual sphere, the higher "I". According to his importance and significance, it is at the top of the 5-step vertical of a multidimensional device and occupies a leading position, because with the violation of the canons of this component, failures in the state of our health begin. This level is the most ancient and is inextricably linked with various religions of the world, with various confessions. Here representatives of the church, priests, and clergy are infinitely sculpt the human spiritual image.

2nd level - mental-emotional or psycho-vegetative. He represented by our consciousness, reason, mind, thoughts and powerful subconscious with its limitless memory block. The subconscious is also a habitat, storage and manifestation of various emotions, as well as a bank, a repository of all information of our present moment, past years and future fateful events. Such a universal information device of the subconscious Mind is due to its close relationship with the information bank of the Universe. Who is the doctor at this level besides the patient himself? It turns out that even in ancient times this level was privatized by shamans, all kinds of conspirators, wizards,

spellcasters, witches, etc., and at the present time it is the prerogative of psychologists, psychotherapists, psychoanalysts. All of them treat the psychoemotional sphere of a person. And if it is used adequately, then you can achieve fantastic results in the healing of any disease. A prominent American molecular biologist Bruce Lipton (2008) notes: "From school we know that our entire biology is governed by a DNA molecule. But it turns out that DNA itself is governed by our thoughts and faith." So I found the answer to the above cases of miraculous

healing. It is true, deep faith of patients in the healing effect of the IP rebuilt the genetic program of chromosomes, purified DNA from miasms, pathogenic microorganisms, which led to the restoration of normal functioning of the motor neurons of the brain and getting rid of MS symptoms.

3rd, informational level. Although the most ancient, it is admittedly the youngest, but already a full-fledged member of this hierarchical vertical. It was officially legalized recently, but now it is gaining wide popularity, thanks to the development and implementation of electrophysiological methods of diagnostics and therapy (R. Voll - the EAF method, I. Nakatani - the Riodoraku method, H. Schimmel - the ART method, F. Morel - BRT method). In the last decade, information medicine has made a real breakthrough in the field of innovative technologies, thanks to the revolutionary developments of Russian scientists (P.P. Gariaev, 1994; Yu.V. Gotovsky et al., 1995-2004, AE Bessonov et al., 2003, A.E. Kudaev et al., 2005-2009). Currently, it confidently occupies its dominant position and rightful place in the niche of this hierarchical vertical that was empty until recently.

4th level. The energy system is located one floor below. It includes a constantly functioning energy circuit of biologically active action that surrounds a physical body with 6 shells (currently there are already 12 of them). This is our energy counterpart, a phantom, also called an aura, a biofield. Energy centers (chakras) are closely, intimately connected with it, which are an adapter, transmission, a cross-over between subtle structures and the physical body, in which there are 14 main energy meridians with 722 classic acupuncture points. All this complex energetic device is closely intertwined, connected, on the one hand, with all organs, tissues, systems of the physical body, providing, supplying the necessary vital energy to each of its cells, and on the other hand, with chromosomes, being carriers of genetic information. Acupuncturists and bioenergy therapists ("psychics") work at this level. This also includes all specialists who use their own methods to influence the energy structures of the body. These are lithotherapists who correct the energy component of the body using crystals and minerals, specialists in color therapy and aromatherapy, hirudotherapists, etc.

The last 5th step the physical body occupies this hierarchical component. The bodily level is entirely under the jurisdiction of classical allopathic medicine. It turns out that academic medicine tries to solve all health problems from behind. And here in this field all over the world a huge army of physicians, therapists, neurologists, surgeons, cardiologists, obstetrician-gynecologists, ophthalmologists and other multidisciplinary specialists is working. The basic inalienable application to the official mighty medicine is a powerful pharmaceutical industry with a huge arsenal of various medicines.

Recognition of the fact that the disease in its fundamental principle has not a somatic aspect, but a spiritual-mental-informational-energy component, allows you to directly influence these initial links

the development of the disease as the root cause of bodily ailments. This gave me the basis to involve the patient himself in the healing process. Explain the mechanisms of the genesis of the disease, reorient it, transfer it from a passive consumer of homeopathic, informational drugs and the expectation of outside help to active tactics of personal, independent work. Therefore, he made it a rule not to take on the entire burden and severity of the patient's accumulated problems, but by helping him get out of a critical situation, using the 3rd information level, suggest ways to get out of the impasse and ways of healing. In my opinion, a person himself must unravel the whole tangle of his problems, taking full responsibility for his health. He only needs to be prompted and taught how to do it. In the end God helps those who help themselves!

It should be noted that for almost every patient the model turned out to be not so much new as unexpected, its integrity and consistent significance, i.e. its hierarchy. The majority changed their established stereotypes, rebuilt old beliefs into a new paradigm of thinking for them, prioritizing in accordance with the hierarchy of the 5-step component of our human essence, achieving striking effects. One of the patients, who got rid of a whole "bouquet" of serious long-term pathology, admitted: "Your model became for me like the Red Banner for the Bolsheviks during the years of the revolution!" However, not everyone could rebuild in the light of our recommendations for various reasons - some from disbelief, some from doubt and skepticism, some because of their laziness and inertia, and some simply did not have time due to neglect of the disease. Unfortunately, they made up

