

Understanding health  
from the perspective of information medicine or philosophy of the Delta  
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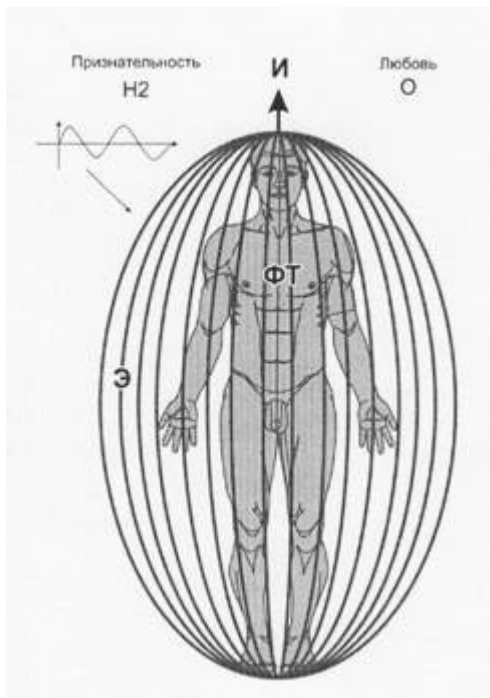
Dear colleagues, our goal is to achieve human health and the planet as a whole. In achieving this goal, we primarily strive to study the diseases themselves and, accordingly, the methods of therapy. My teachers emphasized that before learning to recognize pathology, study the norm thoroughly. What is it for? To understand that a person is sick, first of all, it is necessary to realize whether there is a deviation from the norm, that is, to determine whether there is a "difference" in a person's condition from the relative norm, the so-called "delta".

I. Then what is health?

In accordance with this definition, the corresponding goals and objectives are followed. In this connection, let me remind you of the sanocentric definition of human health from the standpoint of WHO, as a state of complete bodily, mental and social well-being, and not just the absence of disease or physical defect. Thus, this definition is based on the principle of integration of the bodily, mental, social and, in other words, the bodily, mental, eventual levels.

From the standpoint of information medicine (IM) and understanding the multidimensionality of the world, a person is an infinitely large and at the same time infinitely small system of electromagnetic oscillations.

The human body is a source of oscillations of an electrical nature that exist in the body itself or on its surface, and also spread in the surrounding space and carry information about the current state of the body. On the surface of the body, such vibrations (signals) are recorded in the form of electrical potentials or currents, and at a distance - in the form of electromagnetic fields and radiation. At the same time, the human body both generates these vibrations and receives them from the outside [1, 2, 12].



Rice. one. The scheme of the human body is normal from the perspective of multidimensionality

This scheme of the human body assumes the presence of the following levels:

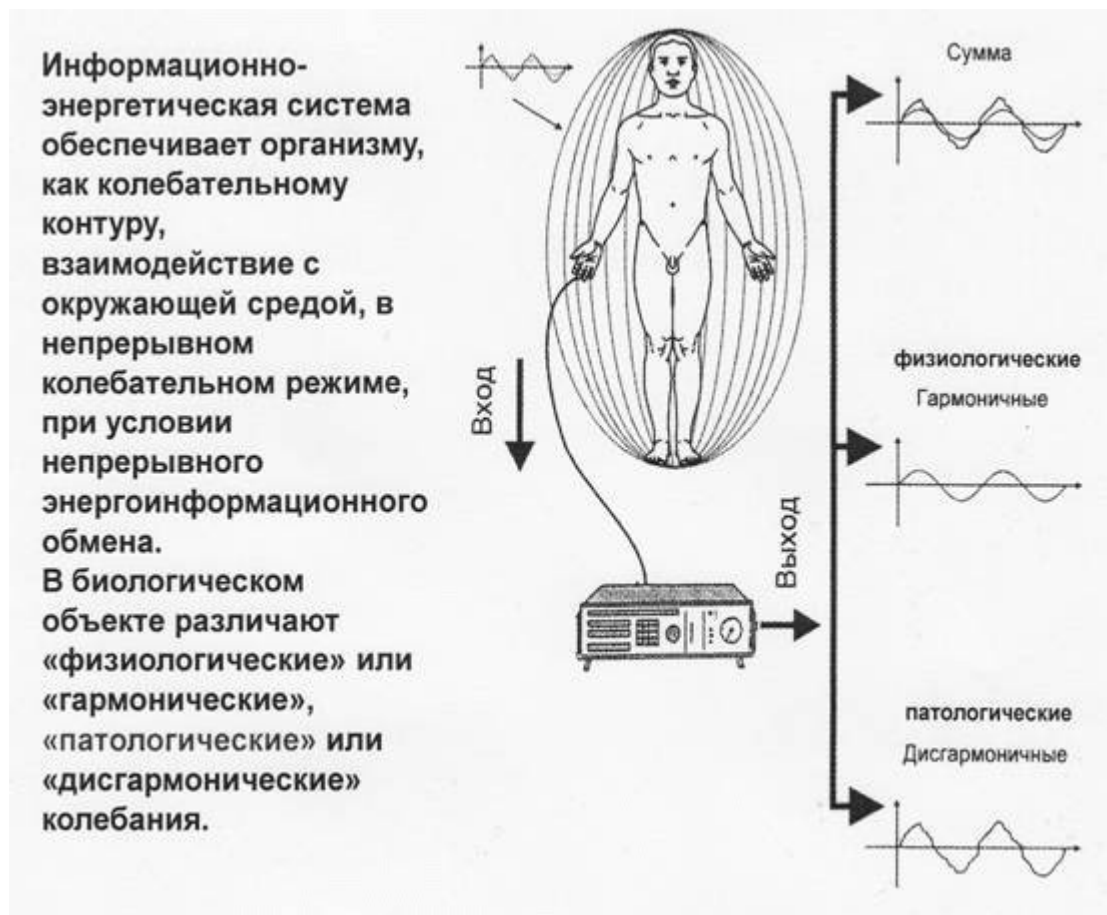
I - physical level. Dense physical body "FT".

