Restoration of spiritual health using the capabilities of ART G.Yu. Andreichenko (Vorkuta, Russia)

"The highest and only vocation of a doctor is to restore the patient's health, which is called Healing."

Samuel Hahnemann
"Everything should be beautiful in a person: face, clothes, soul, and thoughts."

A.P. Chekhov.

In my articles published in the materials of past conferences and speeches at practical seminars, I presented an algorithm for a step-by-step increase in the quality of human health (physical, emotional, spiritual). I continue to work in this direction.

In this article, I want to review the entire proposed algorithm, starting from the first stages of therapy. First, a

few general points.

In the article "General Approaches to Therapy" (2007) I noted that the main goal of our work is to restore the main flow of energy along the spine. Since it is from this flow that energy is distributed throughout all organs. If there are some blockages on the way of this energy flow, then separate organs begin to suffer accordingly, because there is no "fuel" (= energy) to run them.

In the first stages of therapy, we help the person recover physically. I tell my patients: it's hard to think about the eternal, to analyze your mistakes when your stomach is spinning, your head hurts or your heart hurts. For the first year and a half I have been working to restore the upward flow, i.e. life force, the destructive processes at the first and second levels of the cell are gradually stopped, the self-destructive program in the DNA is removed, the structural components of the body are completely renewed, and I carry out therapy for deep mycoses. Now, when the next steps of therapy are already known, during this period it is also possible to restore the karmic sheath (the fifth energy body). Then I start working with the downdraft, i.e. directly with the energy of awareness.

We do not see our energy tube, nor do we see energy clamps. In places of energetic clamps there is a "junction" of energies, a kind of energy explosion. The "fragments" of this explosion "damage" organs located close to the clamping site, which is manifested by their dysfunction. But the whole organism suffers - the energy of the Earth, which gives us vitality, does not pass to the organs above the clamping point, and the energy of awareness does not pass to the organs below.

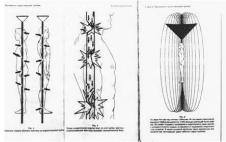
Figuratively, you can compare our energy pipe with an old sewer pipe. This is the tube of our immortal soul, in which each incarnation in the physical world has deposited its own layer of dirt. Of course, plumbers do it simply - the old pipe is thrown away, a new one is installed. You and I cannot afford such a luxury - no one will give us a new live pipe. Therefore, we take on the analysis of rubble, old strata in our energy pipe.

What are the easiest layers of dirt to remove? Those that are the freshest, i.e. those problems that we have worked out in our last (= current) incarnation. When we clean the pipe with a brush, what flows from the tap? That's right - dirt and rust. Since we are dealing with a living organism, here it is imperative to measure the capabilities of the excretory systems (liver, kidneys, intestines) so that their strength is enough to discharge this dirt, so that there is no "blockage" of excretory systems and clinical breakdown. And here we are helped by the "optimal therapy step" test, which we define through Cuprum met D400.

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When we start working with "psychological" blockages in this tube, we need to take into account the capabilities of the psyche so that psychological breakdowns do not occur, and the person remains adapted in society. Some old grievances, mental wounds, anger (and against ourselves as well), we just need to cry and shout out. And here, too, the optimal therapy step helps us.

Below is a diagram of our energy tube, taken from the book by Steve Rother "Spiritual Psychology. Twelve Basic Life Lessons".



Rice. one

Steve Rother in his book calls the places of the clamps in this tube - energy stamps. "Energy stamps are imprinted on us as a result of special events, conditions or influences that take place in our current life (I think, not only in the current one - approx. author). Overcoming the energy stamp is a tremendous achievement and a great example of genuine gaining strength. Since the energy stamp is firmly rooted in the timeline of our final self, when we change it in the present, it also changes on our timeline in the past and future!

 $(It is on this, I believe, that the chronosemantic approach to the rapy proposed by K.N.\ Mkhitaryan is based).\\$

"To understand the concept of a timeline, it is helpful to remember that we live with illusion separation from each other, while in reality we are all one. This means that every action of ours affects any person (and is felt by him), wherever he is. Like a stone thrown into a pond, it creates several small circles, which then expand, touch and overlap one another, every little actself-empowerment

affects everyone else in the world. And this is exactly what we do when we deliberately change any of our energy stamps.

Please remember, you should not be discouraged when you find that as you grow and develop, old problems reappear from somewhere. Try to see them as a sign that you are on the right track. If they come up, then you are getting rid of them. Rejoice in this! Let them go! After all, the more you let go, the more space is freed up for the expansion of the energy tube, and the more the tube expands, the more force appears formanifestation and grounding in the reality of future creations "[1].

