

## Pathological process

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How to correctly assess the functional state and degree of health (disease) of a person? Doctors practicing the ART method and bioresonance therapy are faced with a similar question every day and are engaged in similar assessments. Is the assessment always reliable and the optimal method of therapy chosen? Of course, the result will depend on the "adequacy" of the selected test pointers and the professionalism of the operator.

Every doctor knows from the course of pathophysiology that any disease is based on pathological process or a combination of both. Pathological process - a combination of pathological and protective adaptive reactions in damaged tissues, organs or the body, manifested in the form of morphological, metabolic and functional disorders [one].

In fact, all that a doctor does at the stage of diagnosis with the ART method is identification of pathological processes, their elimination (normalization or optimization) at the stage of treatment, i.e. carrying out adaptive biofeedback by the method of bioresonance therapy [2]. Without this, it is impossible to restore human health, which in a broad sense can be defined as the absence of pathological processes in the body, from the physical to the psycho-emotional and spiritual level with full social integration into society as a social being. Absence of pathological processes at all levels of self-regulation of the body as a biosystem and should be assessment criterion his health.

Using APK "IMEDIS EXPERT", you can quickly and effectively identify typical pathological processes (inflammation, edema, swelling, dystorpha, etc.). For this, the medication selector contains the necessary test pointers, incl. and on the state of the most important regulatory systems of the body: immune, endocrine, autonomic nervous system, mental state. It is more difficult with the definition of pathological processes at the psycho-emotional (spiritual) levels (due to the lack of clear criteria for their assessment), although there, apparently, lie the true root causes of most somatic diseases. Here the doctor can come to the aid of such informational preparations as "psychosocloading" ("Medpharma"), Bach Flowers, Spiritual and chakra essences ("Rostok"), "matrices" ("OTI"), SDA, etc. Practical experience shows that using the above drugs for diagnostics and therapy, you can solve a significant part of the "insoluble" psychosomatic problems.

In other words, we can say that the restoration of human health is a sequential process of gaining physiological balance of the body at all levels of bioregulation of the latter, by eliminating and normalizing (optimizing) pathological (physiological) processes at the physical, mental, spiritual and social levels.

Of course, the doctor will not deal with the social adaptation of the patient. But after a course of adequate therapy, it was noticed that patients integrate more easily into society (find work, partners, change their

appearance, comfortable life, etc.), which was defined by a number of researchers as treatment at the event level [3, 4]. And this is quite understandable, tk. a physically, mentally and spiritually healthy person has a higher level of adaptation in the social environment and the possibility of self-realization.

It is important to note here that the meaning curative biofeedback the object consists in the regulation of pathological (physiological) processes occurring in it, with adequately functioning functional systems (FS) of the body. For example, an exhausted immune system is not able to adequately resist the infectious process. Blocked reserves of adaptation will not allow to realize adequately the capabilities of the immune system, etc. Before starting to activate the FS, it would be correct to check the state of RA and the immune system and, if necessary, restore them. Is the FS capable of fulfilling the task entrusted to it? Otherwise, you can get the absence of the effect of therapy and, in the worst case, the disruption of the reserves of adaptation of the organism.

Therefore, a comprehensive treatment of a person as a biosystem, in my opinion, should be based on the restoration and normalization (optimization) of all FS of the body with further therapeutic biocontrol of pathological processes with the subsequent realization by him of life goals (tasks) at his own discretion. In other words, the maximum self-realization or self-realization of a person is possible with the full physical and mental health of the individual.

An example of the above approach to the diagnosis and treatment of diseases can be the results of treatment of patients with cardiac arrhythmias and conduction disorders. It is known that such patients "need" lifelong antiarrhythmic drugs. My observations of more than a dozen patients with this pathology (sinus tachy and bradycardia, SSS, paroxysms of atrial fibrillation and supraventricular tachycardia) allow us to conclude that the sequential elimination of external burdens (EMR, geopathogenic, radiation, psycho-emotional stress), correction The 4th chakra, the elimination of toxic and infectious pathogens from the body, allowed such patients to restore health and do without (!) Antiarrhythmic chemotherapy drugs. Moreover, one of the patients managed to avoid IVR implantation surgery,

#### Conclusions:

1. The use of APK "IMEDIS-EXPERT" allows you to effectively identify and eliminate pathological processes in the human body, incl. at the preclinical stage of their development.
2. Endogenous and exogenous BRT are highly effective modern methods of patient therapy, which make it possible to treat not only somatic diseases, but also to solve the patient's psychoemotional problems, significantly improving the quality of his life.

#### Literature

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