II - energy level "NS". Wave oscillatory circuit, or subtle body, either the electromagnetic field (EMF), or the chronal, or the so-called quantum field determines the state of the FT.

III - informational level "AND". Thought / thinking of a person, carrying information. Each person creates an individual thinking module. Stereotype of thinking (consciousness): rationally positive or negative creates the corresponding stereotype of behavior and events and determines the state of level II - "E".

Subtle body "NS" - "level II" for a biological object is the sum fluctuations physiological, or harmonious (H) and pathological, or disharmonious (D).

Another great physicist, founder of quantum theory, Max Planck (1858–1947, Germany) said: "Everything is only oscillations and the result of their influence. In fact, there is no matter at all. Everything and everyone is formed from vibrations. "

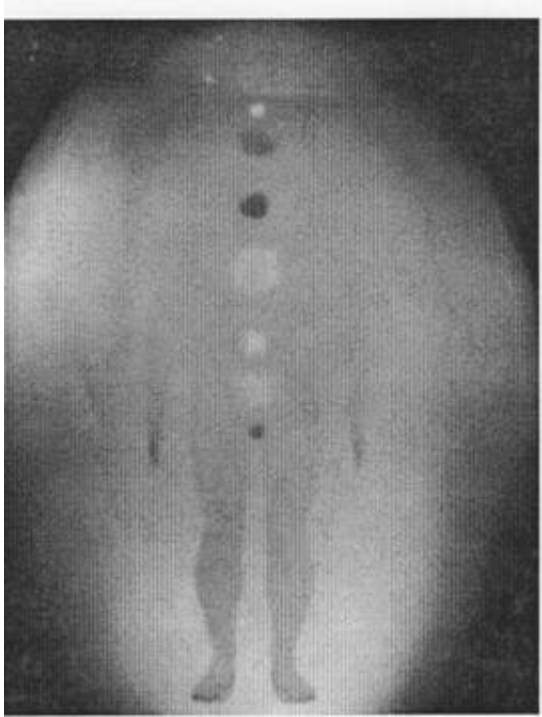


Rice. 2. The human body as a source of electromagnetic oscillations [1]

It is known that the human body is both "FT", for example, a newborn baby is 90% water, and an adult 70-80%. A person dying of old age has a critical amount of water - only 55%. It has been studied that water takes part in the formation of biological rhythms and the implementation of nonlinear effects of electrochemical and magnetic activation, ultra-low doses of biologically active substances, weak and ultra-weak fields and radiation [3].

Thus, the human body is a hydrated macroquantum system [4], which is in a continuous oscillatory mode [8, 9]. A holistic perception of the physical and energy levels of a person is basic in the study of his health and pathology standards. And, in this sense, research in the field of objectification, that a person is a completely unique, open, self-regulating bioenergy information system, is of great importance, closely connected with the surrounding world. The technique of gas discharge imaging (GDV) was proposed by the Kirlian spouses at the end of the 40s of the XX century, and the prerequisites for medical diagnostics using this method

formulated and substantiated in the 60s. Currently, the developments and studies of the Kirlian effect by Professor K.G. Korotkov (St. Petersburg) and other authors.



