

Determination of levels of psychological causes of diseases
using a combination of VRT, BRT and ON-cards. Generation of disease markers and
health

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The issues of systematizing approaches to determining the causes of diseases are becoming more and more relevant in connection with the emergence of more and more effective and deeply working methods of influencing the human body. At the same time, the division of a person into "soul" and "body" as our knowledge develops becomes more and more ephemeral. The picture of this integrity is becoming clearer and clearer and leads us to a new understanding of the required level of therapeutic effect, allows us to really make the therapy individual for each specific patient. Psychological causes of illness are always included in the area of my professional interests. Having a medical and at the same time psychological education, I created a picture of the world convenient for diagnosis and therapy, nevertheless, without pretending to be complete of this description. I will try to give you a tool allowing to determine the causes of the disease. In my research I used the equipment of the IMEDIS Center in combination with projective methods of psychological diagnostics using metaphorical associative ON cards (Germany). The levels of psychological causes of somatic diseases can be represented as follows.

1st level. The causes of the disease are within the personality.

- The conflict of various subpersonalities within a person, where the disease is a way of the denied subpersonality to demand its integration into his life.
- Disease - as a way of change, leading to the transformation of the hierarchy of human values and, accordingly, a change in his life goals.
- Disease - as a way of making sense. That is, the creation of meaning around which a person's life is organized.
- Disease as a bodily way of translating from the language of the unconscious into the language of consciousness. Sometimes direct, sometimes symbolic or metaphorical.

2nd level. Disease as a way of communication between a person and someone outside (communication with "significant others").

These can be relatives, colleagues, acquaintances, etc. In this case, the disease can act as a way to avoid something, receive love, attention, power, restore balance, etc.

3. Disease - as a way of human communication with something outside.

For example, a person's conflict with work, social pressure, or, for example, with the need to move.

4. Disease, as a reflection of the processes occurring in the generic system client. For example, "intertwining" with "expelled" from the system or "leaving" in illness or death for someone or instead of someone.

5. Illness as a reflection of reincarnation processes.

From this classification it follows that the absolute majority of the causes of diseases lies in the unconscious sphere of a person and it is natural that there are also ways of his recovery. We can access the client's unconscious with the help of various projective OH-maps. Most often, for these purposes, cards were used with the image of the faces of people in various emotional states (PERSONA). The cards acted as an external object for the client's projection of their internal unconscious states, motives, connections and images. Clients perceived the cards as a kind of game, a miracle, even if it was psychological. The picture of the clients' inner world was manifested with the help of maps as a snapshot reflecting the most subtle nuances of their being. All aspects of their self-perception, relationships with the outside world, be they close relatives, friends and acquaintances, or enemies, work colleagues, etc., with amazing speed appeared in front of us, bypassing any mental filters. The opportunity to see real snapshots of their existence in the family and at work, in the ancestral system, delighted people. The most intricate aspects of a person's relationship with himself, with any figures of his inner or outer world became manifested and accessible to awareness. The cards made visible various aspects of a person's interaction with any abstract ideas, such as love, happiness or death, illness, health, business, money, past, present, future. Maps made it possible to gain access to the unconscious using a metaphorical language of images that was well understood for it. After a picture of what is happening in the client's life, spread out with the help of cards, appeared on the table, the unconscious motives governing his life became apparent. The expansion of the zone of awareness, the emergence of new choices and the increase in the degrees of freedom occurred in just a few sessions.

The amazing diagnostic capabilities of the maps inspired me to further research. It turned out that by opening the door to the unconscious, cards help to have a profound therapeutic effect. The image created in the process of therapeutic work, in which the questions facing the client found their metaphorical solutions, produced very strong changes in the client's inner reality. After some time, these changes were embodied in his real life. I would like to say that the maps turned out to be an excellent feedback for tracking changes taking place in the client's inner world. The same cards, as well as their interconnections, were described in completely different ways and

were interpreted by the client depending on the results of the therapy.

In this approach, maps were used to create the following markers. Disease marker. Health marker. Markers for every possible level of disease causes. In general, I asked the client to choose a card (or several) reflecting his ideas or feelings in relation to the corresponding image of health, illness, etc. The client was tested using the vegetative test method while looking at the card of his choice. The most effective was the recording through the device for BRT of the client's state at the time of his visual interaction with the selected

way.

Through the recording of the marker of the disease, the records of the possible levels of the causes of the disease were tested, and the one, during testing of which, the restoration of the initial measuring level took place. Further, appropriate psychological therapy was carried out at this level, as a result of which a healing image was formed from the cards. The patient's condition was recorded on the BRT at the moment the healing image was applied to him, and later this drug was used for therapy. The resulting drug, or health image recording, can also be used for targeting. These drugs have proven to be extremely effective in therapy.

Drugs with a marker of the disease or records from the level of cause can be used as filters to select an adequate therapy. At present, a large amount of experimental material has been collected, which requires further processing and analysis. I invite all colleagues to further experiments that open up completely new possibilities in diagnostics and therapy.

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