The use of vegetative resonance test in the interpretation of certain concepts and conditions of traditional Chinese medicine I.S. Tikhonovone, A.V. Karaulovone, S.I. Fedorenko2 (oneMedical Center "Sinopharm", 2Center "IMEDIS", Moscow, Russia)

Since ancient times, Eastern medicine has considered the body as a whole, inextricably linked with the environment. This view served as a guiding principle in determining the normal state of the body and its pathology, in the diagnosis, therapy and prevention of diseases. Modern Western medicine, which has achieved high results in the treatment of many diseases, uses the Chinese method of treatment with acupuncture and moxibustion, considering it only as reflexology, but the theoretical foundations of traditional Chinese medicine (TCM) are difficult for Western doctors to understand. This is due to different dialectical approaches, and in particular, differences and specificity of terminology. In recent decades, preconditions have arisen in Russia for the systematization of approaches and knowledge of traditional Chinese medicine from the standpoint of Western medicine. Despite the difference in views on the same object - Human, many doctors who use Western medicine in their practice understand the need to integrate the knowledge of Western and traditional Chinese medicine. Physicians who use reflexology, endogenous bioresonance therapy and homeopathy are closer to understanding TCM. But the first difficulty faced by the Western physician is terminology. most of the concepts of Chinese medicine cannot be conveyed by simple translation into any language. endogenous bioresonance therapy and homeopathy. But the first difficulty faced by the Western physician is terminology. most of the concepts of Chinese medicine cannot be conveyed by simple translation into any language. endogenous bioresonance therapy and homeopathy. But the first difficulty faced by the Western physician is terminology. most of the concepts of Chinese medicine cannot be conveyed by simple translation into any language.

The first term we come across is the concept of Qi. Qi can be translated as "energy". The similarity of the concepts of Qi and energy was shown by a professor at the Institute of High Energy Physics in China. The idea of Qi coincides with the modern scientific idea of "ether waves" or "radiation". Qi it is operaw that manifests itself simultaneously on the physical and montal levels

- it is energy that manifests itself simultaneously on the physical and mental levels. It is in a state of constant flow and in various states of aggregation, indicates the energy produced by the internal organs and feeds the body and mind, indicates the functional activity of the organs.

Its functions are as follows:

one. Processing food and liquid in Yang and Yin. An example conversion The various substances influenced by Qi are: Spleen Qi converts food and water into food Qi; Stomach Qi decomposes and digests food. Kidney qi converts fluid, bladder qi converts urine, heart qi converts food qi into blood, lung qi converts air to energy.

2. Also Qi has a function carryover various substances inside or outward from various structures of the body.

3. Function retention consists in the retention of fluid and blood in the desired location. This function is necessary to prevent the leakage of blood and fluids: Spleen qi retains fluids and blood, spleen qi and kidney qi retains blood in the vessels of the uterus; kidney qi and bladder retain urine; lung qi retains sweat.

4. Raising qi function keeps parts of the body in place,

for example, spleen qi holds internal organs in place, and kidney qi - the uterus. The same function is responsible for the rise of blood through the vessels. For example, leucorrhoea and increased menstruation are caused not only by a violation of the retention function, but also by a violation of the lifting function.

5. Qi protective moisturizes the space between the skin and muscles, which forms the outer energy level of the body. It determines resistance to external pathogenic factors, such as: wind cold dampness infection.

6. Warming - this is the main role of Qi, tk. all physiological processes depend on heat. The source of yang and heat in the body is the yang of the kidneys. Yang of the spleen also warms the body. But he himself, in turn, arises from the Yang Pochek.

The movement of Chi through the body systems includes ascent and descent and outward and outward flow in each part of the body. Balancing Yin and Yang is fundamental to the smooth flow of Qi. The ascent and outward movement is the yang movement, and the downward and inward flow is Yin. Violation of the Qi mechanisms leads either to stagnation of Qi or to disturbance of Qi.

In the vegetative resonance test, H. Schimmel proposed an index of the photon index, which is closest to understanding the energy of Chi.

This test was verified by me in accordance with the classic TCM symptom complexes.

The drug that characterizes the photon index indicator is chlorophyll, and this gives a semantic definition of the indicator quality.