Rice. 3. Photo of a human body using a GDV camera (gas-discharge imaging)

From the point of view of multidimensionality, human life and its quality depend on the degree of interaction of the subtle body "E" with the dense body "FT". The main condition for good health is their full resonance interaction. The degree of their interaction affects the state of the physical body and the nature of events, in general, the quality of life. With the full interaction of "FT" with the subtle body (EMF), the central bioenergetic channel running along cerebrospinal axis, the maximum from the covered, which provides free (yin, passage of energy flows of bioenergetic yang), informational and exchanges.

From the point of view of MI, in a healthy biological object, the amplitude of synchronized harmonious oscillations should be optimally higher than desynchronized, disharmonious ones. Thus, it is necessary to have this difference - Delta - in favor of a synchronized rhythm of harmonious oscillations, which provides synchronized harmonious rhythm, how events, So and synchronized harmonious rhythm of organ biochemical reactions. in a cage

The understanding that the subtle body "E" determines the state of the physical body of a biological object logically follows from Einstein's well-known formula for the equivalence of mass and energy:

$$E = mc^2.$$

Einstein discovered the law of mutual transformation of mass and energy. In other words, the relationship between energy and mass and the idea of the possibility of converting light energy and mass into each other are confirmed [5, 7].

We extract information from the formula:  $E = mc^2$ .

1. Mass depends on the properties of energy.
2. Energy (E), its state, determines the properties of the mass of a physical body (m).

Provided that we have a harmonious rhythm of vibrations of the subtle body (EMF) "E", "E", this ensures the harmonious existence of the physical body.

From the above it follows:

Formula No. 1, providing harmony of events and physical health. The magnitude of the amplitude of harmonious oscillations of a biological object must be greater than the amplitude of disharmonious ones - this is Delta in favor of harmonious oscillations, the rhythm of harmonious oscillations and corresponds to the polarization of FT.

Problem number 1. Creation (creation) of an optimal Delta of harmonious vibrations, a synchronized rhythm of harmonious vibrations, polarization of the "FT" level.

Providing this delta provides harmonious, synchronized vibration rhythm in the subtle body (EMF) of a person as a whole, around every organ, around every cell, subcells (photons, bosons, quarks). The harmonious synchronized rhythm of oscillations, in general, provides information and energy homeostasis and harmonious synchronized rhythm of the biochemical reaction in the cell, leading, in turn, to neurohumoral homeostasis. This condition can be defined by the term "Synchronicity".

In this case, a logical question arises: "What does the state of the energy itself depend on?" In connection with this issue, it is advisable to change the term "biological object" to the word "HUMAN".

We assume that the state of the subtle body (EMF) of a person depends on information - the thoughts of a person, or, to be more precise, on the stereotype of thinking. It is known that a person is endowed with reason: the ability to think. Thought is information. The very term "information" is found in everyday life all the time, and understanding its essence is very important to ensure physical health and harmony of events. From an academic standpoint, "information" is an explanation, action, procedure, process, management team, the process of informing someone [10].

We offer the following interpretation of the meaning of "information":  
information

IN - "in" which form to be - "energy - QI" - I provide I, to their thinking.

Positive information is the product of a person's rational, positive thinking. The positive energy of human thought, psychic energy, provides a control command (harmonious wave), which leads to an increase in the amplitude "H" of harmonious vibrations in the subtle body (EMF) with the subsequent development of "synchronism", polarization of the "I" level. This option is formed when a person knows how to filter information flows, control your thoughts, control them. In this case, he extracts positive information from them to a greater extent or, through rational analysis of negative events, transforms them into positive ones, thereby transforming negative energy into positive ones. Chinese philosophy teaches "think before you think". From the point of view of multidimensionality, from all of the above, it follows that a person himself can form his physical health and positive events in life, using the energy of thought: mental energy. So the person

a person who thinks predominantly positively provides himself with physical health and positive events in life, and a person who thinks predominantly negatively provides himself with diseases and negative events.

In this way, a person himself, through psychic energy, forms the state of his physical health and life events.

Formula No. 2, leading to physical health and positive experiences. The degree of a person's positive thinking should be greater than the degree of negative thinking. This is the Delta in favor of a person's positive thinking.