In everyday work, the main emphasis was placed on the active position of the patient himself, adhering to the golden rule of parapsychologists: "If you want to heal your body, change your mind"! Within the framework of medical competence, only the 3rd information level remained completely and partially the 2nd and 4th, according to indications. After diagnostics using the ART method and identifying problem aggravating factors, an appropriate correction was carried out. This is the neutralization of HPN, RN, EMN, external negative energy loads, RFT of identified pathogens. Drainage preparations (ONOM, Biogroup, FM-complexes, Schimmel's resoplexes and other firms) were prescribed. The principle from "general to particular" was strictly observed (Yu.V. Gotovsky, 1996). According to indications, the complex included life-saving drugs, as well as systemic Spiritual adaptants (A.E. Kudaev, K.N. Mkhitarian, N.K. Khodareva, 2005). Most often, after testing, we used "ZhK", "LF", "Mezuza", "Golden Buddha". IP firms Rostok, Linda's and others are working effectively. Cleaning was carried out L. Venera, L. Marsa, which lengthened in some to the initial level of 1.5–2.0 cm, and in some patients even a duplicate Life line appeared, parallel to the main one. For the correction and faster adjustment of the ANS (2nd level), IP "Flowers of Bach", "GUNA" (R. Martina), "Medpharma" - psychosocial loads, etc. were widely used. Along with this, homework was assigned without fail in the form of warming up zones of localization of chakras on the hands, feet (Su-Jok) with moxas and wormwood cigarettes, applications with magnetic mini-stars on problematic mantic BAP, the use of the foundations of crystal-, color-, aromatherapy. Taking into account the latest data on pronounced bioenergetic action

medical leeches were prescribed hirudotherapy - they instructed patients on the correct placement of leeches on the chakra area at home. Practically all patients were taught the techniques of correct breathing, because it turned out to be an element of surprise for me that we all, without exception, breathe irrationally. The modern way of life has so changed and distorted the natural nature of respiration that two basic fundamental principles of respiratory activity were sharply violated - normal gas exchange in the alveoli of the lungs and a significant decrease in the energy production of erythrocytes in the capillary bed of the alveoli. The calls of doctors and exercise therapy instructors "breathe deeper and more often" - this, as it turns out, is a direct road to heart attack, stroke, type II diabetes mellitus and other serious pathology. To study and master breathing practices, starting from the ancient "gray hair" and ending with modern breathing techniques used in the training of high-flying pilots and astronauts, it took me 4 years personally. It took many years to master other methods of traditional medicine (acupuncture, Sujok, MT, crystal, color, aromatherapy, parapsychology, etc.). All these techniques, having adapted, put them on the rails of homework and

use by the patients themselves. The therapeutic complex included factional unloading and dietary therapy (therapeutic fasting), recommendations on rational nutrition, compliance with the water regime (from calculation of 20-25 ml of ecologically clean water per 1 kg of body weight per day), herbal medicine, writing texts with the other hand (harmonizes the processes of the left and right hemispheres of the brain). All patients were persistently explained the deep roots of their health problems, they were all focused on the 5-step model of our essence. Therefore, at the heart of their medical activities, a rigid principle was formed "not only to heal, but also to teach" how to become ideally healthy. With such an integrated approach, along with the disappearance of the main symptoms of the disease, we noted other clinical effects. For some, gray hair disappeared, hair regained its original appearance, wrinkles were smoothed out, habitus changed - instead of an oppressed, tired, emaciated face and a dull look, joyful spirituality, spiritual uplift was noted. confidence in healing, unusual brilliance of eyes, improved vision, hearing, became vigorous, dashing gait. All this also testified to the powerful process of aging of the body.

Analyzing in detail the effects of the operation of the 5-level model for all these years, one more pattern can be traced. Thus, attentive to themselves and especially sensitive patients with severe and complex pathology noted an interesting feature of the dynamics of their healing. Initially, they had a feeling of coming health, first at the mental level ("for the first time in many years of illness, a feeling of a healthy person appeared," they noted) and only after 3-5 months, depending on the severity of the disease, healing was observed already on the physical plane. The restoration process took place, as it were, in two stages, in two planes - initially at the mental level, and then at the physical level. This phenomenon was completely unexpected for me. And when I caught and understood that there is a clear logical connection,

accelerating its implementation on the physical plane.

Using the systemic influence on all the components of the 5-level model in a single medical complex with the active involvement of the patient himself in the healing process, many frightening diagnoses of "incurable" diseases were removed. As a result, one gets the impression that there are simply no independent diseases of the physical body as such. There are only pathological symptoms, clothed in the framework of medical diagnoses, as somatic reflections of deep changes on subtle structures. With the joint "doctor - patient" elimination of the root causes, the symptoms manifested simply disappear and the disease of the physical body goes nowhere.

Such a multifaceted approach, bringing high healing effects, requires from a specialist in information medicine not only holding electropuncture diagnostics, bioresonance therapy, appointment homeopathic medicines, making constitutional nal individual entrepreneurs, etc., but also to be highly qualified, erudite, competent, knowledgeable in all directions of the 5-level multidimensional model. And it obliges to become a model, a beacon, a guiding star in matters of public health, a kind of ideological guide of new innovative technologies.

Conclusions:

1. The presented 5-level multidimensional model of human essence, covering the deep etiopathogenetic links of the genesis of diseases, with the obligatory inclusion of the entire chain, gives high healing effects.
2. The model provides, along with the use of innovative information medicine technologies are actively involved in the healing process directly by the patient himself.

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