Chlorophyll is a green pigment that gives plants a green color. With his participation, the process of photosynthesis is carried out. It is a nitrogencontaining organometallic compound. At the center of the chlorophyll molecule is a magnesium atom. Chlorophyll has a porphyrin structure and is structurally similar to heme. The property of chlorophyll to absorb solar energy and directs it to chemical reactions that cannot proceed without energy received from outside.

Chlorophyll absorbs light not entirely, but selectively. Has the ability to fluoresce. The light emitted by fluorescence is always of a longer wavelength than that of the absorbed light. This is due to the fact that part of the absorbed energy is released in the form of heat. It is logical to argue that chlorophyll recorded in the energy-informational form contains the characteristics of biological light, and may partially correspond to the characteristics of the spectrum of the cell's energy, which was called Chi energy. Perhaps, it was on this basis that Schimmel made the choice of the photon index indicator.

The photon index indicates biophotonic information exchange and intracellular communication.

The closeness of the chlorophyll structure to heme determines the affiliation of the photon index to blood.

There are several energy blockages in TCM:

- blockade of Chi energy;
- the presence of phlegm;

- stagnation of blood.

Using VRT pointers, it is possible to determine with high reliability

the presence of the nature and place of blockages that determine the syndromes of the disease in TCM. Blockages can be pathological or sanogenetic. Sanogenetic blocks are protective and are a compensatory function of the body [1]. Pathological blocks must be removed, this is the purpose of restoring the body system. To separate the sanogenetic block from the pathological one allows the indicator of the optimality of the state (Cu met. D400).

All types of blockades must be assessed using:

- Cu met. D400 reflects the predominance of spastic states;
- cytochorm corresponds to tissue hypoxia;
- VV indicates the predominance of the vascular component in the pathology.

An increase in the photon index indicates Qi stagnation:

- cell death;
- intoxication;
- inflammation;
- cicatricial changes;
- violation of nerve conduction of various origins;
- violation of blood circulation;
- cell proliferation, etc.

My experience has shown that there is a direct relationship between an increase in the photon index and the states called Qi stagnation in TCM.

The photon index in the absence of Qi blockages will not be tested at all. Conducting BRT with the preparation of PBS for organs with high FI enables the launch of adaptive mechanisms with subsequent recovery in cases where the patient's condition has an initial, not deeply advanced stage of the disease.

At the same time, it is necessary to clearly understand that FI can show only a part of the symptom complex corresponding to Qi stagnation.

Based on the above, the first step in testing it makes sense to start with determining the general and particular photon index.

Qi is in a state of constant flow and in various states of aggregation. Poor Qi circulation can lead to excessive "aggregation", the energy is transformed into physical form, forming mass accumulations, or tumors. When dispersed, it gives rise to more subtle forms of matter, turns into Yang. Yang is a "function", all ascending, dynamic processes. Yin is form, flesh.

The correct flow of Chi is the basis for the movement of blood and the elimination of fluids. If fluids are not tolerated, blood stagnation occurs.

Qi stagnation leads to condensation, this is the transition of yang to yin. The place of localization of Qi stagnation can be determined by testing the partial photon indices of organopreparations. The most important for research are the liver, spleen, pancreas, thymus, bone marrow, mid-diaphragm, urogenital diaphragm. these organ products most often indicate changes in these systems that correspond to concepts in traditional Chinese medicine, such as:

kidney canal - bone marrow, brain, lower spinal cord heater, kidney and liver canal - urogenital diaphragm, uterus; upper heater and lung channel - thymus;

middle warmer, stomach and spleen canal - diaphragm (storage blood), spleen, pancreas;

top heater - diaphragm (blood storage), lungs, pleura, a heart.

It is possible to influence these blockages using traditional approaches of bioresonance treatment, as well as prescribing specific Chinese and Tibetan drugs, the pharmacokinetics of which take into account the concept of Qi stagnation (Xiao Yao Wan - stagnant qi of hematopoietic liver function, Kai Xiong Shun Qi Wan - stagnation of qi of the stomach, Shu Gan Wan - stagnation of qi of the liver with regulation digestive function of the spleen).