In the article "Further restoration and balancing of human energy integrity using the capabilities of ART" (2008), I wrote about a single energy field, of which each of us is a part. It is very encouraging that more and more of our colleagues are coming to the same conclusion. This was noted in articles and speeches and at last year's conference and seminar (2010).

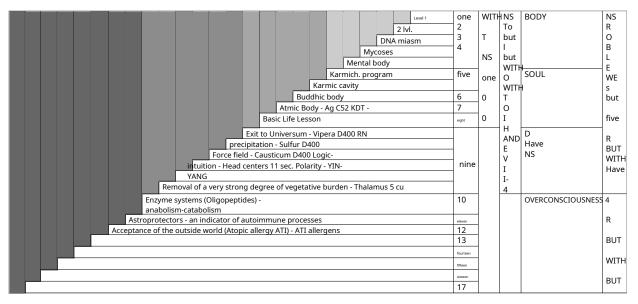
With the capabilities of ART diagnostics in our hands, we can very competently help every person who has expressed the intention to work on the mistakes of his soul, help to do this consistently and as gently as possible, without interrupting the main life. And it doesn't matter which way a particular doctor goes, what recommendations for work on himself he gives to his patients. The main thing is to converge in the future at one point. But the recovery of patients should be as gentle as possible, otherwise this method of therapy will be discredited. We have tremendous power in our hands! With individually selected energy-informational preparations, we cause a biological resonance in each individual person. And this power must be disposed of very carefully. The strength of the resonant waves can be judged by the following example from life - the "dancing bridge" in Volgograd in May 2010, this phenomenon was reported by all the media. During resonance, the structure of matter changes - after the resonance wave stopped, neither asphalt nor reinforced concrete structures were damaged! Exactly the same changes under the influence of a resonant wave occur in our living space - due to this, energy stamps are "pushed out" from our tubes. This does not change our appearance. And the energy intensity of our tubes is increasing!

I depicted the restoration algorithm I proposed in the form of a staircase, in which each step reflects the depth of the layers of dirt in our energy tube.

In this table I gave the numbering of our energy layers; to what layer can you work using the Connective Tissue Scale and the MM Condition Scale? Shraibman; what layers capture our body, soul and spirit. On the "rungs" of the ladder, the stages of therapy, control criteria and pointers for the selection of therapy are indicated, which were calculated empirically, following a large number of patients. The more intense the background color, the deeper the layer of dirt and the longer it takes to get to it. But in order to cleanse the deep layers, you first need to cleanse the surface ones.

We all know the scourge of our time - the huge growth of cancer processes. According to the proposed algorithm, the minimum "road" that each person must go so that we can put a fat point in terms of oncology is work until a strong degree of vegetative burden is removed. Of my patients, 414 people passed this stage (statistics will be given below). I have been monitoring their condition for over 2.5 years. Even among those who came with an established diagnosis, after surgery, at the stages of chemotherapy and radiation therapy, many today, many of them live full lives and feel well. Of course, some of the patients with far-reaching processes could not be saved - they turned up late when the immune system was already exhausted. But the relatives of these patients are grateful that they left without pain syndromes.

should help in such cases as well. Even when I do not see the dynamics in determining the optimal step of therapy, I do not refuse to help such patients.		



Starting from the stage of karmic programs and onwards, we are working with psychological problems. Here, too, you need to follow a certain sequence. I would like to justify a little the proposed approach to solving these problems.

We all perceive the world around us in our own way, because we look at it from within our energy tubes (see above). Our tubes are transparent and multilayer. Remove one layer of dirt - and the next comes into focus. It is appropriate here, for example, to cite a commercial that is broadcast on television. They look at the dog through the dirty glass and say. "Oh, you have a Dalmatian?" They pushed back the glass - it turned out to be a white dog. Likewise, we are with you. When we just start working on cleaning our pipe, all the layers of dirt are already in it! But only the one that is closer to us is clearly focused. Through the "blotches" of dirt on this layer, everyone around us seems to be Dalmatians. The rest of the layers are not clearly rendered until they are in focus. They do not give a clear vision of objects, everything is like a fog. In the meantime, we do not see them clearly, and we cannot cleanly remove them, we walk around the bush! Therefore, I propose to work consistently and patiently. Patience is necessary for both the doctor (we all want to work as quickly as possible) and the patient (and it already depends on us how much we can convince patients to follow a certain sequence). I tell my patients: rush is needed when catching fleas! Do you want to build yourself a strong, stable house (= energy shell) for centuries? And everyone agrees! And when, after a while, they begin to feel changes in themselves, there is no need to convince. Do you want to build yourself a strong, stable house (= energy shell) for centuries? And everyone agrees! And when, after a while, they begin to feel changes in themselves, there is no need to convince.