Problem number 2. Creation (creation) of the optimal Delta of positive thinking of a person, polarization of the "I" level- consciousness.

Formula No. 1 + 2 provides synchronicity oscillation rhythms (oscillation amplitude  $H \gg D$ ), maximum openness, conductivity, permeability of the central information bioenergetic channel passing along the cerebrospinal axis and full resonant interaction of the thin body (EMF) with a dense physical body, polarization of the "FT" and "I" levels ...

Under these conditions, a person is an open biofunctional system for continuous interaction with energy flows (yin / yang) that pass through the physical body without distortion or with minimal distortion.

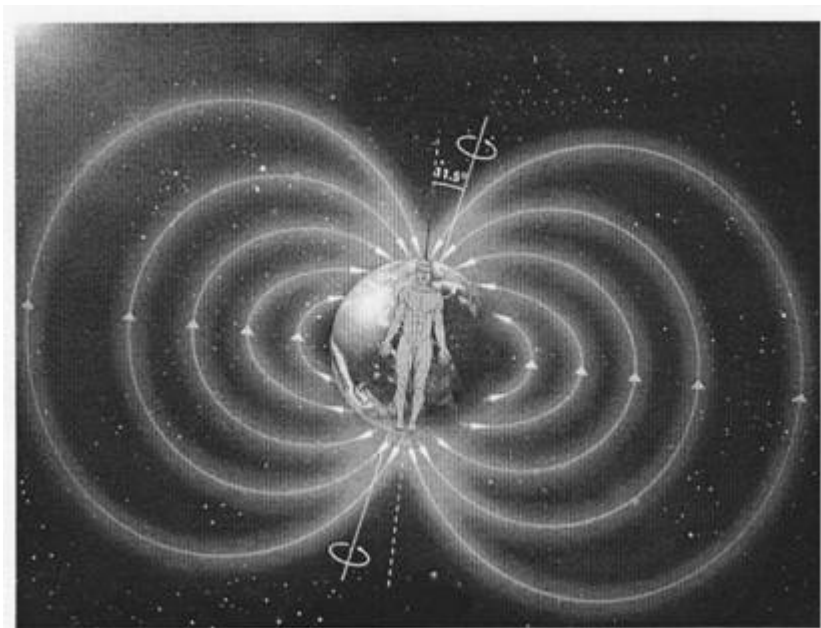
A person lives in a community, which on a planetary scale is defined as Humanity.

From the perspective of IM, understanding the multidimensionality of the world, similarly consider diagram of the levels of organization of mankind:

I - physical level "FT" - Dense human bodies. Dense body of the planet Earth

II - energy level "NS" - The subtle body of the planet Earth. Sum many subtle bodies of people (wave oscillatory circuits or EMF ... etc.) interacting with the subtle body of the planet (EMF) Earth.

III - informational level "AND". On a planetary scale, a total human module of thinking and the corresponding stereotype of thinking and consciousness are created. Stereotype thinking: positive or negative creates a corresponding stereotype of behavior and events on a planetary scale.



Rice. 4. Scheme of the impact of the total human module of thinking on the planet Earth

Each person by his thinking contributes to the total module of common human thinking. It would seem, what does one mean against a huge number of people, of which all of humanity is composed. I am so tiny, I am a grain of sand, I am alone / alone. But my family is already a microcollective, where fields interact. Thus, I, my family, people in one multi-storey building, in houses on the same street, district, city, region, country, mainland and, finally, on the whole planet interact with subtle bodies (EMF) and together create one total universal module of thinking which will have a Delta towards positive or negative thinking. Interaction through subtle bodies is maintained through the water system of the planet Earth [3, 16]. The Delta type will determine the degree of conductivity, the permeability of the central information bioenergetic channels and the degree of distortion of the energy of light fluxes when passing through dense physical bodies, on the scale of mankind. Positive module

universal human thinking creates / creates, forms positive events in general on the planet. A positive analysis of negative events allows disharmonious fluctuations on a planetary scale to transform them into positive ones and change the course of events.

Information medicine (IM) is the science of the interaction of an organism with the environment (external and internal), where the basis of the interaction, the regulatory component is the exchange of information between the organism and the environment, i.e. information interaction [12]. The new philosophy of medicine, being a particular area of the philosophy of interaction (PV) [13], continues to develop its basic methodological principles. The nature of the interaction of human / humanity levels - "I", "E", "FT", their harmonious integration determines the state of his living environment.