Another type of Qi blocking is defined through the indicator "Block of mesenchyme 1, 2, 3 levels". This test has also been verified in accordance with the classic TCM sympomocomplexes. But this indicator corresponds more to the Qi block, which has a toxic nature.

1–2 degree of mesenchyme blockade is exogenous intoxication, corresponds to the concepts of Ying Qi and Blood, is reflected in the ART version as a biological index, and 3 level of mesenchyme blockade is intoxication associated with metabolic changes. (possibly corresponds to the concept Essences?)......

Doctors often use for liquidation of blocks 1-2 level homeopathic drainage preparations and antiparasitic techniques, and for the 3rd level block - potentiated amino acids, metabolic catalysts, organopreparations and other drugs that regulate metabolic processes.

Everyone knows the fact that diseases associated with the accumulation of mucus in the body are treated much longer and more difficult. Mucus, or phlegm, as defined in traditional Chinese medicine, is a secretion released from the lining of the lungs and bronchi during inflammation. Chinese medicine believes: "The spleen is the source of phlegm formation, the lungs are the organ for storing phlegm." When coughing, "visible phlegm" is separated. "Invisible phlegm" can accumulate inside the body, which clinically corresponds to internal and external edema. In the latter case, one of the factors causing the disease is implied (for example, very often the cause of dizziness, mental instability, fainting or rashes on the skin are considered an accumulation of phlegm in the body). The ART version helps to identify such a blockage by testing the lymphatic load and

biological index.

Bioresonance therapy consists in the correction of body functions by harmonious transformation of resonant electromagnetic oscillations in order to synchronize them. In this case, no external energy is used, all vibrations are physiological. Thus, BRT actually contributes to the management of energy flows in the body, helps

balance the vitality of the body, which is what causes the therapeutic effect. In cases where there are pathological blockages that cannot be removed due to insufficient strength of the body (lack of Yin, a large amount of accumulated phlegm) harmonizing therapy gives not only a low effect, but a breakdown of adaptive reserves is possible (with a pronounced lack of Yin) with a worsening of the patient's condition. In these cases, replacement therapy is important. Since bioresonance therapy is implemented taking into account the laws of Wu Xing, the addition of Chinese and Tibetan recipes taking into account the dominant syndrome is logical for use in therapy. The selection of these drugs by the doctor in one key of vision of the symptom, allows you to enhance the effect of these two methods.

EXAMPLE. In the practical work of the doctor, as soon as possible, the stagnation of phlegm is removed with formulations containing,the leaves of the foot grate, pinelia, railings, sausage, glidicia, arizema, platycodon, elecampane, hazel grouse whorled. The action of these drugs is to dissolve mucus and phlegm. TCM preparations containing these herbs include Ho Dan Wan, Mu Xiang Shun Qi Wan, Xiao Er Zhi Bao Wan, and Ho Xiang Zhen Qi Wan.

In cases where the patient has a large amount of mucus, and the effect of homeopathic and bioresonance drugs in restoring the Qi current is dramatically slowed down, because mucus is a viscous blocking substance.

Considering the results of diagnostics and treatment of patients in this aspect, it is possible:

1. Easily diagnose which blocks are of prime importance.

2. For doctors using the Wu Xing system to select a homeopathic drug and herbal medicine, to determine the specific sensitivity of the drug in accordance with the condition.

3. Use herbal remedies that absorb phlegm, and thereby influence on the restoration of inter-channel connections by the methods of BRT and homeopathy, achieving the fastest dynamics of cure.

Another concept faced by the European physician is the concept of Yang and Yin.

With regard to the physiology of the body, the state Yang corresponds to what is not visible - the functions of organs, and Yin - this is the parenchyma of the organs and the nutrients of the organs.

Transformation Yin and Yang can occur both naturally and as a result of an imbalance between Yin and Jan, which is tantamount to the onset of the disease.

In connection with the rules of mutual transformation Yin and Jan, it must be borne in mind that Yin cannot undergo transformation without a certain amount Jan, or, in other words, an organ cannot exist without a function, however, just as a function cannot exist without an organ.

All acute diseases are related to Yang, and hornic diseases to Yin pathology. The reasons that lead to the violation of Yin-Yang:

1. Violation of the normal functions of the human body.

2. Painful factors that affect from the outside or from the inside on the body, disrupting normal processes or its balance.

