

Treatment of atopic dermatitis with reflexology methods

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Atopic dermatitis (AD) - allergic skin disease, emerging in early childhood age in persons with hereditary predisposition to atopic diseases, having a chronic recurrent course, age-related features of the localization and morphology of inflammation foci, characterized by itching and hypersensitivity to both allergens and nonspecific irritants.

The prevalence of AD among children and adolescents in developed countries is 10–37%, among the adult population - 0.2–2%. In Russia, this figure, according to rough estimates, is 5.9%.

More often, the disease develops during the first 5 years of life, and in half of the cases - at the age of one year, in the rest - from one to 5 years.

Purpose of the work: to study the influence of reflexotherapy methods, bioresonance therapy and in the complex treatment of atopic dermatitis on the basis of the department of rehabilitation and medical rehabilitation of the pediatric building of the S. M.I. Kalinin, reflexology room, to achieve clinical remission of the disease, prevention of the development of severe forms diseases.

Main group 35 studied people were children from 3 months. before 18

years old.

Used methods: computer diagnostics on method vegetative resonance test (ART) on the equipment of LLC "CIMS" IMEDIS "(Moscow), bioresonance therapy, resonance frequency therapy, homeopathic medicines, acupuncture, auriculopuncture, laser puncture.

At the first stage, computer diagnostics using the ART method was carried out, the allergic mood of the body was determined, allergens, a moderate and high degree of depletion of the immune system, a high degree of mental stress, dysbiosis of the large or small intestine were detected, lamblia, roundworm, toxoplasma, mycotic burden on the skin were found: Trichophyton mentagrophytes, Trichophyton rubrum, Epidermophyton, Microsporum canis, Candida albicans floccosum.

For acupuncture, general, segmental, local points were used: VG14, Gi11, Rp6, C7, Rp10, E36, Rp9, VB20, PC85, V12, V36, VC16, V40, V13, Gi4, P7, P10, MC6, MC3, VB39, TR5, non-meridian points: PC 10, 12, 19, 51, 52, 83, 103, 132, 147, 148, 160, 163.

Auriculopuncture was carried out on points: 101 (lung), 55 (shen-men), 13 (adrenal gland), 97 (liver), 34 (cortex), 71 (urticaria), 22 (glands of internal secretion). Laser puncture from the device "AMLT-01" of the affected areas, radiation power 50 mW / cm², up to 2 min. per field, no more than 20 min. to all fields.

Bioresonance therapy was carried out along the selected meridians (LF, LE, TLC, TNK, ZhP, MP) until the biological indices were normalized, with the recording of general and particular bioresonance drugs. Resonant frequency therapy was carried out for the causative agent of the disease (lamblia, toxoplasma, fungi, roundworm). Therapy was carried out with frequencies - 9.4 Hz, 2.6 Hz, 3 Hz, 36.5 Hz, 8.1 Hz,

8.5 Hz, aimed at reducing the manifestations of atopic dermatitis, regulating the function of the hepato-biliary system, gastrointestinal tract, skin.

Homeopathic remedies were used: drainages from OHOM, HOLIS, Roy Martin, Medpharm. The course of treatment consisted of 10 sessions carried out daily or every other day.

As a result of the treatment, the skin manifestations disappeared, the itching did not bother, the general state of health was good. Further observation of the patients showed the presence of remission from 6 to 24 months.

Thus, the methods of reflexology, bioresonance therapy had a positive effect on the course and prognosis of atopic dermatitis in children.

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