The principle of harmonious "integration" of the above levels health is a key point in the development of the condition person / humanity and its events.

From the standpoint of Michio Kaku's "string theory" [6] and the principle of level integration, it follows that a person is both the tuner and conductor of his symphony orchestra (a set of subtle bodies around the body, organs, cells, subcells). This position allows us to assert that the internal ecology of a person / humanity determines and forms the external one. Not external reasons (environment) mainly lead to physical health disorders and the development of negative events, but internal reasons: inconsistency, imbalance of levels. The impact of the environment is undoubtedly significant, but this impact is already of a secondary nature.

It follows that the philosophy of struggle (FB) in problem solving is not relevant today [13]. Any methods of therapy from the position of FB, without ensuring the integration of levels "I", "E", "FT" do not have a long-term program and, as a result, a short-term therapeutic effect develops, leading to the chronicization of the problem. FB, in terms of providing medical care, is most justified in cases where the question is about life and death, mainly in intensive care. Communication from the position of FB forces to fix a person / humanity in the opposing side mainly negative qualities, which strengthens the negative stereotype of thinking and maintains the amplitude of negative fluctuations that lead to a state of "desynchronization", "disintegration" and the development of disharmonious, negative events that affect the quality of life.

PV forces a person / humanity to look for points of contact with the opposing side and find mostly positive qualities in it. Positive thinking stereotype maintains amplitude

harmonious vibrations, using the reserve capabilities of the person / humanity himself, which ensures "synchronization", "integration" of all levels and the development of harmonious, positive events, the continuation of life person / humanity.

From all of the above, from the standpoint of multidimensionality, from the standpoint of radiation, it follows that we are all constantly interconnected, regardless of our geographic location.

Formula No. 3, leading to health and positive events. The degree of positive thinking of humanity should be greater than the degree of negative thinking of humanity as a whole - this is Delta in favor of positive thinking of humanity.

Problem number 3. Creation / creation of the optimal Delta of positive thinking of humanity, polarization of the "I" level- consciousness.

Thus, from the perspective of multidimensionality, we form the following tasks:

1. Creation / creation optimal delta of harmonic vibrations, synchronized rhythm of harmonious vibrations, polarization of the "FT" level of a person / humanity / planet Earth.

2. Creation / creation optimal delta positive thinking human / humanity, level "I" polarization - consciousness.

Items 1, 2 provide "synchronization" in the human body,

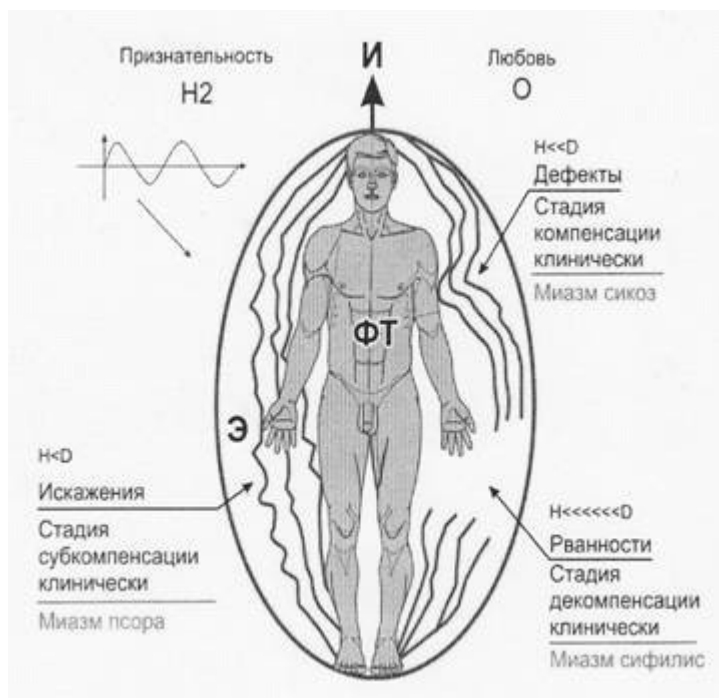


"Integration" of the levels "I", "E", "FT", informational-energy homeostasis, followed by the development of neurohumoral homeostasis. From the standpoint of multidimensionality, such a body is alive, it pulsates, vibrates and has the property of so-called "dissymmetry", polarization [14, 15]. From all of the above, it follows that the optimal dissymmetry, polarization provides "life - creation - harmony - evolution".

