The method of coordinating the energy-informational levels of the organism E.G. Gritsenko, A.G. Gritsenko (International Institute "Family Health", Moscow, Russia)

The methodology is based on the principle of restoring the hierarchically related functioning and interaction of the energy system, the psyche and the physical body of a person.

Dr. Shankaran created his own system in homeopathy, based on the deep understanding that a remedy that does not have a single molecule of the original substance cannot cause any local changes in the organs and tissues of the human body. Energy-informational preparations are capable of causing only a systemic "dynamic" effect. This applies equally to bioresonance effects. But it is precisely this holistic (holistic) view of the human body and the possibility of systemic influence on it that can complement and combine modern classical medicine, overloaded with analytical methodologies, with electropunctural diagnostic methods and bioresonance therapy. In an effort to interact with the body on the principles on which biochemical medicine is built, we are doomed to be on the "sidelines". Our influence cannot be locally effective, but it is extremely effective systemically. Creating this technique, we were guided by the desire to work with the body from the standpoint of systemic regulatory action.

The diagnostic process begins with testing the state of the "channel of life" and, if necessary, restoring it. The energy of the "channel of life" enters the meridian system through a volumetric formation, which we called the "sagittal contour", and which consists of a set of anterior and posterior median meridians in the sagittal plane and "sushumna", "ida" and "pingala" in the frontal plane.

Described in different traditions, they complement each other in an amazing way and make up a single central energy distribution system in the physical body of a person.

The next mandatory step is to check the quality of energy in the meridian system. The resulting quality of energy consists of the properties of the energies that form it: the energy of the "channel of life", the ancestral energy, the energy of food, water, people and objects around them. As white color consists of a set of seven different colors, so the quality of a person's energy depends on seven harmonious qualities: goodness, purity, moderation, mercy, kindness, acceptance, wisdom. The relative (for each person has its own measure) insufficiency of one of them is the leading reason for the distortion of the quality of human energy and the limitation of opportunities for its use.

The following algorithms work withpower system not are mandatory and used selectively.

Having restored the energy basis, we we offer to work with the system extracellular matrix, which is associated with all systemic intoxication. This system is described in detail by biological medicine and homotoxicological concept. We test for the presence of humoral intoxication, then check for toxic damage extracellular matrix and cell membranes, we check the toxic

damage to the intracellular space.

Dr. Shankaran's idea of the Central Disorder as a set of symptoms of the psycho-neuro-endocrine-immune axis surprisingly coincides with the idea of the immune-neuro-endocrine regulation of homeostasis, formulated in the monograph "Regulatory Metasystem" (Poletaev AB, Morozov SG, Kovalev IE).

In the context of these ideas, we consider it expedient to investigate and restore first the dysfunction of autonomic regulation, then the dysfunction of the endocrine and immune systems. Only by restoring the systemic regulatory processes, it is possible to test the need to work with individual systems, and then the organs, to find out the need to influence separate pathological processes.

The final block of work with psyche has absorbed the methods of momentary, deep and working with situational psycho-emotional problems, emotional-mental imbalance and work with unconscious (including generic) programs. The latter technique was created and implemented using a diagnostic apparatus based on Bert Hellinger's idea of systemic family constellations. Often this final touch reveals the deep causes of those problems that first appeared as the basis for the desynchronization of the energies of the "channel of life". As they say in such cases: "The circle is closed."

The Dictionary of American Cultural Heritage says that the word "heal" means:

- 1. Restore health or strength; heal.
- 2. Tidy up; fix.
- 3. To return (to a person) spiritual integrity.

This technique fully meets all the requirements of the concept of "healing", has a holistic character, can, at the request of the doctor, be supplemented with private algorithms. While retaining the basic idea of systemic regulation, it has broad prospects for further development.

Clinical example

Patient V., 52 years old, asked for help in 2005 with complaints of constant weakness, rapid fatigue, frequent colds, "hot flashes" with severe sweating and palpitations (postoperative menopause from 33 years old). She is under the supervision of an immunologist - an infectious disease specialist for moderate T-cell type insufficiency with signs of functional activation of the humoral link and an endocrinologist for hypothyroidism, multiple nodules in the right lobe of the thyroid gland. Postmenopausal osteoporosis.

Laboratory and instrumental examination data: Immunological examination: CD3,% 50 (norm 55–75); CD4,% 30 (34–43); CD8,% 22 (18-28); CD29,% 15 (15-20); CD20,% 21 (16-23); CD22,% 17 (14-20); CD72,% (18-29); CD72,% 20 (18-29); CD71,% 18 (6-12); HLA-DR,% 19 (15-23); CD25,% 8 (8-12); CD95,% 20 (17-30); LPS,% 35 (40-60); CD16,% 8 (8-12); NBT test,% 21 (12–21); CEC, cu 0.44 (0-0.12); IG, g / l 14 (8-13); IG1, g / l 7.5 (5.5-9); IG2, g / L 5.10 (1.8-4.5); IG3, g / l 1.21 (0.5-1.5); IG4, g / L 0.32 (0.2-0.8); IG M, g / l 1.28 (0.9-1.5); IG A, g / l 1.46 (1.3-3.1). Conclusion: Deficiency of T-common and T-

helpers with IRI imbalance. Overexpression of the CD71 receptor. CEC in blood serum. Hyperproduction IG G2.

Hematology and blood biochemistry: thyroglobulin 104 (0.83–68.0); TSH - 4.3 (0.4-4.0); T4 free 9.9 pmol / l (10.3-24.5); calcium 2.44 (2.09-2.42); iron 8.7 (8.8-27.0); glycated hemoglobin 6.7 (4.6-5.5);

Hormones: parathyroid hormone 95 (10–69); osteocalcin 14.3 (3.1-13.7); Ultrasound examination of the thyroid gland: Dimensions of the right lobe: $21 \times 19 \times 47$ (mm); in the right lobe there is a solid node 19.8×9.7 mm, still similar to 8.4×4.1 mm and 3×9.7 mm.

The patient is constantly taking calcium preparations (alpha-D3-teva) and Lthyroxin at a dose of 100 μ g.

The treatment was carried out according to the above method with the creation of BR drugs according to the second and first strategies, the frequency of sessions was 1 session in 1–2 months.

After a year: in biochemical, immunological and blood tests for hormones - no pathological changes. Ultrasound examination of the thyroid gland: right lobe 19 x 15 x 45 mm, hypoechoic nodes 13 x 17 x 11 mm and 4.1 x 6.3 mm. Further - without dynamics. The patient is full of strength and energy, every 3-4 months she goes on tourist trips to the countries of Europe and America, walks a lot, goes downhill skiing, in 2010 (at the age of 57) began to skate. Mild respiratory viral infections no more than 1-2 times a year. Since December 2009, she stopped taking L - thyroxine (with the consent of the endocrinologist). Since 2009, bleeding hemorrhoids have periodically exacerbated and varicose veins of the lower extremities have been diagnosed. The work with the patient continues.

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