

Applying ART in wellness monitoring of living quarters and workplaces

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For good health and well-being (English "Wellness"), the accumulation of vitality and health, it is necessary to create favorable conditions in places of residence and human activity. The modern Wellness Industry allows you to do this using the synthesis of the latest nanotechnology, Hi-Tech, Vaastu, Feng Shui.

The need to monitor and improve the energy-informational state of the premises is due to the fact that in most cases, apartments, cottages, offices, workers places unfavorable for health and life activity. This is due to the fact that many buildings in built in geopathogenic and technogenic zones, often during construction are used substandard construction materials, technological violations, layout, initially creating adverse Feng Shui, electrical wiring, proximity to power lines, cellular antennas. The presence in the premises of geopathogenic, radioactive, electromagnetic, toxic load, unfavorable Feng Shui leads to the loss of human vitality and the appearance of a number of diseases.

The possibility of photo living quarters and workplaces according to us monitoring is described in detail in the materials VIII International and clinical at the conference "Theoretical aspects of application bioresonance and multiresonance therapy". Testing photographs of premises using the ART method allows us to identify not only the presence of negative factors, but also the individual reaction of a person to the energy of the room. To do this, it is necessary to initially determine the integrative indicators of health (adaptation reserves, biological indices, the state of the connective tissue, nervous, immune, endocrine systems, the state of the chakras, etc.). Next, enter a photograph of the room into the measurement circuit and make control measurements. The human structure, upon contact with a photograph, reacts almost identically to it, as to the object itself, fixed in this photograph.

Practice shows that in most cases in the premises there are certain factors that sharply worsen the integrative indicators of health. This creates the need to correct and improve the energy-informational state of living quarters and workplaces. Opportunities of the Modern Wellness Industry to improve the properties and quality of building materials, Wellness repairs, the use of modern Wellness systems allow you to create optimal conditions for health and life. For example, it is possible to optimize the activity of the brain, balance the work of the hemispheres, eliminate functional disorders, normalize the frequency of the brain rhythms, eliminate oxygen deficiency, improve memory and intelligence.

From personal experience, wellness correction of your workplace has increased efficiency, stability and adaptation to loads, including professional ones, and your well-being has improved.

A living space or workplace can only be classified as wellness if it improves well-being and integrative performance

health, helps a person to increase and unleash their potential, in a comprehensive way improves environmental, physical, emotional, social, spiritual intellectual, health.

Improving the habitat and reducing the impact per person such external factors, such as geopathogenic zones, abnormal radiation from various electronic devices, complex complex air pollution, various noises, complex social and mental factors of psychoemotional stress, factors of long-term static physiological and intellectual stress, the requirement of today.

The hardware and software complex "IMEDIS" provides ample opportunities for use in the Wellness Industry, allows wellness monitoring of living quarters and workplaces, simulating the necessary effects, assessing the properties and quality of modern wellness systems, monitoring changes and improvements in the energy information state of apartments, offices, cottages , in medical and health centers.

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