Thus, a common task arises: the formation of optimal dissymmetry, polarization through the art of thought control

## II. What is pathology or disease?

From the standpoint of MI, the multidimensionality of the world, pathology, disease is the development of desynchronized, disharmonious rhythms of oscillations in the subtle body (EMF), which leads to a desynchronized rhythm of biochemical reactions in the cell and disruption of neurohumoral homeostasis. "Desynchronosis" and disharmony of the rhythm of fluctuations in varying degrees of severity lead to distortions, defects, irregularities [6] in the subtle body (EMF) and the corresponding degree of pathology of organs and organ systems, and negative events. And the state of the subtle body (EMF) is determined by a negative stereotype of thinking at the informational level.



Rice. five. A variant of the scheme of the human body in pathology from the perspective of multidimensionality

Let's return to the explanation that the state of energy determines the properties of body mass  $E = mc^2$ .

In conditions "desynchronosis" the following variants of events develop:

1. The energy of a subtle body (EMF) can destroy mass in a matter of seconds (stroke, myocardial infarction, injuries incompatible with life, sudden coma, natural disasters, etc.).

2. The energy of the subtle body (EMF) can destroy the mass for more long time (variant of the development of chronic diseases and other natural

developments).

Conditional options for the development of desynchronosis (diseases and events):

1.  $H = D$  (amplitude H is equal to amplitude D).
2.  $H < D$ .
3.  $H \ll D$ .
4.  $H \llllll D$ .

Likely interpretation of options:

1.  $H = D$ , possibly  $H < D$  - clinical subcompensation stage.

The relative norm or there is a latent course of diseases and negative events. According to S. Hahnemann's miasmatic theory, a possible miasm is psora: an insufficiency of physiological processes [17]. At the level of a thin field, this corresponds to distortions in the oscillatory circuit.

2.  $H \ll D$  - clinical compensation stage. Manifestation of obvious symptoms diseases and negative events. Miasm - sycosis: excessive nature of physiological processes [17]. This corresponds to an increase in distortion and the creation of defects in the oscillatory circuit.

3.  $H \llll D$  - clinical decompensation stage. Expressed destructive process develops in organs and organ systems, and similarly - destruction at the level of events. Miasm - syphilis: a perverted nature of physiological processes [17]. In the subtle body - irregularities.

The above interpretation of changes in B oscillatory circuit correlates with the interpretation of the ratio: degree positive thinking / degree of negative thinking.

I suppose: the larger the amplitude of the "D" -vibrations, the more the central energy channel is blocked for the passage of the energy of the luminous flux. The information "phenomenon of locks, blocks" is developing. In this case, the energy of the light flux cannot freely pass through the defective central energy channel, and conditions are created under which they are distorted to one degree or another. A deficit of energy is created, which nourishes and supports the physical body. Organs and organ systems, in order to maintain the rhythm of the biochemical reaction in the cell, continue to try to extract it from the subtle body under conditions of a deficit of energy. A situation is created in which distortions, defects and irregularities appear in the projection of weak organs and organ systems. You can call it the "stealing syndrome" in the face of growing energy hunger. The nature of vibrations, pulsations of the subtle body changes.»[ 14, 15]. Symmetry is the death of the physical body (as an extreme option) or the approach to it, this is destruction, disharmony, disintegration of levels, destruction, involution

Thus, negative information, negative stereotype of thinking creates a command of control, which leads to an increase in the amplitude of "D" oscillations and the development of "disintegration", "desynchronosis", "disharmony", "symmetry".

Thus, a person predominantly himself, with his stereotype of thinking, forms illness and negative events.

The Qur'an, like other canonical sources, says: "All the good that befalls you comes from Allah. And everything bad that befalls you comes from yourself"(4:79)

The definition of illness by the great Hippocrates: "A disease is a violation of the ideal balance between the individual and the Environment" can be considered already a consequence, not the cause of the disease, since a person / humanity creates a violation of this balance by his own stereotype of thinking. In this connection, for a complete long-term recovery of health and events, various adaptation technologies (medication and non-medication) are insufficient.

Thus, it follows the main task of man / humanity for optimal life support - the formation of rational positive thinking, which has a life-giving force, ensuring the integration of all levels, entry into the optimal "synchronicity" and "dissymetry" [14, 15], continuous regeneration, LIFE.

From the point of view of MI, multidimensional understanding the world change the informational level of a person, his consciousness, with the direct active participation of the person himself in this process, should be the basis on the path to the full restoration of his health by any types of therapy, especially biophysical.

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