In the ART method "IMEDIS-TEST" there are pointers proposed

Schimmel, reflecting the state of Yin and Yang.

The Yin state is expressed by the indicator "linseed oil";the state of Yang is "sweet water".

If the test is positive under load with the "linseed oil" indicator, we can talk about the Yin state:

"Linseed oil" \downarrow .

If the addition of the "sweet water" indicator (Yang state) to the Yin-state indicator, the measuring level is restored, this state corresponds to the harmonic Yin:

"Linseed oil" \downarrow + "sweet water" \uparrow .

This means that the functional activity of the organ corresponds to the state of the parenchyma and is called the harmonic state of Yin.

In case when turning on the pointer "Sweet water" (state Yang), the measurement level is not restored:

"Linseed oil" \downarrow + "sweet water" \downarrow ,

such a state can be regarded as a discrepancy between the structure of an organ and function and called a disharmonious Yin state.

Patients of a harmonious state in the presence of pathology have good reserves of adaptation, high resistance to stress. The therapy that will be used for treatment allows the doctor to take big steps in BRT, because organs retain their functional capacity.

In the case of a disharmonious state, it must be remembered that the function of the organ is partially lost, which requires a more careful careful approach from the doctor. The reserves of such patients can be quickly depleted by the wrong choice of therapy tactics. In the treatment of this group of patients, supportive therapy with biologically active substances and low dilution homeopathy must be used to enhance the drainage functions of the body. We must always remember that we expend Yin energy throughout our life, and the duration and quality of our life depends on its correct replenishment.

Yin deficiency arises from chronic internal diseases and senile weakness. Common symptoms of Yin syndrome are cold illness without fever, cold extremities, shallow breathing, lack of energy, diarrhea, light urine, blueness of nails, pallor of the face, light tongue, which is determined by the state of cold and emptiness.

If the test is positive when loaded with a pointer "Sweet water" one can speak of the Yang state.

The Yang state can also have a harmonic state if the test is compensated by the Yin indicator. "linseed oil":

"Sweet water" ↓ + "linseed oil" ↑.

This condition often corresponds to childhood, when all diseases are fast and bright.

A disharmonic Yang state occurs with Yang excess and Yang deficiency.

Yang excess is clinically consistent with: fever in the face, nosebleeds, dry mouth, night sweats, difficulty urinating, dark urine, high blood pressure.

Yang deficiency corresponds to weakening of functions and is accompanied by yin deficiency. Clinically characterized by: drowsiness, general weakness unwillingness to talk, cold hypotension, anemia, prolapse of hands, diarrhea organs, myasthenia gravis.

"Sweet water" \downarrow + "linseed oil" \downarrow .

These pointers are well recommended for assessing the state of equilibrium of the function of the organ and parenchyma as a result of the therapy.

The use of APK "IMEDIS-EXPERT" for a more accurate determination of the patient's condition within the framework of the Wu-xing system provides increased opportunities for doctors involved in the methods of traditional Chinese medicine and bioresonance therapy. The selection of optimal drugs, taking into account the construction of individual therapy regimens with the implementation of the tasks set, makes it possible for these two methods to complement each other most fully.

The advantages of combining these two methods:

- determining more accurately the dominant syndrome of the disease by the ART method in the presence of several pathological processes;
- determination of the factors of toxic loads by the ART method should complement the diagnosis of BMT, which is based on the principles of sensations;
- TCM syndromes can be compiled using ART pointers;
- the ability to determine cause-and-effect relationships within the framework of ART, based on the knowledge of traditional Chinese medicine;
- taking into account the patient's reserves, decide on the sequence of therapy, taking into account the optimal step;
- assessment of the dynamics of the treatment;
- individual selection of drugs for treatment (phytopreparations, homeopathy), taking into account the disease syndrome;
- with a lack of Yin, when there is not enough body strength to implement the action of bioresonance drugs and homeopathy, the ability to supplement treatment with TCM phytopreparations, taking into account the syndrome and sensitivity to the drug.

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I.S. Tikhonova, A.V. Karaulov, S.I. Fedorenko The use of vegetative resonance test in the interpretation of certain concepts and states of traditional Chinese medicine // XVII