In an article presented last year and in a speech at a seminar, I substantiated the stage of therapy for the restoration of enzyme systems. This year I want to share two more steps of therapy, also tracked on a large number of patients (statistics will be given below).

The first of them is work through the Astroprotectors control criterion. There are 13 of them in the selector. I believe that after passing this stage, it is easier for a person to find his place in the astral field of the Earth, i.e. take your niche in a single energy organism and find yourself. For example, the astroprotector "love and creativity". I explain to the patient that there is a layer of dirt in his field that interferes with the creative manifestation of love. After all, loving is not talking from morning to evening: I love, I love, I love ... Deep, unconditional love can be expressed with care, attention, intonation, eyebrow movement, look ... Astroprotector "knowledge and connections". It is very important to know when, to whom and on what issue you can approach, and to have connections in society for this, in order to solve some important things for a person.

The indicator of the problem at this stage is the indicator of autoimmune (autoaggressive) processes, it is located in the ART indexes, the "allergy" folder. Judging by the pointer - again, everything is in ourselves! I identify the target organ (i.e. through which organ we will bring the frequency signal into this field). And for this chain I pick up the medication from the selector. Most often, drugs with a psychological bias are suitable, today there are a large number of them in our selector. I select the regimen for taking the drug and double-check it through the control criterion. Surprisingly, none of the astroprotectors are tested with the right drug. Since these problems are "buried" in us at a very deep level of the spirit (according to Michael Newton - the level of superconsciousness), then the development of this stage takes about 6 months.

The next step is to work through the "Atopic Allergy" control criterion. It is in the OTI Large Test Kit. According to Louise Hay, an allergy is a rejection of someone around, a denial of one's own strength. Therefore, I called this stage "Acceptance of the surrounding world." In 2006, I already raised the issue of approaches to the treatment of allergic diseases. I will try to substantiate my point of view.

The majority of doctors believe that allergic manifestations are possible only on the skin and the respiratory system. This is not entirely correct. I have a monograph by Dr. Gottfried Cornelissen (translated by ZAO Aeromed, 2002) "Allergy, Substance Intolerance and MORA-Therapy". It specifies food allergy symptoms on all organs and systems.

General. Fatigue, decreased performance, sweating, chills, overweight, sleep disturbance, dizziness.

Psyche. Decreased concentration, decreased attention, decreased mental performance, aggressiveness, irritability, ravenous hunger, depression.

Leather. Eczema, urticaria, neurodermatitis, psoriasis, other lesions.

Digestive tract. Nausea, heartburn, a feeling of fullness in the stomach, bloating, diarrhea, constipation, inflammation of the intestinal mucosa, Crohn's disease, ulcerative colitis.

Respiratory tract. Chronic rhinitis, sinusitis, tonsillitis, cough, chronic bronchitis, bronchial asthma.

Heart / circulatory system. Arrhythmia, tachycardia, high or low blood pressure.

Urinary tract. Bladder hyperesthesia, urinary incontinence, burning sensation when urinating, frequent cystitis.

Head. Headache, migraine, conjunctivitis, otitis media.

Joints, muscles. Swelling of the joints, pain in muscles and joints, rheumatic diseases.

As you can see, the spectrum of allergic manifestations in our body is quite wide. If we only look for an external provoking factor (for example: orange, lemon, down, wool, etc.) and desensitize the identified allergen, then we get a very short-term effect. I have been working with allergy sufferers for many years and I do not pay attention to the external provoking agent. I proceed from the fact that everything is in ourselves, i.e. internal allergens have accumulated in our body (as a result of disturbed metabolic processes, external environmental toxins, waste products of bacteria, fungi, protozoa, etc., have entered). It is they that combine with an external factor and cause an allergic reaction. If you do not pay attention to the external, and the main emphasis is on helping the patient get rid of internal allergens,

As a pointer to the problem at this stage, I take food allergens "OTI" (I define specifically). I determine the target organ and select the medication from the selector for this chain. I am selecting and working out the regimen for taking the drug. I double-check the correctness of the selection through the control criterion. With a load of the selected preparation, when testing the "atopic allergy" indicator, there is no decrease in the measuring level. Most often, at this stage, medications with a psychological bias are also approaching. Since this is a deep layer in our tube, it takes 6-7 months for allergens to be completely cleaned up.

 $I\,am\,currently\,working\,on\,a\,continuation\,of\,the\,algorithm.\,At\,the\,next\,conference,\\ I\,will\,present\,the\,next\,steps\,of\,therapy.$

Our thoughts are material. To help a person to be healthy, you need to help him learn to think correctly, i.e. in the positive. This is where difficulties arise. It is impossible to live in the world so that negative thoughts never arise. They arise, provoked by events in our life. We can be afraid of something, condemn someone, inadvertently offend someone, etc. If in our subconscious we have a suitable hook for a corresponding thought, it "winds up" on it and turns into an obsession - we cannot think of anything else. We cook soup, but think: "Oh, she is a bitch!". As a result, the soup is not tasty, there is be denergy. We do the cleaning in the house, not with songs, but with the same negative thought. Where thought is, there is energy. In the evening we sit and think: why am I so tired, I just wiped the dust and vacuumed, there is still so much to do, but I have no strength. Vital energy is given for a day for all our actions, and we direct it to that bitch with our negative thoughts. Therefore, we are quickly depleted!

Psychological complexes in our subconscious mind are just the hooks for our negative thoughts. All hooks cannot be removed at the same time. Therefore,

I believe that a certain sequence must be followed here. When there are fewer of these hooks in the subconscious, it is easier for us to learn to track our negative thoughts, to analyze them. Hooks for our thoughts can be compared to icebergs - a small part above the water, and 4/5 under the water. The surface part can be calculated by yourself (if you try), analyzed with a psychologist, and identified by psychological tests. With the help of VRT, we identify the underwater part. And to break this iceberg hook, you need to spend more than one week. Therefore, the deeper the psychological problem we take, the longer it takes to take the drug to solve this problem. And there is no need to wait for the result while taking the drug. I explain to my patients the so-called aftereffect of this therapy. When we go through one stage, we solve any physical or psychological problem, and the understanding that something has changed in the body comes later, when we solve the next problems. Patients note that they become much calmer, gradually forget what physical pain is, the quality of life changes, the tasks set by society are solved easily, without stress.

There is such a parable called "Mirrored World". It is about a dog trapped in a mirrored room. She barked at her reflections, and they responded in kind. As a result, she died from her own aggression and anger. For you and me, the world around us is also a mirror. It is neutral for each of us, it only reflects our inner state. The dog only had to wag its tail once and wait for the reflection from the mirror. There is a law in the Universe that can be called the "boomerang law". Everything that we radiate into the world around us thoughts, deeds, actions - comes to us again. The universe is huge, and for you and me the reflection comes within seven months! If the child is naughty in the morning, and there was no time to punish him - you need to go to work, in the evening there is no point in putting him in a corner! He doesn't understand why he was punished, - he behaves well in the evening! You and I are children of the Universe, and when it punishes us, we do not understand why. Because they forgot what they were doing and what they were thinking about 7 months ago.

It is possible to "bark" at the world around us not only with words, actions, but also with thoughts. When we learn to keep track of our negative thoughts, look for a positive side in every situation and learn a lesson from any event, learn to correct our mistakes, live without violating God's commandments, treat people the way we would like them to

treat us, then the mirror of the universe begins to reflect our smile. From inner harmony we get harmony around!

"The subconscious mind can be compared to a greenhouse, in which both roses and poisonous weeds can grow. With the help of weeding and cultivation of good shoots in his subconscious, a person helps himself to stay healthy, happy and strong "[3].

"The body is a perfectly balanced system, the essence of which is the maintenance of dynamic equilibrium, or homeostasis, which reflects the basic law of life. Disease is a signal to our consciousness about imbalance. The true causes of diseases lie on a deeper and more subtle level than physical or chemical. This is the level of the energy informational field: thoughts, feelings and emotions, behavior and, ultimately, a person's worldview form the disease. Illness is a signal from the subconscious mind that a person's behavior and reactions to events are wrong. Thus, any disease carries a hidden positive intention that needs to be deciphered in order to be cured "[2].

"We are becoming wiser, so new facets of old things are opening up for us. We see that new knowledge allows us to turn a tetrahedron into a polyhedron. Therefore, we add new knowledge to the old knowledge about subjects. This makes them more interesting and richer in their inner content. We see that any secret reveals only a small part of the unknown for a certain period of time. And this period passes - and the new time reveals its next secret, and so on ad infinitum, for the path of knowledge is infinite, of which we are now convinced ourselves "[13].

I want to end my article with a poem by Mother Teresa "Do it anyway."

People are often stupid and stubborn, self-centered and illogical. Does not matter -goodbye them.

If you are kind, people will accuse you of hiding selfinterest under the guise of kindness. Does not matter -stay kind.

If you are successful

You will be surrounded by feigned friends and real enemies. Does not matter- achieve success.

If you are honest and straightforward, people will cheat on you. Does not matter -be honest and straightforward.

What you have been building for years, someone will destroy in one night. Does not matter -build.

If you are calm and happy, they will envy you. Does not matter -stay happy.

The good that you do today, tomorrow people will forget. Does not matter -do good.

Give the world the best you have, and the world will ask for more. Does not

My friend, after all, what you do is still not needed by people Only you and God need it.

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